

BRITISH ELITE JUNIOR DIVING CHAMPIONSHIPS 2023

13-16 APRIL

PLYMOUTH LIFE CENTRE, PLYMOUTH



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Host Venue



WELCOME

KAREN WEBB MOSS
BRITISH SWIMMING CHAIR



Warm greetings from us all at British Swimming.

We are delighted to welcome you to the Plymouth Life Centre in Devon for what is set up to be one of the

most exciting and keenly contested junior championships for some time. Once again, the British Elite Junior Diving Championships will host the best of the country's up and coming talent across 1m, 3m and Platform events. Not only does this provide a platform for our athletes to dive towards their 2023 targets, but it also serves as a key selection meet for the European Junior Championships this Summer.

In addition, this event provides valuable competition opportunity to test our young athletes' months of training aiding their transition into becoming established senior medallists.

We have all been privileged to see the diving competition increasing in quality and it is great to see the depth of talent emerging across the programme right now.

So, with 114 competing athletes across 11 events, we are in for a real treat and I and all of us at British Swimming wish you all the very best – relish the challenge of the competition and know that we are right behind you and will be cheering you on.

Our thanks to our hosts, to the workforce and volunteers and to the outstanding support of Plymouth City Council, The National Lottery, Lottery players, UK Sport, Speedo, Lebara, SOS and Healthspan.

Thank you.



COUNCILLOR PAT PATEL
CABINET MEMBER FOR CUSTOMER SERVICES, CULTURE, LEISURE AND SPORT

Welcome to Plymouth and the Elite Junior Diving Championships 2023. We are delighted this fantastic event has returned to Britain's Ocean City.

If this is your first visit to Plymouth I hope you'll have some time to explore our beautiful waterfront and take in popular destinations such as the award-winning Box – our incredible Museum and Art Gallery, the Royal William Yard, the Hoe, the Barbican, Sutton Harbour and the National Marine Aquarium.

Over the four-day event, we will witness the rising stars of British diving as they progress towards Paris 2024. We hope they can take inspiration from Plymouth divers Tom Daley,

Tonia Couch and Sarah Barrow who have been extremely successful nationally and internationally and been great ambassadors for the city and the sport.

Plymouth Active Leisure who operate the site, look forward to continuing our work with British Swimming and other partners to grow and promote diving locally and nationally.

We hope all the competitors, coaches, families and spectators enjoy our hospitality and our city. We wish all the divers success in their events and look forward to witnessing extraordinary displays of talent and ability.

RHYS JONES
CHIEF OPERATING OFFICER
OF PLYMOUTH ACTIVE

Plymouth Active Leisure offers a warm welcome to the Life Centre to all the competing divers and others attending this prestigious national event.

As a new organisation aiming to support the health and wellbeing for all of the communities of Plymouth, we are very honoured and committed to continue the legacy of hosting

top class diving events and providing opportunities for all to experience this fantastic sport from grassroots level up.

Have a great week in the city.

ACKNOWLEDGEMENTS

ON BEHALF OF BRITISH SWIMMING

British Swimming Chair: Karen Webb Moss
British Swimming Interim
Chief Executive Officer: Ash Cox
Director of Events, Marketing
and Communications: Claire Davenport

Head of Events: Coral Pitcher / Vicky Roberts
Senior Events and Partnerships Officer:
Abbie Roberts
Events and Partnerships Officer:
Issy Griffiths

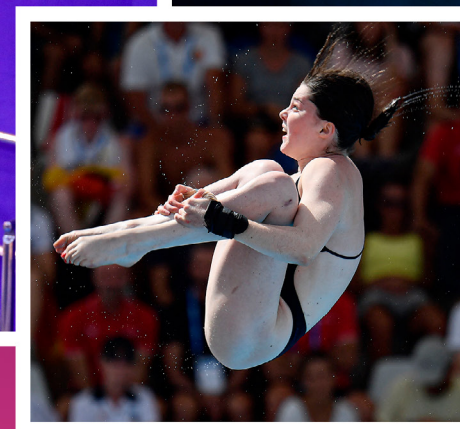
MEET MANAGEMENT TEAM

Meet Director: Gail Harrison
IT Manager: Andy Hewat
Announcers: Jill Robinson, David Bower
Chief Recorder: Jackie Laughler
Recorder: Lisa Crompton
Front of House Manager: Jan Gittings
Sports Presentation Manager: Collette Calvert
Field of Play Manager: Jayne Glynn
Field of Play Team, Medal and Flag Bearers:
Laura Burrows, Anna McCabe, Rose McCabe,
Evie McCabe, Tomo Griffiths-Baker,
Kelly Colbourne, Emma Waines,
Bridget Heath, Erin Healy, Melanie Sweetman

