



# Welcome to Plymouth

Plymouth, Britain's Ocean City, is a vibrant city located by a stunning waterfront and harbour. With dazzling views, rich history and fantastic things to see and do, Plymouth is a place to remember.

With so much on offer from the finest food and drink to hidden treasures to explore and discover, we've created this local guide to help you make the most of your visit to Plymouth during the British Diving Championships 2020.

# Where to Stay

## New Continental Hotel\*

The New Continental Hotel is just a short walk from the historic Plymouth Hoe waterfront and just a few minutes from Plymouth's city centre.

With 99 bedrooms, a leisure complex with pool, sauna and steam room, there's also a restaurant, free Wi-Fi and car parking.

*Millbay Road, Plymouth PL1 3LD*  
01752 220782



## The Duke of Cornwall Hotel\*

Set in the heart of Britain's Ocean City, the Duke of Cornwall is a stunning period hotel brimming with character and style.

With 72 individually designed bedrooms, our 2 AA Rosette award winning restaurant, breakfast cooked to order, a small car park and free Wi-Fi, the Duke has all you need to make your stay in Plymouth perfect.

*Millbay Road, Plymouth PL1 3LG*  
01752 275850



## Crowne Plaza Plymouth\*

A refined Plymouth hotel with a leisure club and rooftop restaurant, the Crowne Plaza® Plymouth hotel is an easy 2 minute walk to the seafront and the city centre.

The 211-bedroomed hotel also offers car parking for 130 cars and complimentary Wi-Fi.

On the top floor of the hotel you can also find the contemporary and glamorous restaurant Marco Pierre White Steakhouse with views over Plymouth Sound.

*Armada Way, Plymouth, PL1 2HJ*  
01752 639988



## Jury's Inn

Jury's Inn Plymouth is located in the heart of Plymouth City Centre, and is across the road from Drake Circus Shopping Mall and a few minutes' walk to the historic Barbican and Plymouth Hoe.

The hotel is the largest in the city with 247 spacious bedrooms, accommodating up to three adults or two adults and two children under 12. The hotel has an onsite restaurant and bar, with 24 hour room service available. All of the hotel guests have complimentary access to the adjacent gym TruGym.

*50 Exeter St, Plymouth PL4 0AZ*  
01752 631000



New Continental Hotel



The Duke of Cornwall Hotel



Crowne Plaza Plymouth

# Where to Stay

## Glazebrook House Hotel\*

Set in beautiful, secluded grounds, Glazebrook House is a luxurious boutique hotel and restaurant with eight unique rooms and a surprise around every corner.

With a strong heritage and recent luxurious upgrade, Glazebrook House has metamorphosed into a magical escape that provides a caring, genuine, and comfortable environment to facilitate connectivity.

South Brent, South Devon, TQ10 9JE  
01364 73322



## Moorland Garden Hotel\*

Located on the edge of Dartmoor National Park, a friendly West Country welcome awaits at the Moorland Garden Hotel.

Featuring 44 rooms, including four luxurious suites, the Moorland Garden Hotel offers a tranquil retreat nestling in nine acres of picturesque and tranquil moorland garden and features a fine-dining restaurant offering seasonal produce and traditional afternoon tea.

Yelverton, Dartmoor, PL20 6DA  
01822 852 245



## Boringdon Hall and Gaia Spa

Situated on the edge of the idyllic Dartmoor National Park and just five minutes from Plymouth, the 5-star Boringdon Hall Hotel and Spa features fantastic historic interiors and elegant rooms.

The hotel also boasts the South West's largest new build spa – Gaia – featuring an infinity pool, hydrotherapy pool, heat experiences, spa treatments, relaxation room, beauty salon and spatisserie restaurant.

Boringdon Hill, Colebrook, Plymouth, PL7 4DP  
01752 344455



## Future Inn

Located near Plymouth city centre, the hotel features 143 spacious, air-conditioned en-suite bedrooms that are well appointed with all modern devices offering comfort and convenience at affordable prices including free parking and free Wi-Fi.

The Fishbone Bar & Restaurant at Future Inn Plymouth, serves contemporary British food with an array of delicious, fresh fish dishes on offer.

