



# CONFIRMATION PACK

## BRITISH DIVING CHAMPIONSHIPS 2020

24-26 JANUARY  
PLYMOUTH, LIFE CENTRE



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## CONTACT INFORMATION

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## KEY DATES AT A GLANCE

**Training Dates:** Tuesday 21<sup>st</sup> – Thursday 23<sup>rd</sup> January 2020

**Technical Meeting:** Thursday 23<sup>rd</sup> January 17:00

**Competition Dates:** Friday 24<sup>th</sup> – Sunday 26<sup>th</sup> January

## TRAINING

Training will be available on the following days:

Date	Diving Pit	Dry Dive
Tuesday 21 <sup>st</sup> January	8am – 5pm	8am – 5pm
Wednesday 22 <sup>nd</sup> January	8am – 5pm	8am – 5pm
Thursday 23 <sup>rd</sup> January	8am – 5pm	8am – 5pm

## COMPETITION

Date	Diving Pit	Dry Dive
Friday 24 <sup>th</sup> January	In between competitions	8am – 6pm
Saturday 25 <sup>th</sup> January	In between competitions	8am – 6pm
Sunday 26 <sup>th</sup> January	In between competitions	8am – 6pm

## TICKETS

Tickets are available from 9<sup>th</sup> Dec [here](#). Due to limited tickets being available please purchase your tickets as soon as possible to avoid any disappointment. Please note only tickets for sessions that have not sold out will be available to purchase on the door from the front desk located by the spectator gallery.



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## SCHEDULE OF EVENTS

\*Please note that times are subject to change.

### Friday 24<sup>th</sup> January 2020

#### Session 1

Women's 1m Prelim – 10:00

Men's 1m Prelim – 11:30

#### Session 2

Women's 1m Final – 14:00

Men's 1m Final – 15:00

#### Session 3

Women's 10m Synchro – 16:30

Men's 3m Synchro – 17:20

### Saturday 25<sup>th</sup> January 2020

#### Session 4

Men's 3m Prelim – 10:00

Women's Platform Prelim – 12:30

#### Session 5

Men's 3m Final – 15:00

Women's Platform Final – 16:15

#### Session 6

Men's 10m Synchro – 17:45

Women's 3m Synchro – 18:40

### Sunday 26<sup>th</sup> January 2020

#### Session 7

Women's 3m Prelim – 10:00

Men's Platform Prelim – 12:15

#### Session 8

Women's 3m Final - 15:00

Men's Platform Final – 16:00

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## TECHNICAL MEETING

The technical meeting will take place at 5pm on Thursday 23<sup>rd</sup> January in Meeting Room 1 on the third floor at Plymouth Life Centre.

## DIVE SHEETS

Divers/Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimize the chance of errors loading the data into the Recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets on-line. Please agree with your coach which method you should use. To submit your dive sheets on-line there are two options:

- Either visit: [www.diverecorder.co.uk/onslinesheets](http://www.diverecorder.co.uk/onslinesheets) and follow the instructions, or
- if you have an Android phone or tablet, you can get the ADiveSheets app from this page on the DiveRecorder website: [www.diverecorder.co.uk/dive/android](http://www.diverecorder.co.uk/dive/android)

As soon as you complete either on-line submission method, you will see a success/failure message. If you experience problems and need assistance please contact Ann Barker [AnnBarker@aol.com](mailto:AnnBarker@aol.com)

**Electronic submissions must be made by Midnight on Wednesday 22<sup>nd</sup> January.** You will be asked to sign hard copies of these sheets at the venue, available from the Recorders. If neither you nor your Coach are able to use the above electronic methods, you can submit a hard copy of your lists of dives to the Recorders. **The deadline for manual dive sheets is at the Technical Meeting on 23<sup>rd</sup> January.**

## EVENT CONDITIONS

### INDIVIDUAL

Category	Gender	Board	Conditions
1m & 3m	Male	6 dives	6 dives from 5 groups, no limit. No dive may be repeated
5m, 7.5m and/or 10m*	Male	6 dives	6 dives from 6 groups no limit.
1m & 3m	Female	5 dives	5 dives from 5 groups no limit.
5m, 7.5m and/or 10m*	Female	5 dives	5 dives from 5 groups no limit.

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## SYNCHRO

Open Male 3m & 10m	6 dives	2 dives with an allocated dd of 2.0 + 4 x optional dives. 5 groups to be covered	In each round the two divers must perform the same dive (same dive number and same position). All forward facing dives on springboard shall be done with a running approach.
Open Female 3m & 10m	5 dives	2 dives with an allocated dd of 2.0 + 3 x optional dives. 5 groups to be covered	In each round the two divers must perform the same dive (same dive number and same position). All forward facing dives on springboard shall be done with a running approach.

