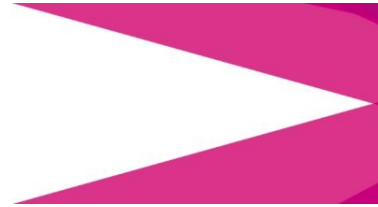




## BRITISH ELITE JUNIOR DIVING CHAMPIONSHIPS 2021

PLYMOUTH LIFE CENTRE, PLYMOUTH  
27-30 OCTOBER



### CONTACT INFORMATION

Events Officer: Nicole Burns  
Email Address: [nicole.burns@swimming.org](mailto:nicole.burns@swimming.org)  
Phone Number: 07583 029285  
Address: British Swimming Events Department  
SportPark, Pavilion 3,  
3 Oakwood Drive  
Loughborough University,  
LE11 3QF  
Website: [www.britishswimming.org](http://www.britishswimming.org)

### THE VENUE

Plymouth Life Centre  
Mayflower Drive  
Plymouth  
PL2 3DG

### KEY DATES AT A GLANCE

**Entries Open:** Monday 20<sup>th</sup> September

**Entry Deadline:** Monday 11<sup>th</sup> October @ 17:00

**Coach Application:** Passes are now available to purchase [click here](#). You must have a valid coach pass to gain access pool side. Anyone without a valid pass will not be allowed access to poolside.

**Training Dates:** Monday 25<sup>th</sup> October and Tuesday 26<sup>th</sup> October 2021

**Technical Meeting:** Wednesday 27<sup>th</sup> October 2021 @12 noon

**Competition Dates:** Wednesday 27<sup>th</sup> October – Saturday 30<sup>th</sup> October 2021

Training will be available on the following days:

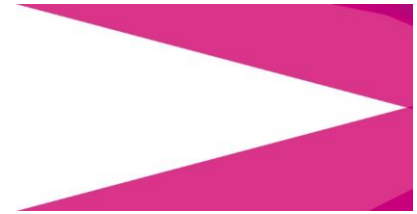
Training on the 25<sup>th</sup> and 26<sup>th</sup> October will be block training, with session times allocated per team to promote social distancing.

Date	Diving Pit	Dry Dive
Monday 25 <sup>th</sup> October 2021	8am – 5pm	7.30am – 5pm
Tuesday 26 <sup>th</sup> October 2021	8am – 5pm	7.30am – 5pm
Wednesday 27 <sup>th</sup> October 2021	8am-8.45am and In between competitions	7.30am – 6pm
Thursday 28 <sup>th</sup> October 2021	8am-8.45am and In between competitions	7.30am – 6pm
Friday 29 <sup>th</sup> October 2021	8am-8.45am and In between competitions	7.30am – 6pm
Saturday 30 <sup>th</sup> October 2021	8am-8.45am and In between competitions	7.30am – 6pm



## BRITISH ELITE JUNIOR DIVING CHAMPIONSHIPS 2021

PLYMOUTH LIFE CENTRE, PLYMOUTH  
27-30 OCTOBER



### IMPORTANT NOTICE REGARDING AGE GROUPS FOR 2021

The event age groups for 2021 have been adjusted for one season only to fit with amendments by FINA and LEN events. This are:

Group C

(13 years and under in 2021)

Group B\*

(14,15 and 16 years in 2021)

Group A

(17, 18 and 19 years in 2021)

\* Note only divers aged 15 and 16 years of age in group B are eligible for the 2020\* World Junior championships in Kiev December 2021

### HOW TO ENTER

All entries for the British Elite Junior Diving Championships will be made online. Please [click here](#) for the entry page.

PAPER ENTRIES WILL NOT BE ACCEPTED.

Please note for Synchro entries, both members of a synchro team need to enter through the online system. Each member also needs the registration number of the other team member. This information can be accessed [here](#).

**Entries must be received by 17:00 on Monday 11<sup>th</sup> October 2021. A late fee of an additional £30 per event will be charged after this date.**

**The final deadline for entries is 30 minutes prior to the technical meeting on Wednesday 27<sup>th</sup> October.**

### ENTRY FEES

Due to ongoing challenges and financial pressures, we have had to relook at the pricing structure for national diving competitions. Entries will be charged at the following rate:

Championship entry fee per diver\*: £60

Individual events: £15.00

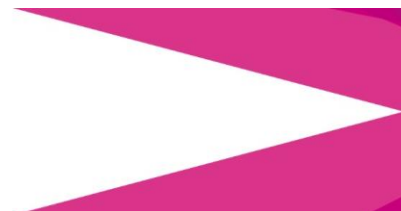
Synchro events: £15.00

\*Championship entry fee includes access to the venue for training days.



## BRITISH ELITE JUNIOR DIVING CHAMPIONSHIPS 2021

PLYMOUTH LIFE CENTRE, PLYMOUTH  
27-30 OCTOBER



### COVID-19 EVENT MANAGEMENT PLAN

The situation surrounding COVID-19 is progressing at a variable rate around the world. Divers should strongly consider whether it is safe for them to individually participate and follow any applicable government or health authority advice specific to them, particularly if they could be considered to be at greater risk from COVID-19.

All requirements relating to COVID-19 regulations prevailing at the time will be adhered to. An information package covering all prevention measures for COVID-19 at the event, including testing, health screening, hand sanitising stations and facility access and flows, will be provided to all participating teams prior to the event.