Plymouth International Business Park, 1 William Prance Rd, Plymouth PL6 5ZD  
0845 094 5471



Glazebrook House Hotel



Boringdon Hall and Gaia Spa



Future Inn

# Where to Eat

## Rockfish

Overlooking the ocean and beside the National Marine Aquarium, Mitch Tonks' Rockfish restaurant and takeaway at Sutton Harbour commands stunning views of fishing boats, yachts and water sports with a backdrop of the Barbican.

With a menu of freshly fried or grilled sustainable and local fish and a cornucopia of seafood pleasures from cracked crab to grilled lobster. The entire menu is also available gluten-free.

3 Rope Walk Coxside, Sutton Harbour,  
Plymouth, PL4 0LB  
01752 255974



## Marco Pierre White Steakhouse\*

The restaurant is a destination with a difference, taking a prestigious space on the top floor of the Crowne Plaza with stunning sea views over the Hoe and to Cornwall.

Marco's Steakhouse is a contemporary and glamorous restaurant where guests feel welcome and relaxed, can enjoy a great menu, fantastic steaks and a first-class service all in a superb setting.

Crowne Plaza Plymouth, Armada  
Way, Plymouth, PL1 2HJ  
01752 639937



## Turtle Bay

Turtle Bay is all about celebrating the lively, colourful, soulful and delicious experiences that the Caribbean has to offer - from rich and explosive flavours to laid back 'liming' – relaxing and enjoying food, drink, conversation and laughter with friends.

Food is at the heart of the Turtle Bay experience – bold flavours and rustic dishes, brimming with spicy hues and bursting with fresh, vibrant flavours.

5 St Andrews Cross, PL1 1DN  
01752 221243



## Las Iguanas

Enjoy a taste of Latin America in Plymouth based at Royal William Yard. Alive with the delicious taste of South America alongside a legendary cocktail menu.

A thriving hub in Plymouth, Iguanas at The Yard is perfect for lunch, a family-friendly meal out, catching up with friends, and celebrating the night away with cocktails and coolers.

Brewhouse, Royal William Yard,  
Plymouth, PL1 3RP  
01752 226609



## Bistrot Pierre

Located at Royal William Yard, Bistrot Pierre is a relaxed and friendly bistrot and a place to go for any occasion. Its 'raison d'etre' is great value French cooking and seasonal menus.

Combining French bistrot classics such as steak-frites, boeuf bourguignon and tarte au citron with their own take on regional favourites like confit de canard and paté de campagne they also have a stylish cocktail bar.

New Cooperage, Royal William Yard,  
Plymouth PL1 3RP  
01752 262318



Rockfish



Marco Pierre White Steakhouse



Las Iguanas

# What to See

During your stay in Plymouth, make sure you fit in some of the highlights. Soak up the incredible views on offer and enjoy a flavour of the rich and varied history of Britain's Ocean City.

## Smeaton's Tower

A centerpiece on Plymouth's Hoe, Smeaton's Tower has become one of the South West's most well-known landmarks. Standing at 72 foot high, the red and white striped lighthouse offers fantastic views of Plymouth Sound and the city from its lantern room if you dare to brave the heights and climb all the way to the top.

*The Hoe, Plymouth, PL1 2NZ*  
01752 304774



## The Mayflower Museum

The Mayflower Museum explores the story of the Mayflower and the Pilgrims with information and hands-on displays, including dress-up and role play, an incredible model of the Mayflower built by Devonport Dockyard apprentices in 1969 and a list of all the Pilgrims and their hometowns.

Looking out from the Museum's balcony you can see the newly-refurbished iconic Mayflower Steps which is near to the site from which the Pilgrims are believed to have finally left England aboard the Mayflower, before crossing the Atlantic Ocean to settle in North America on 6 September 1620.