Synchro events can be performed at 5m, 7.5, & 10m. "divers competing from 5m / 7.5m in the synchro platform events are not eligible for the Senior title" as the Championships are the selection event for the international competitions with only 10m platform events.

### **Awarding of British Championships Junior Medals:**

1. Junior Championship medals will be awarded from the GB Championships 24-26 January 2020 in all individual events.
2. Medals awarded will be based on 1. Ranking order of any finalists followed by 2. remaining places ranking order from preliminary.
3. Platform - Divers competing from 5m and 7.5m platform in the prelim cannot qualify for the final. But are eligible for junior medals after the ranking of any juniors who proceed to the final competing all dives from the 10m platform.

### **Awarding of British Championship Medals:**

Divers eligible to compete for Great Britain are eligible for British Medals. In all events there will be open and closed medals.

Open medals will be awarded if a diver not eligible to compete for Great Britain places in the top 3 in a final.

In Platform competitions; only divers performing ALL dives from 10m are eligible for senior medals.

### **Selection to British Teams:**

Divers wishing to be eligible for selection in platform competitions for either Team A or Team B must compete all dives from the 10m platform. All selections will be based upon the National Selection Policy 2020.

## EVENT FORMAT

- Synchronised events will be a straight final
- Individual events – there shall be 1m, 3m and 10m events. There shall be a preliminary event and cut to top 10 for the final. Qualification for the final: The Final will comprise of 10 divers ranked 1 - 10 from the preliminary event. The Final may include a maximum of up to 2 International divers who ranked in the top 10 in the preliminary.
- Divers must be aged at least 11 years by the 31<sup>st</sup> Of December in the year of competition.
- No dive may be repeated in any event
- Evidence shall be provided, at the time of entry, to confirm that each foreign diver has achieved the recommended standard for the event they are entering.
- Late Entries for Synchronised pairs will be allowed up to the technical meeting with the written support from the NPD.
- Divers may compete in synchronised events only.

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## RECOMMENDED PERFORMANCE STANDARDS FOR NATIONAL CHAMPIONSHIPS

Category	Gender	Event	Conditions	No. of Dives	Recommended Standard
Group C	Girls	1m	5 from 5	5	170
		3m			190
		Platform			190
	Boys	1m	6 from 5	6	228
		3m	6 from 5		252
		Platform	6 from 6		252
Group B	Girls	1m	5 from 5	5	190
		3m			210
		Platform			210
	Boys	1m	6 from 5	6	252
		3m	6 from 5		288
		Platform	6 from 6		288
Group A	Girls	1m	5 from 5	5	200
		3m			225
		Platform			225
	Boys	1m	6 from 5	6	270
		3m	6 from 5		300
		Platform	6 from 6		300
Open	Women	1m	5 from 5	5	200
		3m			225
		Platform			225
	Men	1m	6 from 5	6	270
		3m	6 from 5		300
		Platform	6 from 6		300

### ACCREDITATION

Accreditation for all competitors and coaches will be photographic. You will have received your accreditation automatically by email at the time of entering the event online. Please print this and bring to the event with you. There will be security present at the event and in order to enter both the seating and field of play area you will need accreditation. **Please ensure you print out your own pass as if you need it printing onsite a charge of £10.00 applies.**

### COACH/CHAPERONE PASSES

All coaches, chaperones and physiotherapists must have a valid poolside pass to gain access to the pool deck. Applications for coach/chaperone passes will be charged at £10 per event and can be

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purchased [here](#). No late fees apply, however if you do not fulfil the new requirements for applications at British Swimming and Swim England events, it may take a considerable time to apply for a DBS, or achieve the required qualifications. Accreditations will be emailed to you to print out, in the same way that athletes receive theirs. Please ensure you print out your own pass as if you need it printing onsite a charge of £10.00 applies. Poolside passes can **only** be sold at the event for those who pass all requirements online. Please email [laura.blatherwick@swimming.org](mailto:laura.blatherwick@swimming.org) if you have any queries.

**Please note that Coaches/Chaperones will not be allowed on poolside without a valid accreditation**

## EVENT PHOTOGRAPHY AND FILMING

This event **will be photographed and live streamed**. Static images will be displayed on the British Swimming website [www.britishswimming.org](http://www.britishswimming.org). They will be used to promote the sport at this event and events in the future. Moving images may be displayed at the venue and via live stream at [www.britishswimming.org](http://www.britishswimming.org). In addition, British Swimming may use these recordings and images for the purposes of education and training, swimmer analysis, promotion, performance, development and selection and event analysis.

Great Big Events, our Sports Presentation Company will also be hosting a poolside studio offering the opportunity for selected athletes to be interviewed. Studio interviews will also be streamed online.