**All athletes, coaches, event staff and volunteers will be required to adhere to the guidelines set out for this event.**

Please be aware that as the Coronavirus situation changes this COVID-19 plan will be continuously reviewed and therefore maybe subject to change up until the event. British Swimming will communicate any changes.

### SPECTATOR INFORMATION

Unfortunately, due to the ongoing nature of COVID-19 this will be a closed door event meaning there will not be any spectator seating. We are looking into the possibility of providing a live stream for anyone who wishes to watch the event. Socially distanced seating will be provided for athletes, coaches and essential chaperones. A link to a booking system will be provided in the event confirmation pack so you can book these seats

### ACCREDITATION

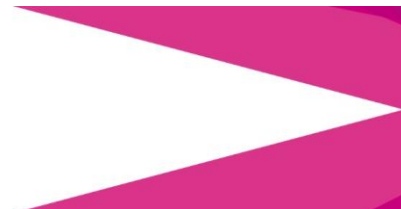
Accreditation for all competitors and coaches will be photographic. There will be security present at the event and in order to enter both the seating and field of play area you will need accreditation. All divers will be required to submit a recent passport sized photo with their online entry. Failure to supply a photograph with the entry forms will result in the entry forms being invalid and therefore not accepted. Please **print and bring your accreditation to the event** with you.

### SCHEDULE OF EVENTS

*Session times are to be confirmed*

**Wednesday 27<sup>th</sup> October**

Prelims	Competitions
1	Prelims of Boys B 1m
	<b>Training Break 20mins</b>
2	Prelims of Boys A 3m
	<b>Lunch Break and Training 1 hour 30 mins</b>
<b>Finals</b>	<b>Restricted Training FINALS ONLY</b>



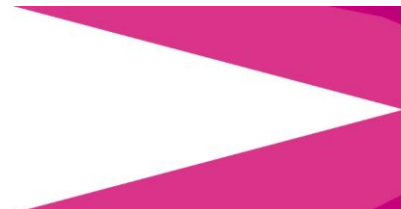
3	FINAL Boys B 1m
	Finals Boys A 3m
	<b>Training Girls &amp; Boys 13 &amp; Under Synchro 3m</b>
	Boys 13 & Under Synchro 3m
	Girls 13 & Under Synchro 3m
	<b>Training Girls Platform Synchro &amp; Boys 14-18 Synchro 3m</b>
	Boys 14- 19 Synchro 3m
	Girls 14-19 Synchro Platform

**Thursday 28<sup>th</sup> October**

<b>Prelims</b>	
4	PRELIM Girls C 1m with Boys C Platform
	<b>Training Break 20mins</b>
5	PRELIM Girls B 1m with Girls A Platform
	<b>Lunch Break and Training 1 hour 30 mins</b>
<b>Finals</b>	<b>Restricted Training FINALS ONLY</b>
6	FINAL Girls C 1m
	FINAL Boys C Platform
	FINAL Girls B 1m
	Final Girls A Platform
	<b>Training Synchro Finals Only</b>
	Boys 14/19 Synchro Final Platform
	Girls 14/19 Synchro Final 3m

**Friday 29<sup>th</sup> October**

<b>Prelims</b>	
7	PRELIMS Girls C Platform with Boys C 3m
	<b>Training Break 20mins</b>
8	PRELIMS Girls A 1m with Boys B platform
	<b>Lunch Break and Restricted Training Session 9 1 hour</b>
9	PRELIMS Girls B 3m with Boys A 1m
<b>Finals</b>	<b>Restricted Training FINALS ONLY</b>
10	FINAL Boys C 3m
	FINAL Girls C Platform
	FINAL Girls A 1m
	FINAL Girls B 3m
	FINAL Boys A 1m
	FINAL Boys B Platform



### Saturday 30<sup>th</sup> October

<b>Prelims</b>	
11	PRELIMS Boys C 1m with Girls C 3m
	<b>Lunch Break and Training 45 mins</b>
12	PRELIMS Girls A 3m with Boys A Platform
	<b>Training Break 50mins</b>
13	PRELIMS B Boys 3m with B Girls Platform
<b>Finals</b>	<b>Restricted Training FINALS ONLY</b>
14	FINAL GIRLS C 3m
	FINAL Boys C 1m
	FINAL Boys B 3m
	FINAL Girls B Platform
	FINAL Girls A 3m
	FINAL Boys A Platform

### TECHNICAL MEETING

The technical meeting will take place at **12pm on Wednesday 27th October**. This is likely to be virtual and team leaders and coaches will be contacted prior with details.

### DIVE SHEETS

Divers/Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimize the chance of errors loading the data into the recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets on-line. Please agree with your coach which method you should use. To submit your dive sheets on-line there are two options:

- Either visit: [www.diverecorder.co.uk/onlinesheets](http://www.diverecorder.co.uk/onlinesheets) and follow the instructions, or
- if you have an Android phone or tablet, you can get the ADiveSheets app from this page on the DiveRecorder website: [www.diverecorder.co.uk/dive/android](http://www.diverecorder.co.uk/dive/android)

As soon as you complete either on-line submission method you will see a success/failure message.