Livestream Operator: Josh Devine
Chief Referee: Susie Bamber
Assistant Referee: Vicki Tomlinson
Judges: Malcolm Green, Carlos Ferra,
Roger Page, Hugo Ordonez, Sally Freeman,
Fito Gutierrez, Robbie Hutchison,
Jim McNally, James Hadley, Ian Rollinson,
Emily Saunders, Aaron Paul, Tony Ally,
Kaila Freeman, Alice Clarke, Nigel Mills,
Shan Veasey

Thank you to all our British Diving and Plymouth Diving volunteers for their dedicated support in the lead up and during the **British Elite Junior Diving Championships 2023**. Without them events like this would not be possible.

If you would like to learn more about volunteering opportunities; please visit our volunteer hub at www.britishswimming.org and complete the online form, we would love to hear from you!



REGISTER

AT OFFTHEBOARDS.INFO

FIND RESOURCES TAILORED FOR COACHES, PRACTITIONERS, SUPPORT STAFF, DIVERS AND PARENTS INVOLVED WITH HOME NATION AND WORLD CLASS PROGRAMME PATHWAYS.



SPECTATOR INFORMATION

Welcome to Plymouth Life Centre

Get started at Plymouth Life Centre, Plymouth's premier fitness and swimming facility and one of the country's leading sporting venues. As well as housing one of the top purpose built indoor climbing walls in the country and a versatile 12 court sports hall, Plymouth Life Centre features one of the city's largest fitness centres. The aquatic facilities are also second-to-none with an Olympic-size swimming pool, a toddler pool with waterslides and one of the country's leading diving pools.

FACILITY OPENING HOURS

Facility opening hours

Monday to Friday 06:00 - 22:00

Saturday and Sunday 07:00 - 22:00

CAFÉ OPENING HOURS

For a wide range of delicious snacks, healthy meals and hot and cold drinks, the café is open from 08:00 – 18:00.

CAR PARKING

Free of charge, please note the car park can get very busy during peak times.

LOST AND FOUND

If you lose something during your visit to the British Elite Junior Diving Championships, please head to the Front Desk where a member of staff will let you know if your item has been handed in. For any items lost on poolside, found items will be stored in the poolside office with the Recorders.

TICKETS AND MERCHANDISE

A range of British Diving merchandise is available to purchase at the Front Desk with prices starting from £3.00 and offers available each day.

Any remaining tickets will also be available at the Front Desk.

Please note tickets and merchandise can only be purchased using card as all British Diving events are now cashless.

To find out more information visit:

plymouthactive.co.uk/centres/plymouth-life-centre/



SCHEDULE

*Please note that times are subject to change.

DAY 1 THURSDAY 13 APRIL

SESSION 1 – 09.55
PRELIM Boy's B 3m
PRELIM Boy's A 1m
PRELIM Girl's B 3m
PRELIM Girl's A Platform
PRELIM Girl's & Boy's C 3m

SESSION 2 – 17.15
FINAL Boy's B 3m
FINAL Boy's A 1m
Presentations
FINAL Girl's B 3m
FINAL Girl's A Platform
FINAL Boy's C 3m
FINAL Girl's C 3m
Presentations

DAY 2 FRIDAY 14 APRIL

SESSION 3 – 09.45
PRELIM Girl's & Boy's C 1m
PRELIM Girl's A 1m
PRELIM Boy's A 3m
FINAL Girl's & Boy's 14-18 Platform Synchro
Presentations

SESSION 4 – 16.30
FINAL Boy's C 1m
FINAL Girl's C 1m
Presentations
FINAL Boy's A 3m
FINAL Girl's A 1m
Presentations