*The Barbican, Plymouth, PL1 2LR*  
01752 306330

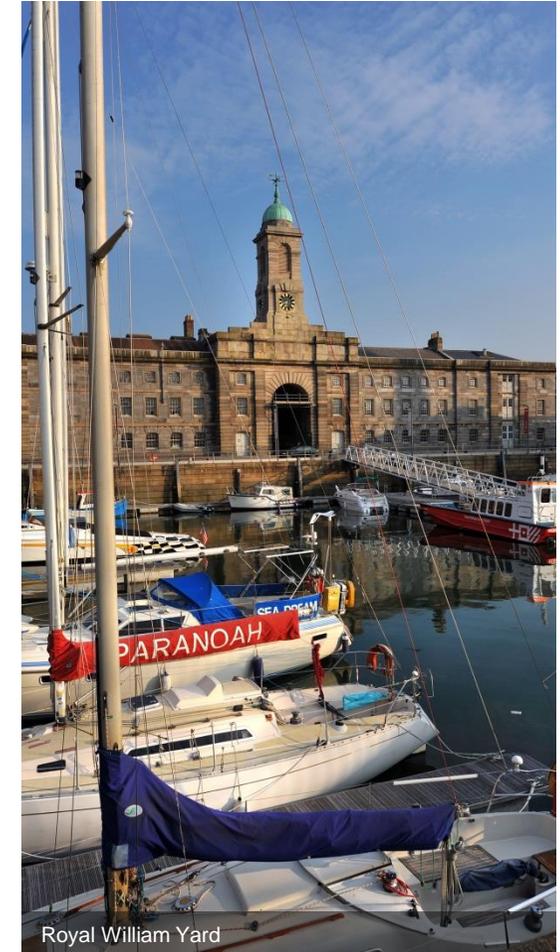


## Royal William Yard

Royal William Yard is one of Plymouth's premier lifestyle destinations and is also the largest collection of Grade 1 listed military buildings in Europe.

Accessible by land and sea, the Yard has its own harbour with mooring facilities and Royal William Yard's own ferry service, which makes regular daily trips from the Yard to the Barbican Landing Stage and back. Visitors to the Yard can explore a multitude of independent retailers and galleries including Ocean Studios, restaurants such as Bistrot Pierre, Wildwood, Las Iguanas and Prezzo, a variety of lounge and wine bars including independent French wine lounge Le Vignoble, or simply relax with stunning sea views and open spaces.

*Royal William Yard, Plymouth, PL1 3QQ*  
01752 600533



Royal William Yard

Find out more about **what to see** in Plymouth on our website [here](#)

# What to Do

Plymouth is a vibrant waterfront city packed full of attractions, activities, shopping, entertainment and sightseeing. Come rain or shine you'll find something for everyone among the city streets, surrounding countryside and marine environment beyond.

## Drake Circus The Barcode

The new Drake Circus The Barcode leisure destination includes a 12-screen Cineworld IMAX 4DX cinema – the first IMAX for the Devon and Cornwall area – as well as Paradise Island Adventure Golf and dining brands including Zizzi, Five Guys, Nando's and Cosy Club. There's more than 400 car parking spaces available, including five electric car charging points.

11 Bretonside, PL4 0FE  
01752 223030



## National Marine Aquarium

The National Marine Aquarium is the UK's largest Aquarium, home to over 70 sharks with more than 10 different species.

Journey across the world's oceans, from the shores of Plymouth to the coral reefs of the tropics, seeing the likes of Catfish and large Sand Tiger Sharks, as well as meeting a whole host of marine life whilst also learning of the charities work to help raise awareness of ocean conservation.

Rope Walk, Coxside, Plymouth, PL4 0LF  
0844 893 7938



## Plymouth Gin Distillery

Black Friars Distillery, the working home of Plymouth Gin since 1793, is the oldest working gin distillery in England and is situated in the heart of the historic port city of Plymouth.

Take a guided tour and learn about the art of making the world-famous Plymouth Gin, enjoy a tutored tasting of the range and then relax in the Refectory cocktail lounge – the ultimate place to enjoy a cocktail and where the Pilgrims are said to have spent their last night before setting sail in the Mayflower to the New World.

60 Southside St, Plymouth PL1 2LQ  
01752 665 292



## Don't miss...

On the Barbican you can take the boat over and explore the Grade I gardens of Mount Edgumbe, or sail the scenic Devon and Cornish coasts with Plymouth Boat Trips.



Drake Circus The Barcode

Find out more about **what to do** in Plymouth on our website [here](#)

# Where to Shop

Plymouth is the largest centre for shopping in the South West, outside of Bristol. In your trip to Britain's Ocean City you will find everything they need from big brand names to small boutiques.

## Drake Circus Shopping Centre

Drake Circus is Plymouth's most popular shopping destination with more than 70 independent and national brands under one roof, including M&S, Primark, Next, Boots, Joules and Pandora to name a few! Easily accessible by public transport and by car, with more than 1200 car parking spaces and shop mobility.

1 Charles Street, Plymouth PL1 1EA



Drake Circus Shopping Centre

## City Centre

Plymouth City Centre is a modern, pedestrianised area where visitors can spend their time shopping without the need for transport. Offering shoppers a little bit of everything from boutique independent treats to the big high street and designer brands.