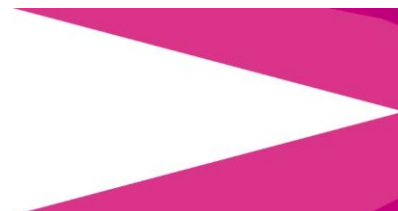
If you experience any problems and need assistance please contact Jackie Laugher at

[jackielaugher@yahoo.com](mailto:jackielaugher@yahoo.com)

**Electronic submissions must be made by no later than Midnight on 26<sup>th</sup> October.** You will be asked to sign hard copies of these sheets at the venue, available from the recorders. If neither you nor your Coach are able to use the above electronic methods, you can submit a hard copy of your lists of dives to the Recorders. **The deadline for manual dive sheets is at the Technical Meeting.**

### DOPING CONTROL

By entering this event, you / your child, consents to report to Doping Control if requested any time during this event. You also agree to abide by the British Swimming & UKAD Anti-Doping Rules. For further information, See Link [Anti-Doping | British Swimming | British Swimming](#)



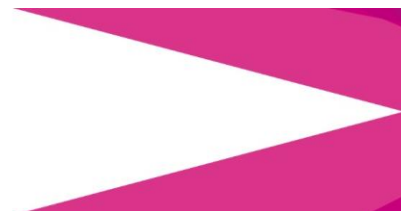
**EVENT CONDITIONS**

Category	Gender	Event	Conditions – Individual Events	No. Of Dives	Entry Standard
<b>Group C (9-13 years)</b>	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	<b>8</b>	<b>230</b>
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	<b>8</b>	<b>250</b>
		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	<b>7</b>	<b>230</b>
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	<b>8</b>	<b>240</b>
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	<b>8</b>	<b>260</b>
		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	<b>7</b>	<b>240</b>
<b>Group B</b>	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	<b>8</b>	<b>260</b>
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	<b>8</b>	<b>280</b>
		Platform	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5 groups to be covered)	<b>7</b>	<b>250</b>
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	<b>9</b>	<b>310</b>
		3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	<b>9</b>	<b>330</b>
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	<b>8</b>	<b>300</b>
<b>Group A</b>	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	<b>9</b>	<b>270</b>
		3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	<b>9</b>	<b>300</b>
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	<b>8</b>	<b>290</b>
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 5 optional dives from 5 groups no limit	<b>10</b>	<b>350</b>
		3m	5 dives from 5 groups max difficulty of 9.5 + 5 optional dives from 5 groups no limit	<b>10</b>	<b>390</b>
		Platform	4 dives from 4 groups max difficulty of 7.6 + 5 optional dives from 5 groups no limit (6 groups to be covered)	<b>9</b>	<b>370</b>

The British Elite Junior Diving Championships event conditions will adhere to FINA Age Group Conditions with the exception of the following Group C events with specific clauses (C1-4):

**GROUP C clauses:**

- (C1) Group C Events – are 13 years and under in the year of competition.
- (C2) Girls Group C – In all events 3 optional dives from 3 groups (prelim and finals).
- (C3) Group C 3m synchronised competitions (boys and girls) 3 required dives and 2 optional dives.



- (C4) C Platform\* Divers aged 11 years and under are allowed to compete on 7.5m from 2017, however it is the responsibility of the coach and diver to ensure the divers physical maturity and strength permit competing from a height of 7.5m.

Category	Gender	Conditions – Synchronised events	No. Of Dives
Group C (9-13 years) 3m synchro	Girls & Boys Events	Shall comprise of five (5) dives; three (3) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and two (2) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least three (3) different groups.	5
Group A + B (14 -19 years) 3m synchro	Girls & Boys Events	Shall comprise of five (5) rounds of dives; two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and three (3) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least four (4) different groups.	5
19 & Under Platform Synchro**	Girls & Boys Events	Shall comprise of five (5) rounds of dives; two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and three (3) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least four (4) different groups. <b>**Divers in group C limited to 7.5m platform</b>	5

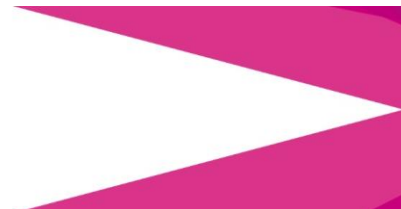
**Platform synchronised competitions (TEST EVENT) – rule clarification:**

- Divers from Group C are only permitted to compete from 5/7.5m\*\* with the same guidance as individual events.

**Format for British Elite Junior Diving Championships:-**

- Age Group A, B and C divers will perform their full list of dives in the preliminary. The top six (6) British divers will proceed to the final. A maximum of six (6) guest divers, but no more than two (2) per team/country, whose scores are equal to or better than the sixth placed British diver will also proceed to the final. If there are less than 6 British divers then a maximum of 6 guest divers, but no more than two per team/country, will progress to the final.
- In the final the divers will perform their optional dives, competing in the reverse order of their preliminary rankings, and the final result will be determined by adding their score from the final to that of the required dives total from the preliminary.
- No dive may be repeated in a list of dives. All dives in the preliminary and final, including that of the carried required dives must be of a different dive (dive number).
- Age Group categories and limits refer to the age of the diver on 31st December in the year of competition
- Minimum age for competitors is 9 years on 31 December in the year of competition
- Synchronised events will be straight finals.





