



THE GOOD CLUB GUIDE: FOR A VOLUNTEER

aqua**FORCE**
volunteers

Ever thought about volunteering?

Do you have some time that you can give to help others?

This resource is aimed at people who are interested in volunteering opportunities within aquatics and would like basic information on getting involved.

The sport of aquatics relies heavily on volunteers, and without volunteers, the sport would not exist. The ASA welcomes your support and involvement, and hope this resource guides you towards a fulfilling volunteering opportunity.

What is volunteering and how can i get involved?

- Volunteering is simply about giving your time to do something useful, without getting paid (sometimes expenses can be paid, but the club/organisation would need to confirm this with you)
- Volunteer working within aquatics covers the disciplines of: swimming, diving, water polo, synchronized swimming, disability and open water.

- Volunteering may offer opportunities to meet new people, help others to develop, and for you gain useful skills and experiences
- Anyone can volunteer, and training may be provided
- The range of volunteering opportunities within aquatics is massive! The best way to find out local volunteering opportunities is to: Ask your local club, contact your ASA County Volunteer Co-ordinator, check the British Swimming website (www.britishswimming.org), contact your local Volunteer Centre, or register your interest on www.do-it.org.uk

What volunteering role could i do?

- Find funding, grants and sponsorship for the club
- Become an aquatics teacher or coach
- Write press releases to help promote the club
- Sell raffle tickets at competitions
- Collect fees from club members and record
- Help run aquatic competitions
- Help out at the club shop
- Provide IT support to a club
- Become a technical official
- Support and co-ordinate volunteers within a club
- Help with club administration



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- Run meetings and direct the future of the club
- Provide specialist disability support
- Manage membership records for the club
- Assist with the club finances

The benefits of volunteering in aquatics:

Here's what aquatic volunteers say about why they volunteer within the sport.....

- To learn and develop myself and my skills
- For some fun!
- Through my paid work, I feel I have something to offer the sport
- Through my parents involvement, as they acted as role models for me
- It is part of my social life as my friends are also volunteers
- To provide opportunities for others, either as competitors of fellow volunteers
- To help others achieve their goals
- To be involved in what my children enjoy doing, and support those who provide the opportunities for them
- To be involved in the sport once I had stopped competing
- I love the sport and want to share my enthusiasm with, and for others

- To encourage my children into the sport, and to understand what they are being taught

Aquatic clubs are always looking for extra help and volunteers, so we hope this resource will be helpful in getting you involved in the sport and having a great volunteering experience

Further information

Website: www.britishswimming.org

Click on links for Volunteers and clubs

Mail: Amateur Swimming Association,
Harold Fern House, Derby Square,
Loughborough, LE11 5AL

Tel: 01509 618700

ASA County volunteer co-ordinators.

Contact details available from your ASA
Regional office

Local Volunteer Centres (google your local
CVS on the website)

Please also see the ASA Good Club

Guides produced for the following roles:

Chairperson, Secretary, Treasurer, Welfare officer, Team Manager, Club Captain, Marketing/Promotion and press officer, Funding and Sponsorship officer, and Workforce co-ordinator