## ENTRIES AT 12noon on 10 JANUARY 2020

### Women's 1m

1	Clara Kerr	Aberdeen Diving Club
2	Alicia Blagg	City of Leeds Diving Club
3	Callie Eaglestone	City of Leeds Diving Club
4	Holly Waxman	City of Leeds Diving Club
5	Leah Fletcher	City of Leeds Diving Club
6	Richelle Houlden	City of Sheffield Diving Club
7	Yasmin Harper	City of Sheffield Diving Club
8	Desharne Bent-Ashmeil	Crystal Palace Diving Club
9	Evie Smith	Crystal Palace Diving Club
10	Jessie Millham	Dive London Aquatics Club
11	Louise Bradley	Dive London Aquatics Club
12	Emily Bearpark	Edinburgh Diving Club
13	Millie Fowler	Edinburgh Diving Club
14	Amy Rollinson	Luton Diving Club
15	Summer Radcliffe	Plymouth Diving
16	Evelyna Johnson	Southampton Diving Academy
17	Maya Kutty	Southampton Diving Academy
18	Tilly Brown	Southampton Diving Academy
19	Emma Gullstrand	Sweden

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20	Lauren Hallaselka	Tiirat/ Southampton Diving Academy
21	Maisie Kivlochan	Dacorum Diving Club

### Men's 1m

1	James West	Albatross Diving Club Reading
2	Quinn Shaw	Albatross Diving Club Reading
3	Joseph Nicol	City of Bradford Esprit
4	Anthony Harding	City of Leeds Diving Club
5	Jake Passmore	City of Leeds Diving Club
6	Jordan Houlden	City of Sheffield Diving Club
7	Oliver Hoban	City of Sheffield Diving Club
8	Jack Jefford	Crystal Palace Diving Club
9	Sammy Rudd	Dacorum Diving Club
10	Hugo Thomas	Dive London Aquatics Club
11	Juho Junttila	Diving Team Tiirat
12	Danny Mabbott	Edinburgh Diving Club
13	Ross Beattie	Edinburgh Diving Club
14	Yona Knight-Wisdom	Jamaica
15	Curtis Yuen	Plymouth Diving / Macau
16	Cameron Gammage	Southampton Diving Academy
17	Leon Baker	Southampton Diving Academy
18	Nathan Bull	Southampton Diving Academy
19	Hayden Rayment	Southend Diving

### Women's 10m Synchro

1	Andrea Spendolini-Sirieix + Josie Zillig	Palace Diving Club
2	Eden Cheng + Lois Toulson	Crystal Palace Diving Club + City of Leeds Diving
3	Emily Martin + Phoebe Banks	Plymouth Diving + City of Leeds Diving Club

### Men's 3m Synchro

1	Jack Laugher + Daniel Goodfellow	City of Leeds Diving Club
2	Anthony Harding + Jordan Houlden	City of Leeds Diving Club + City of Sheffield Diving
3	James Heatly + Ross Beattie	Edinburgh Diving Club
4	Cameron Gammage + Leon Baker	Southampton Diving Academy

### Men's 3m

1	James West	Albatross Diving Club Reading
2	Quinn Shaw	Albatross Diving Club Reading
3	Joseph Nicol	City of Bradford Esprit
4	Anthony Harding	City of Leeds Diving Club

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5	Daniel Goodfellow	City of Leeds Diving Club
6	Jake Passmore	City of Leeds Diving Club
7	Joe Stocking	City of Leeds Diving Club
8	Jordan Houlden	City of Sheffield Diving Club
9	Oliver Hoban	City of Sheffield Diving Club
10	Ross Haslam	City of Sheffield Diving Club
11	Jack Jefford	Crystal Palace Diving Club
12	Sammy Rudd	Dacorun Diving Club
13	Hugo Thomas	Dive London Aquatics Club
14	Tyler Humphreys	Dive London Aquatics Club
15	Juho Junttila	Diving Team Tiirat
16	Danny Mabbott	Edinburgh Diving Club
17	James Heatly	Edinburgh Diving Club
18	Ross Beattie	Edinburgh Diving Club
19	Yona Knight-Wisdom	Jamaica
20	Euan McCabe	Plymouth Diving
21	Curtis Yuen	Plymouth Diving / Macau
22	Cameron Gammage	Southampton Diving Academy
23	Leon Baker	Southampton Diving Academy
24	Nathan Bull	Southampton Diving Academy
25	Hayden Rayment	Southend Diving