### GB Diving Events – Competition Format/Regulations

(See also, General Conditions)

- *All dives of the same number shall be regarded as the same dive.*
- *Only dives in the FINA diving tables or pursuant with the FINA formula may be executed.*
- *The diver and the diver's representative are responsible for the accuracy of the statement in their list and the statement of dives shall be signed by the diver and the diver's representative.*
- *Medals shall be awarded in all GB Diving Championships and Competitions to the first three placed divers in each competition and where different, to the first three placed British divers (see General Conditions for definitions of British).*
- *Please consider the following clauses carefully when selecting events for your divers.*

### Eligibility

To dive Synchro at any GB event, both members of the pair must be diving at least 1 individual event at that Meet.

\*Qualification Scores are set by a National Technical Panel and reviewed annually. All scores continue to be recommended scores for **2021**, however it is strongly advised that all coaches encourage their divers to achieve their required score at one or more of the events below:

Due to the COVID restrictions in 2020 /2021 we are unable to require minimum qualifying standards achieved at either regional or other competitions. Clubs are requested to assess their members against the standards prior to entry to the championships.

If a diver is not demonstrating the minimum standard of performance, the coach to the diver may be engaged by a member of British Diving Management and the event referee to discuss the most suitable performance level for the diver in the future.

### General Competition Conditions for ASA and BS Diving Competitions

- 1: A diver may compete at Skills Finals and Swim England Diving National Age Group Championships in a given year if they have been a registered competitor for less than 2 years. If a diver is in their 3<sup>rd</sup> season or more of competitive registration they may only complete in one event: Skills finals or Swim England Diving National Age Group Championships.
- 2: Once a competitor has competed at Swim England Diving National Age Group Championships, they are excluded from competing at future Skills finals, except with written approval from the Group when moving into the B+ age group.
- 3: If a competitor has competed at British Elite Junior Diving Championships they are not eligible to compete at the future Swim England Diving National Age Group Championships, except with written approval from the Group when moving up an age group.
- 4: If a competitor has competed at any GB Diving Championships in any event (including synchro), they are not eligible to compete at future Swim England Diving National Age Group Championships.

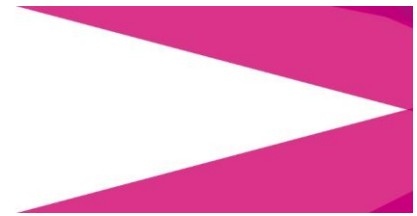
Failure to comply with these conditions will result in disqualification.

### Definitions

***Competing/competed. Divers are considered to be competing or to have competed at a certain level if they entered the contest – even if they did not dive due to injury or illness.***

For example, if a diver was entered for the GB Diving Championships, but did not dive due to injury they cannot compete at the Swim England Diving National Age Group Championships.





## PHOTOGRAPHY POLICY

British Swimming are well aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within a British Swimming setting are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identify of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

Parents and carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way.

British Swimming encourage all spectators and participants at British Swimming events to make themselves familiar with the photography and filming arrangements for the event and be vigilant during that event.

British Swimming is committed to ensuring that all children who participate in British Swimming activities are able to take part in an enjoyable, safe environment and be safeguarded from harm. If you have any child safeguarding concerns at the event, please contact an Event Officer immediately to disclose your concerns.

This event **will be photographed and filmed**. Static images will be displayed on the British Swimming website [www.britishswimming.org](http://www.britishswimming.org). They will be used to promote the sport at this event and events in the future. Moving images may be displayed at the venue and via live stream at [www.britishswimming.org](http://www.britishswimming.org). In addition, British Swimming may use these recordings and images for the purposes of education and training, swimmer analysis, promotion, performance, development and selection and event analysis.

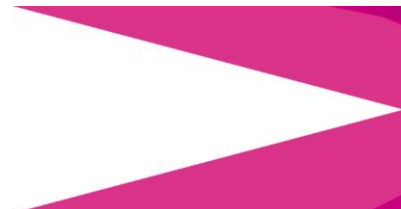
In such instances where the event is being live streamed, it will not be possible to provide the option to refuse consent to filming and if there are any concerns, please speak to the Event Officer present. However if individuals wish to refuse consent to static photography, please complete the Photography Refusal of Consent Form below and return to British Swimming Events Department.

If you, as a Parent/Guardian/Carer, have concerns about your child being photographed/filmed, please refer to the relevant Home Nation guidance document: Wavepower the ASA Child Safeguarding Policy and Procedures; YPlant the Swim Wales Child Protection Policy; Scottish Swimming Child Protection Policy. If you have any concerns in this area, please contact the Data Protection Officer



## BRITISH ELITE JUNIOR DIVING CHAMPIONSHIPS 2021

PLYMOUTH LIFE CENTRE, PLYMOUTH  
27-30 OCTOBER



### COACH/CHAPERONE PASS INFORMATION

All coaches, chaperones and physiotherapists must have a valid photo to gain access to the pool deck. Applications for coach/chaperone passes will be charged at £10 per event. A valid DBS check, coaching and safeguarding qualification is required. **Coach pass applications are now open [here](#).**

Applicants are advised the online Disclosure & Barring Service (DBS formerly CRB) process could take up to 1 month to complete. All applicants must be registered with a home nation affiliated club. All licensed applicants will have to complete a DBS (CRB) application regardless of any previous check carried out through another organisation unless this has been registered with the DBS Update Service [www.gov.uk/dbs-update-service](http://www.gov.uk/dbs-update-service).