Armada Way, Plymouth, PL1 2AA



## Plymouth Market and The West End

Plymouth's West End is a treasure trove of independent shops including the 150-stall Plymouth Market, making it the place to head for unique gifts and fresh produce.

Cornwall Street, Plymouth PL1 1PS



## The Barbican & Sutton Harbour

Plymouth's delightful old port is full of narrow cobbled streets, Elizabethan warehouses, specialist shops, art galleries, cafes and restaurants. The perfect place to find an original souvenir of Plymouth, or to simply relax and dine with waterfront views.

The Barbican, Plymouth, PL1 2LR



## Royal William Yard

The award-winning Grade I listed ex-naval victualling yard is home to a stunning range of leading restaurants, bars, galleries and independent shops, including the creative hub of Ocean Studios, wine merchants Le Vignoble and womenswear store ID Fashion

Royal William Yard, Plymouth, PL1 3RP



The Barbican

Find out more about **where to shop** in Plymouth on our website [here](#)

# How to Travel

Plymouth is a city that's easy to navigate once you're here, whether you're travelling by car, on foot or using our award-winning public transport network, or take to the water and enjoy the coastline.

## By Bus

Citybus is the main local bus service provider for Plymouth. You can find out which bus you need to catch, where to catch it from and what time it leaves using the [Citybus Journey Planner](#).

Royal Parade in the city centre serves all areas of the city and beyond and Plymouth Life Centre is served by Citybus routes 12/16/43/50/50A.

The Life Centre can also be accessed via the 101 Park and Ride service which runs every 15 minutes Monday to Friday.

## By Boat

Take the opportunity to go by boat and enjoy the stunning coastline scenery whilst exploring local and nearby attractions.

Water Taxis connect The Barbican to Mount Batten, The Royal William Yard Ferry travels back and forth from The Yard to The Barbican, and The Cremyll Ferry at Admirals Hard serves Mount Edgcumbe – the historic house and gardens which overlooks the Plymouth Sound waterfront and Royal William Yard as well as views of Cornwall.

## By Taxi

Licensed black cabs operate from Plymouth city centre on Old Town Street left of Royal Parade and will take approximately 8-10 minutes.



Click the map to view a large version



Royal William Yard Water Taxi

Find out more about **travelling** in Plymouth on our website [here](#)

# Exclusive Offers Table from Participating Providers for British Diving Championships

Provider	Code	Rate Double	Rate Single	Notes	
<b>New Continental Hotel</b>	<i>BDC2020</i>	£70.00	£60.00	20% discount to British Diving Championships guests off Main Evening Menu in Steve's Brasserie. Contact directly and quote code to use.	Book your room <a href="#">here</a>
<b>Crowne Plaza Plymouth</b>	<i>British Diving Championships</i>	£99.00	£89.00	Quote British Diving Championships on booking to gain access to rate. Rates for B&B occupancy	Book your room <a href="#">here</a>
<b>The Duke of Cornwall Hotel</b>	<i>British Diving Championships</i>	£80.00	£65.00	Rate includes breakfast. To book, call our Reservations team on 01752 275855 and quote British Diving Championships. Includes 10% off food in our Restaurant and bar for these guests.	Book your room <a href="#">here</a>
<b>Glazebrook House Hotel</b>	<i>British Diving Championships</i>	Variable	Variable	Offer available to BDC participants and families. Reductions on rooms including: £70 off luxury rooms, £55 off super rooms, £45 off standard/single rooms (per night). Contact directly 01364 73322 or enquiries@glazebrookhouse.com. Available until 31 January 2020.	Book your room <a href="#">here</a>
<b>Moorland Garden Hotel</b>	<i>British Diving Championships</i>	Variable	Variable	Winter Warmer at £69 B&B with a mini cream tea to share on arrival. Quote British Diving Championships.	Book your room <a href="#">here</a>

Provider	Code	Offer	Notes	
<b>Marco Pierre White Steakhouse</b>	<i>British Diving Championships</i>	20% off bill	Quote British Diving Championships to receive discount	Visit <a href="#">website</a>
<b>Steve's Brasserie</b>	<i>BDC2020</i>	20% off Main Evening Menu	Contact directly and quote BDC2020 to use.	Visit <a href="#">website</a>