DAY 3 SATURDAY 15 APRIL

SESSION 5 – 10.00
PRELIM Girl's & Boy's C Platform
PRELIM Boy's B 1m
PRELIM Girl's B Platform

SESSION 6 – 14.25
FINAL Boy's C Platform
FINAL Girl's C Platform
Presentations
FINAL Boy's B 1m
FINAL Girl's B Platform
Presentations
FINAL Girl's 14-18 3m Synchro
FINAL Boy's 14-18 3m Synchro
Presentations

DAY 4 SUNDAY 16 APRIL

SESSION 7 – 09.30
PRELIM Boy's B Platform
PRELIM Girl's B 1m
PRELIM Girl's A 3m
PRELIM Boys A Platform

SESSION 8 – 14.20
FINAL Boy's B Platform
FINAL Girl's B 1m
Presentations
FINAL Girl's A 3m
FINAL Boy's A Platform
Presentations

2023 EVENT KEY FACTS



78
MEDALS
AWARDED

4 COMPETITION
DAYS

318
ENTRIES



37
VOLUNTEERS

117
DIVERS

18
SYNCHRO
PAIRS



22 EVENTS

CONDITIONS

CATEGORY	GENDER	EVENT	CONDITIONS - INDIVIDUAL EVENTS	NO. OF DIVES	ENTRY STANDARD
Group C (9-13 years)	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	230
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	250
		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	7	230
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	240
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	260
		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	7	240
Group B (14-15 years)	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	260
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	280
		Platform	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5 groups to be covered)	7	250

*Continued over
next page...*

CATEGORY	GENDER	EVENT	CONDITIONS - INDIVIDUAL EVENTS	NO. OF DIVES	ENTRY STANDARD
<i>Continued...</i>	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	9	310
		3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	9	330
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	8	300
Group B (14-15 years)	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	9	270
		3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	9	300
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	8	290
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 5 optional dives from 5 groups no limit	10	350
		3m	5 dives from 5 groups max difficulty of 9.5 + 5 optional dives from 5 groups no limit	10	390
		Platform	4 dives from 4 groups max difficulty of 7.6 + 5 optional dives from 5 groups no limit (6 groups to be covered)	9	370
Group A (16-18 years)	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	9	270
		3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	9	300
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	8	290

CONDITIONS

The British Elite Junior Diving Championships event conditions will adhere to FINA Age Group Conditions with the exception of the following Group C events with specific clauses (C1-4):

GROUP C clauses:

- (C1)** Group C Events – are 13 years and under in the year of competition.
- (C2)** Girls Group C – In all events 3 optional dives from 3 groups (prelim and finals).

(C3) Group C 3m synchronised competitions (boys and girls) 3 required dives and 2 optional dives.

(C4) C Platform* Divers aged 11 years and under are allowed to compete on 7.5m from 2017, however it is the responsibility of the coach and diver to ensure the divers physical maturity and strength permit competing from a height of 7.5m.

CATEGORY	GENDER	CONDITIONS - SYNCHRONISED EVENTS	NO. OF DIVES
Group C (9-13 years) 3m synchro	Girls and Boys Events	Shall comprise of five (5) dives; three (3) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and two (2) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least three (3) different groups.	5
Group A + B (14 -18 years) 3m synchro	Girls and Boys Events	Shall comprise of five (5) rounds of dives; two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and three (3) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least four (4) different groups.	5
14-18 years Platform Synchro	Girls and Boys Events	Shall comprise of five (5) rounds of dives; two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and three (3) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least four (4) different groups.	5

Format for British Elite Junior Diving Championships:-

- Age Group A, B and C divers will perform their full list of dives in the preliminary. The top six (6) British divers will proceed to the final. A maximum of six (6) guest divers, but no more than two (2) per team/country, whose scores are equal to or better than the sixth placed British diver will also proceed to the final. If there are less than 6 British divers then a maximum of 6 guest divers, but no more than two per team/country, will progress to the final.
- In the final the divers will perform their optional dives, competing in the reverse order of their preliminary rankings, and the final result will be determined by adding their score from the final to that of the required dives total from the preliminary.