If you hold a disclosure that has been registered with the DBS Update Service, and you have not yet given the Swim England written consent to check the status, please submit your original disclosure certificate along with a completed consent form to Sam Massey, Swim England DBS Coordinator. Please email [dbs@swimming.org](mailto:dbs@swimming.org) for a DBS Update Service Consent form.

**Coaches/Chaperones will not be allowed on poolside without a valid accreditation pass.**

### DATA PROTECTION STATEMENT

Swim England/British Swimming will use personal data for the purpose of the applicant's application for a coach/chaperone pass for this event and it is understood that by submitting this form, the applicant understands that we will use your details to administer your application and contact you to respond to any queries we have or queries you may make.

### CHILD PHOTOGRAPHY REFUSAL FORM

Should you prefer your child not to be photographed please complete the refusal of consent and return to the events office prior to the event.

NAME OF DIVER: \_\_\_\_\_

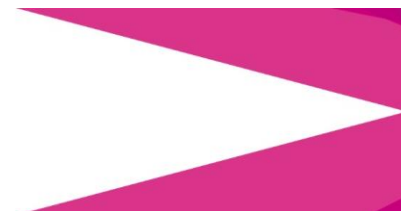
DATE OF BIRTH: \_\_\_\_\_

I refuse permission for the taking and/or publication of images of my child by the Official  
Photographer(s) in respect of the British Elite Junior Diving Championships 2021

SIGNED (PARENT/CARER): \_\_\_\_\_

PRINT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_



## SELECTION CRITERIA TEAM J 2021 / 2022 FIRST PHASE

The 2021/22 Team J Competition Program Until April 2022

Event	Venue	Dates	Athlete Contribution	Selection Event
World Junior Championships	Kiev Ukraine	2 <sup>nd</sup> -9 <sup>th</sup> December 2021		European Juniors / medalist + Olympians (junior).
8 Nations 2022	TBC	March 2022	£300 TBC	By age for 2022 from 2021 Junior Elites*
Dresden YDM 2022	Dresden Germany	April 2022	TBC.	By age for 2022 performances from 2021 Juniors elites + GB Winter Cup Jan/Feb 2022

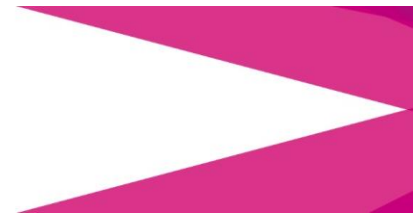
### Athlete Contributions & Self-Funding:

The goal for British Diving is to maximise international competitive exposure and experience to divers of the caliber to impact in our future performance teams. Experience is essential; however, it comes at a cost. The World Class Programme provides a significant funding resource to our tiered team structure - A, B and J. However, as the depth of our teams has increased, the number of events at major tournaments increased and with it the size of our teams the financial demands have grown exponentially.

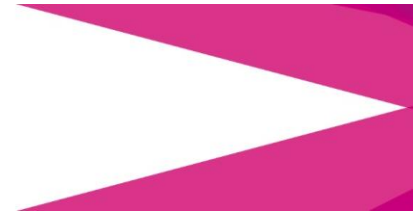
Through the period of a season we aim to give opportunities to divers in our international teams to prepare for the season 'major'. This can only take place with contributions from divers, themselves. British Diving recognizes that for some the levy from self-funding may be significant and difficulties may arise from sourcing funds. On a case by case basis head coaches of clubs and parents are requested to make direct representation with the Talent and Development Manager for Diving.

### TEAM J Selection Standards 2021 WJC

Category	Event	Performance Standard GB Champs	2021 Prelim Performance Standard	2021 Final Performance Standard
Girls Group B	1m	Rank + Score Equivalent	310.00	325.00
Girls Group B	3m	Rank + Score Equivalent	340.00	360.00
Girls Group B	Platform	Rank + Score Equivalent	320.00	335.00



Girls Group A	1m	Rank + Score Equivalent	370.00	385.00
Girls Group A	3m	Rank + Score Equivalent	405.00	425.00
Girls Group A	Platform	Rank + Score Equivalent	366.00	390.00
Girls 14 -18	3m Synchro	265.00		265.00
Girls 14 -18	Platform Synchro	270.00		270.00
Boys Group B	1m	Rank + Score Equivalent	365.00	390.00
Boys Group B	3m	Rank + Score Equivalent	405.00	435.00
Boys Group B	Platform	Rank + Score Equivalent	390.00	410.00
Boys Group A	1m	Rank + Score Equivalent	460.00	480.00
Boys Group A	3m	Rank + Score Equivalent	500.00	525.00
Boys Group A	Platform	Rank + Score Equivalent	490.00	525.00
Boys 14-18	3m Synchro	290*		290.00
Boys 14-18	Platform Synchro	310*		310.00



**World Junior Championships – Kiev Ukraine 2<sup>nd</sup> - 9<sup>th</sup> December 2021**  
**Travel 28<sup>th</sup> November -10<sup>th</sup> December**

Team Size 16 divers 5 coaches TL, TM, Physio & Judge

Age group categories – Divers aged Group B 15/16 years and Group A divers aged 17/18/19 years in 2021

1. Any diver whom by age is Team J in 2020\* who is selected for the Tokyo Olympics will be selected to WJC Team. The specific event will be confirmed following consultation with the Performance Director.