## Women's Platform

1	Clara Kerr	Aberdeen Diving Club
2	Chloe Johnson	City of Leeds Diving Club
3	Leah Fletcher	City of Leeds Diving Club
4	Lois Toulson	City of Leeds Diving Club
5	Phoebe Banks	City of Leeds Diving Club
6	Lucy Hawkins	City of Sheffield Diving Club
7	Maisie Bond	City of Sheffield Diving Club
8	Tia-Mai McGarry	City of Sheffield Diving Club
9	Andrea Spendolini-Sirieix	Crystal Palace Diving Club
10	Eden Cheng	Crystal Palace Diving Club
11	Josie Zillig	Crystal Palace Diving Club
12	Hannah Newbrook	Dive London Aquatics Club
13	Robyn Birch Dive	London Aquatics Club
14	Gemma McArthur	Edinburgh Diving Club
15	Cody Powell Tuckett	Plymouth Diving
16	Emily Martin	Plymouth Diving
17	Tanya Watson	Southampton Diving Academy

## Men's 10m Synchro

- |   |                              |   |
|---|------------------------------|---|
| 1 | Ben Cutmore + Lucas Thomson  | Dive London Aquatics Club + Edinburgh Diving Club |
| 2 | Angus Menmuir + Joe Stocking | Edinburgh Diving Club + City of Leeds Diving Club |

## Women's 3m Synchro

- |   |   |   |
|---|---|---|
| 1 | Callie Eaglestone + Evie Smith              | City of Leeds Diving Club + Crystal Palace Diving     |
| 2 | Grace Reid + Katherine Torrance             | Dive London Aquatics Club + City of Leeds Diving Club |
| 3 | Amy Rollinson + Holly Waxman                | Luton Diving Club + City of Leeds Diving Club         |
| 4 | Maria Papworth Burrell + Scarlet Mew Jensen | Dive London Aquatics Club                             |

## Women's 3m

- |    |                        |  |
|----|------------------------|--|
| 1  | Clara Kerr             | Aberdeen Diving Club                     |
| 2  | Alicia Blagg           | City of Leeds Diving Club                |
| 3  | Callie Eaglestone      | City of Leeds Diving Club                |
| 4  | Holly Waxman           | City of Leeds Diving Club                |
| 5  | Katherine Torrance     | City of Leeds Diving Club                |
| 6  | Richelle Houlden       | City of Sheffield Diving Club            |
| 7  | Yasmin Harper          | City of Sheffield Diving Club            |
| 8  | Desharne Bent-Ashmeil  | Crystal Palace Diving Club               |
| 9  | Evie Smith             | Crystal Palace Diving Club               |
| 10 | Grace Reid             | Dive London Aquatics Club                |
| 11 | Hannah Newbrook        | Dive London Aquatics Club                |
| 12 | Jessie Millham         | Dive London Aquatics Club                |
| 13 | Louise Bradley         | Dive London Aquatics Club                |
| 14 | Maria Papworth Burrell | Dive London Aquatics Club                |
| 15 | Ruby Thorne            | Dive London Aquatics Club                |
| 16 | Scarlett Mew Jensen    | Dive London Aquatics Club                |
| 17 | Emily Bearpark         | Edinburgh Diving Club                    |
| 18 | Millie Fowler          | Edinburgh Diving Club                    |
| 19 | Amy Rollinson          | Luton Diving Club                        |
| 20 | Clare Cryan            | National Centre Dublin                   |
| 21 | Summer Radcliffe       | Plymouth Diving                          |
| 22 | Micaela Bouter         | South Africa / Dive London Aquatics Club |
| 23 | Evelyna Johnson        | Southampton Diving Academy               |
| 24 | Maya Kutty             | Southampton Diving Academy               |
| 25 | Tilly Brown            | Southampton Diving Academy               |
| 26 | Emma Gullstrand        | Sweden                                   |
| 27 | Lauren Hallaselka      | Tiirat / Southampton Diving Academy      |
| 28 | Marney Easen           | Southend Diving                          |

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## Men's Platform

1	Joe Stocking	City of Leeds Diving Club
2	Harrison Hartley	City of Sheffield Diving Club
3	Ben Cutmore	Dive London Aquatics Club
4	Hugo Thomas	Dive London Aquatics Club
5	Matthew Lee	Dive London Aquatics Club
6	Noah Williams	Dive London Aquatics Club
7	Thomas Daley	Dive London Aquatics Club
8	Angus Menmuir	Edinburgh Diving Club
9	Lucas Thomson	Edinburgh Diving Club
10	Connor West	Plymouth Diving
11	Euan McCabe	Plymouth Diving
12	Josh Freeman	Plymouth Diving
13	Matthew Dixon	Plymouth Diving
14	Constantin Popovici	Romania
15	Alexander Walton	Southampton Diving Academy
16	Milo French	Southampton Diving Academy
17	Robbie Lee	Southampton Diving Academy



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