

FDWS SESSION SCHEDULE

Doors open 1 hour before the start time detailed below

Session 1
Fri 17th
12pm
★ Tom Daley

Session 2
Fri 17th
7pm
★ Jack Laugher & Dan Goodfellow

Session 3
Sat 18th
10am
★ Jack Laugher

Session 4
Sat 18th
5pm
★ Matty Lee & Louis Toulson

Session 5
Sun 19th
10am
★ Grace Reid & Kat Torrance

Session 6
Sun 19th
5pm
★ Tom Daley & Grace Reid

To find more info, and which athletes will be at each session visit the event hub at britishswimming.org

IMPORTANT STUFF

VENUE ACCESSIBILITY

- Adapted for wheelchairs
- Disabled toilet
- Ramp Access
- Accessible Changing
- Lift
- Accessible Parking

SAFETY & SECURITY

All spectators who bring a bag into the venue will be subject to a bag search before entering the venue. Random body searching will also be in operation. Please be prepared for this and allow sufficient time before the start of competition.

It is London Aquatics Centre policy that spectators are **not permitted** to take any food or drink (including water) into the venue.

Food and drink will be available to buy inside the venue but please note that some concessions may be cash only and so you are advised to come prepared. The nearest cash machine is at Westfield shopping centre.

FINA HISTORY

The FINA Diving World Series is a prestigious and exclusive event hosting Olympic, World and European champions from both Great Britain and across the world. The event will take place across 3 days of exciting action in the iconic London Aquatics Centre on Queen Elizabeth Olympic Park.

The London event will be the final leg of the 2019 series which will have already stopped in Sagamibara (JPN), Beijing (CHN), Montreal (CAN) and Kazan (RUS) before arriving in the British capital for the season finale.

13TH EDITION **5** EVENTS AROUND THE WORLD

3 > DAY EVENT
> MONTHS

MAR.
APR.
MAY.

260 DIVERS THROUGHOUT THE SEASON

ALL THINGS DIVING....

TAKE OFF

Jump or bounce to gain height.



DIVE

Spins and twists to form the dive routine.



ENTRY

Minimal splash.

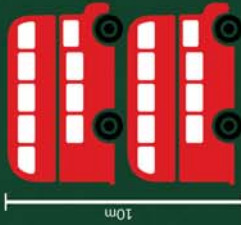


JUDGING & SCORING

Judges score each dive on a 10 point scale for the degree of difficulty.

DID YOU KNOW?

The 10m platform board is the same height as two double decker buses stacked on top of each other!



TUCK

Body folded up in a tight ball, hands holding the wrists and feet pointed.



ARMSTAND

Assumes a handstand position on the edge of the board before dive (Platform only).



STRAIGHT

Any dive that uses a twist (excluding armstands).



PIKE

Legs are straight with the body bent at the waist. Like the straight, armstands are scored by the particular dive.

FUN FACTS

66,600 BATHS!

The three pools in the London Aquatics Centre hold around 10 million litres (2.6 million gallons) of water. Equivalent to 66,600 baths - almost 20 years of bathing!

35MPH!

From the 10m platform - Our athletes hit the water at 35MPH.

4 SKELETONS

Four skeletons were discovered and removed from a prehistoric settlement discovered on the site of the London Aquatics Centre. Some have taken to form part of Museum Of London's collection.

GET SOCIAL

#DWS19 #diving
#FINAdiving

BE THE JUDGE!

What to know what to look out for, check our guide to diving!

Visit www.britishswimming.org

PS Put your skills to the test with our Be The Judge game in the event programme!



华体集团
CHINA OLYMPIC SPORTS GROUP

农夫山泉
NONGFU SHANQUAN



华体集团
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华体集团

DIVING
WORLD SERIES

17 - 19 MAY
LONDON AQUATICS CENTRE





华体集团
FINA
DIVING
WORLD SERIES

MAKE A DAY OF IT

- 1 ArcelorMittal Orbit (so close to the London Aquatics Centre)
- 2 London Stadium Tour
- 3 Hop on Hop off Bus Tour (Tower of London, Buckingham Palace, Trafalgar Square and so much more!)
- 4 River Lea River Tour
- 5 British Museum

VISITLONDON.COM

Check out
for more info and discounts on
London's Top attractions!

CHECKLIST

- REMEMBER TICKETS!
- Check & book transport routes
- Weather "check"
- Nice and loud cheers for the team!!!

HOW DO I GET THERE?



TOP TIP - Public transport is the best and easiest way to get to and from the Park, either by train, underground, bus or cycle.



The nearest underground stations are Stratford (10 minute walk) and Hackney Wick (15 minute walk). Stratford International station is just a 5 minute walk away.



The M25 is only a 25 minutes drive away. There is a pay & display car park at the venue, however spaces are limited. There is a pay & display car park at Westfield Shopping Centre.



There are more than 140 cycle racks outside the London Aquatics Centre, including a Santander Cycles docking station.



St Pancras International & Kings Cross stations are just seven minutes away by train to Stratford International.

NEED MORE TICKETS? PLEASE VISIT WWW.BRITISHSWIMMING.ORG/FDWS
GET SOCIAL #DWS19 #diving #FINAdiving