*Preselected Girls A Platform – Andrea Spendolini-Sirieix*  
*Girls Platform Synchro – Eden Cheng & Andrea Spendolini-Sirieix*

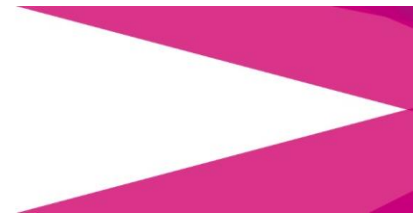
2. Individual medal winners from European Junior Championships\* who are eligible by age for FINA WJC 2020.

*Preselected- Girls A 1m – Amy Rollinson*  
*Girls B 1m & 3m – Tilly Brown*  
*Boys B 3m – Leon Baker*  
*Boys B Platform – Euan McCabe*  
*Boys A 1m – Tyler Humphreys*

3. The remaining team spots will be filled by ranking order against the performance standards. Divers are required to have placed 1<sup>st</sup> or 2<sup>nd</sup> in the final of the British Diving Elite Junior Championships 2021. Divers are required to have achieved the prelim + final performance standards.

4. Additional individual team places up to the team quota size of 16 divers will be filled by the discretion of the Talent & Development Manager.

5. Synchronized teams and team event at the discretion of the Talent and Development Manager.  
*Pre-selected Girls Platform Synchro – Eden Cheng & Andrea Spendolini-Sirieix*



### 8 Nations March 2022 TBC

**Team Size 8 Divers 4 male (2A 2B) 4 female (2A 2B).**

1. Group A Divers - Rank 1 & 2 GB Winter Cup (combined 1m and 3m springboard events) highest score from either prelim or final.
2. Group B Diver – Rank 1 & 2 from GB Winter Cup 2022 (Combined 1m and 3m springboard events) highest score from either prelim or final.

Spots not filled following GB Cup 2022 will be filled using the performance tracking charts and percentage ranking against standards with minimum degree of difficulty.

3. Synchro Spots - these will be made up from individual team members. Please note for consideration divers must have hurdle steps and back press technique which follows British Diving Single System

4. *2 Coaches + 2 -3 Staff including TM & Judge*

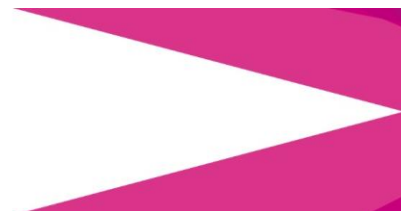
**Funding - Each diver will be required to make a £500.00 TBC. Funding contribution for the team towards accommodation**

### Dresden 20-27 April 2020

**Team Size – All diving spots in 2020 are self -funded approx. £700.00 Up to 14 divers based upon achieving ranking standard and hitting Dive Progression Charts Standard at GB Cup. Where places are available additional spots may be filled based upon CAMO, Scottish Nationals and 8 Nations performances.**

**COST (approx. £700.00)**

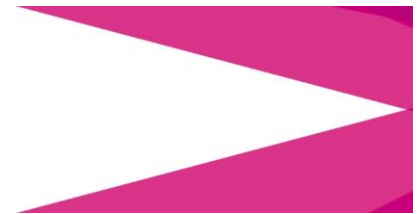
1. Top 7 x Ranked Male & Female divers from GB Cup - Ranked against Progression Charts (tables) for individual events 3m and platform for event and age. **Ranking given as percentage.**
2. Where spots remain consideration will be given to performances from WJC 2021.
3. Coaches – British Diving will fund 3 coaches. Additional coaches can apply to attend the event on a self-funding basis. Cost tbc £700.00



**Progression Table - Women's 3m Springboard**

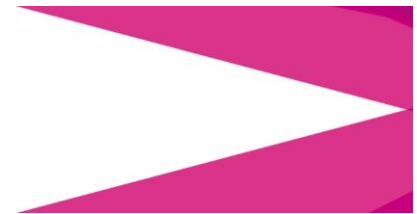
	Basic Competitive List (5)	DD	Desirable Competitive List (5)	DD	Skills in Development	Desirable Scoring Season Best	Desirable Scoring Required Dives	Major Meet of Season Target	
						X5 dives / 5	5/5 9.5dd	<b>World Jnr Medal</b>	
Team J (A3)	107c, 205c, 305c, 405b, 5152b or 5335d	14.4 - 14.5	107b, 205b, 305b, 405b, 5152b or 5335d	15.0 - 15.1	205b, 305b, 107b	<b>270+</b>	<b>205</b>	450+ (9 Dives)	205 + 61.25 per optional dive DD 21.3 -21.6
								<b>European Jnr Medal</b>	
Team J (A2)	105b, 205c, 305c, 405c, 5152b or 5335d	13.7- 13.8	107c, 205b, 305b, 405b, 5152b or 5335d	14.8 - 14.9	205b, 305b, 405b, 5152b	<b>270+</b>	<b>200</b>	430+ (9 Dives)	195 + 58.75 per optional dive
								<b>European Jnr Top 6</b>	
Team J (A1)	105b, 205c, 305c, 405c, 5152b or 5235d or 5335d	13.5 - 13.7	105b, 205b, 305b, 405b, 5152b or 5335d	14.3 -14.4	107c/b, 205b, 305b	<b>260+</b>	<b>195</b>	410+ (9 Dives)	195 + 53.75 per optional dive
								<b>European Jnr Medal World Jnr Top 6</b>	
Team Y (B2)	105b, 205c, 305c, 405c, or 5235d or 5333d	13.2 - 13.5	105b, 205c, 305c, 405c, 5235d or 5152b	13.5 - 13.7	107c, 405b	<b>245+</b>	<b>195</b>	360+ (8 Dives)	195 + 55 per optional dive
								<b>European Top 6</b>	
Team Y (B1)	105b, 205c, 305c, 405c, or 5233d or 5333d or 5134d	13.1 - 13.2	105b, 205c, 305c, 405c, 5333d or 5134d	13.2	107c, 5235d	<b>235+</b>	<b>190</b>	340+ (8 Dives)	190 + 50 per optional dive
								<b>Team Y Bench Mark for progression</b>	
Team Y (C2)	105b, 205c, 303b, 405c, or 5233d or 5134d	12.6 - 12.7	105b, 205c, 305c, 405c, 5233d or 5134d	13.1 - 13.2	205c, 305c,	<b>220+</b>	<b>190</b>	315+ (8 Dives)	190 + 43.3 per optional.
								<b>Team Y Bench Mark for progression</b>	
Team Y (C1)	105b, 203b, 303b, 405c, 5132d, 5233d	14.1	105b, 205c, 305c, 405c, 5233d, 5134d	15.6	405c, 5233d	<b>200+</b>	<b>180</b>	<i>Pass at Y Assessment Camp = required test + entry test + skill chains</i>	
								<b>Team Z Bench Mark for progression</b>	
Team Z (D3)	105c, 203b, 303, 403b, 5132d, 5231d	10.5	105b, 203b, 303b, 403b, 5132d, 5233d	11.1 - 11.4	203 c/b 303c/b 5233d 105b	<b>180+</b>	<b>171</b>	Development of skills for Junior Elites target score 300 (8 dives) & Team Y Assessment	
								<b>Team Z Bench Mark for progression</b>	
Team Z (D2)	105c, 203c, 303c, 403b, 5132d	10.3	105c, 203c/b, 303c/b, 403b, 5132d	10.3+	203 c/b 303c/b 5233d 105b	<b>170+</b>	<b>165</b>	Selection to Team Z Talent Games = Gym Test (120) + Pool (80) = 200 min standard	





**Progression Table - Women's Platform**

	Basic Competitive List (5)	DD	Desirable Competitive List (5)	DD	Skills in Development	Desirable Scoring Season Best	Desirable Scoring Required Dives	Major Meet of Season Target	
	<i>All dives 10m unless stated</i>					X5 dives / 5	4/4 7.6dd	<b>World Jnr Medal</b>	
Team J (A3)	107b, 405b, 5152b, 205b, 305c	14.3	107b, 405b or 407c, 5253b, 305c, 6243d or 205b or	14.6 - 15.3	6243d, 407c, 5253b, 207c	<b>275+</b>	<b>170+</b>	435+ (8 Dives)	170 + 66.25 per optional dive. DD 18.9 - 19.3
								<b>European Jnr Medal</b>	
Team J (A2)	107b, 405b, 5152b, 205b, 305c	14.3	107b, 405b or 407c, 5253b, 305c, 6243d or 205b or	14.6 - 15.3	62453d, 407c, 5253b	<b>265+</b>	<b>170+</b>	395+ (8 Dives)	170 + 56.25 per optional dive
								<b>European Jnr Top 6</b>	
Team J (A1)	107b, 405b, 5152b, 205c (7.5m), 305c,	14.3	107b, 405b or 407c, 5253b or 5152b 305c, 205b	14.6 - 15.3	62453d, 407c, 5253b	<b>250+</b>	<b>170+</b>	370+ (8 Dives)	170+ 50 per optional dive
								<b>European Jnr Medal World Jnr Top 6</b>	
Team Y (B2)	5152b, 405c (7.5m) or 405b, 107c or 107b, 205c 7.5m 305c or 624c 7.5m	13.8 - 14.3	107b, 405b or 407c, 5253b or 5152b 305c, 205b	14.6 - 15.3	107b, 5253b, 405b, 407c, 205b	<b>240+</b>	<b>170+</b>	340+ (7 Dives)	170+ 57 per optional dive
								<b>European Top 6</b>	
Team Y (B1)	5233d (5m), 405c (7.5m), 205c (7.5m), 107c (7.5m) 305c	13.5	405b, 5152b or 5253b, 107b, 305c, 205c 7.5m	14.3+	6241d & 6243d	<b>235+</b>	<b>165+</b>	320+ (7 Dives)	165+ 52 per optional dive
								<b>Team Y Bench Mark for progression</b>	
Team Y (C2)	105b (5m) 405c (7.5m) 205c (7.5m) 5233d 5m, 612b or 624c (7.5m)	12.4 - 13.0	105b (5m) 405c (7.5m) 205c (7.5m) 5233d 5m 624c (7.5m)	13.0	Entries x10 x 10m max per week	<b>225+</b>	<b>155+</b>	275+ (7 Dives)	155+ 40 per optional dive
								<b>Team Y Bench Mark for progression</b>	
Team Y (C1)	105b (7.5m) 405c (7.5m) 203b (5m) 5132d 5m, 612b or 303c 5m	11.4 - 11.7	105b (5m) 405c (7.5m) 205c (7.5m) 5233d 5m 624c (7.5m)	13.0	405c & 205c 7.5m	<b>215+</b>	<b>155+</b>	<i>Pass at Y Assessment Camp = required test + entry test + skill chains</i>	
								<b>Team Z Bench Mark for progression</b>	
Team Z (D3)	105c (5m) 403b (5m) 203c (5m) 303c (5m) 5132d (5m)	10.9	105c (5m) 403b (5m) 203b (5m) 303c (5m) 5132d (5m)	11.1	Entries 7.5m x max 10 per week	<b>200+</b>	<b>155+</b>	Development of skills for Junior Elites target score 250 (7 dives) & Team Y Assessment	
								<b>Team Z Bench Mark for progression</b>	
Team Z (D2)	105c (5m) 403b (5m) 203c (5m) 303c (5m) 5132d (5m)	10.9	105c (5m) 403b (5m) 203b (5m) 303c (5m) 5132d (5m)	11.1	203b, 105b (5m)	<b>200+</b>	<b>150+</b>	Selection to Team Z Talent Games = Gym Test (120) + Pool (80) = 200 min standard	



**Progression Table - Mens Platform**

	Basic Competitive List (6)	DD	Desirable Competitive List (6)	DD	Skills in Development	Desirable Scoring Season Best	Desirable Scoring Required Dives	Major Meet of Season Target	
						X6 dives / 6	4/4 7.6dd	<b>World Top 12</b>	
Team J (A3)	107b, 207c, 307c, 407c, 5253b or 5237d, 626c or 6243d	19.4	109c, 207c, 307c, 407c, 5255b, 626c or 6245d	20.5-2 0.8	5255b, 626b, 6245d, 109c	<b>438+</b>	<b>180+</b>	545 - 590 (9 Dives)	180+ 73 - 82 per optional dive DD 24.0 -24.7
								<b>European Jnr Medal</b>	
Team J (A2)	107b, 207c, 307c, 407c, 5253b or 5237d, 626c or 6243d	19.4	109c, 207c, 307c, 407c, 5255b, 626c or 6245d	20.5-2 0.8	5255b, 626b, 6245d, 109c	<b>410+</b>	<b>175+</b>	530+ (9 Dives)	175+ 71 per optional dive
								<b>European Jnr Top 6</b>	
Team J (A1)	107b, 207c, 305c, 407c, 5253b, 626c or 6243d	19.4	107b, 207c, 307c, 407c, 5253b or 5237d, 626c or 6243d	20.5-2 0.8	5255b, 626b, 6245d, 109c	<b>360+</b>	<b>175+</b>	475+ (Dives)	175+ 60 per optional dive
								<b>European Jnr Medal World Jnr Top 6</b>	
Team Y (B2)	107b, 407c, 5253b, 6243d, 305c, 205b	18.3	107b, 407c, 5253b, 6243d, 305c, 207c	18.6	207c, 6243d, 626c	<b>340+</b>	<b>175+</b>	430+ (8 Dives)	175+ 63.75 per optional dive
								<b>European Top 6</b>	
Team Y (B1)	107b, 405b, 205c (7.5m), 305c, 5235d (7.5m) 624c (7.5m)	16.5	107b, 405b, 205b, 305c, 5253b, 626c	17.9	626c, 407c, 5253b, 6243d	<b>320+</b>	<b>170+</b>	400+ (Dives)	170+ 57.50 per optional dive
								<b>Team Y Bench Mark for progression</b>	
Team Y (C2)	107c (7.5m) 405c (7.5m) 205c (7.5m) 303c (5m) 624c (5m) 5233d (5m)	15.3	107c (7m) 405c (7m) 205c (7m) 305c (7m) 624c (7m) 5235d (7m)	16.3	305c, 405b, 105/7b - Introduction to contacts 10m 2x 5 per week	<b>300+</b>	<b>160+</b>	300+ (7 Dives)	160 + 47 per dive
								<b>Team Y Bench Mark for progression</b>	
Team Y (C1)	105b (5m) 405c (7.5m) 205c (7.5m) 303c (5m) 5233d (7.5m) 612b (7.5m)	14.4	105b (7.5m) 405c (7.5m) 205c (7.5m) 303c (5m) 624c (5m) 5233d (5m)	15.0	305c, 405b, 105/7b	<b>300+</b>	<b>160+</b>	<i>Pass at Y Assessment Camp = required test + entry test + skill chains</i>	
								<b>Team Z Bench Mark for progression</b>	
Team Z (D3)	105b (5m) 403b (5m) 203b (5m) 303c (5m) 5132d (5m) 612b (5m)	13.2	105b (5m) 403b (5m) 203b (5m) 303c (5m) 5132d (5m) 612b (5m)	13.2	405c (7.5m) 626c (7.5m) 5233d (7.5m) Introduction to contacts 7.5m 2x 5 per week	<b>255+</b>	<b>150+</b>	Development of skills for Junior Elites target score 265 (7 dives) & Team Y Assessment	
								<b>Team Z Bench Mark for progression</b>	
Team Z (D2)	105c (5m) 403b (5m) 203c (5m) 303c (5m) 5132d (5m) 612b (5m)	12.9	105b (5m) 403b (5m) 203b (5m) 303c (5m) 5132d (5m) 612b (5m)	13.2	<b>Focus - entry quality and consistency</b>	<b>240+</b>	<b>145+</b>	Selection to Team Z Talent Games = Gym Test (120) + Pool (80) = 200 min standard	