- No dive may be repeated in a list of dives. All dives in the preliminary and final, including that of the carried required dives must be of a different dive (dive number).
- Age Group categories and limits refer to the age of the diver on 31st December in the year of competition
- Minimum age for competitors is 9 years on 31 December in the year of competition
- Synchronised events will be straight finals.

Eligibility

To dive Synchro at any GB event, both members of the pair must be diving at least 1 individual event at that Meet.

*Qualification Scores are set by a National Technical Panel and reviewed annually. All scores continue to be recommended scores for **2023**, however it is strongly advised that all coaches encourage their divers to achieve their required score at one or more of the events below:

If a diver is not demonstrating the minimum standard of performance, the coach to the diver may be engaged by a member of British Diving Management and the event referee to discuss the most suitable performance level for the diver in the future.

GB Diving Events – Competition Format/Regulations

(See also, General Conditions)

- All dives of the same number shall be regarded as the same dive.
- Only dives in the FINA diving tables or pursuant with the FINA formula may be executed.
- The diver and the diver's representative are responsible for the accuracy of the statement in their list and the statement of dives shall be signed by the diver and the diver's representative.
- Medals shall be awarded in all GB Diving Championships and Competitions to the first three placed divers in each competition and where different, to the first three placed British divers (see General Conditions for definitions of British).
- Please consider the following clauses carefully when selecting events for your divers.

CONDITIONS

General Competition Conditions for ASA and BS Diving Competitions

- 1) A diver may compete at Skills Finals and Swim England Diving National Age Group Championships in a given year if they have been a registered competitor for less than 2 years. If a diver is in their 3rd season or more of competitive registration they may only complete in one event: Skills finals or Swim England Diving National Age Group Championships.
- 2) Once a competitor has competed at Swim England Diving National Age Group Championships, they are excluded from competing at future Skills finals, except with written approval from the Group when moving into the B+ age group.
- 3) If a competitor has competed at British Elite Junior Diving Championships they are not eligible to compete at the future Swim England Diving National Age Group Championships, except with written approval from the Group when moving up an age group.
- 4) If a competitor has competed at any GB Diving Championships in any event (including synchro), they are not eligible to compete at future Swim England Diving National Age Group Championships.
Failure to comply with these conditions will result in disqualification.

Definitions

Competing/competed. Divers are considered to be competing or to have competed at a certain level if they entered the contest – even if they did not dive due to injury or illness.

For example, if a diver was entered for the GB Diving Championships, but did not dive due to injury they cannot compete at the Swim England Diving National Age Group Championships.

International Entries

International Federation Team and International Club Team entries are welcome to the three GB National Diving Events (GB Championships, GB Elite Juniors, GB National Cup)

- GB Teams have unlimited number of entries, but they must have achieved the recommend qualification standard in the preceding 12 months.
- Finals may consist of 12 divers.
- A minimum of 6 British Divers ranked as British Divers regardless of placing will progress to the final.
- The remaining places will be filled with either British or International divers. International divers up to 6 divers may qualify for the final, but must place in the top 12 in the preliminary round.
- If more than 6 non British Divers place in the top 12 in the preliminary round, only the top 6 will progress to the final.



PLYMOUTH ACTIVE

Plymouth Active Leisure offers a warm welcome to the Life Centre to all the competing divers and others attending this prestigious national event.

As a new organisation aiming to support the health and wellbeing for all of the communities of Plymouth, we are very honoured and committed to continue the legacy of hosting top class Diving events and providing opportunities for all to experience this fantastic sport from grassroots level up.

Rhys Jones
Chief Operating Officer
Plymouth Active Leisure

LEE EYES PRODUCTIVE ELITE JUNIORS AHEAD OF SENIOR TRANSITION

Whilst the British Elite Junior Diving Championships is the premier competition for junior divers to showcase their talents on a domestic level, there's also the occasional instance where an athlete bursts onto the senior stage with some eye-catching performances.

This can be said of Southampton Diving Academy's Robbie Lee, as he took open bronze at the British National Diving Cup back in February.

This wasn't the only recent success for the 18 year-old, though, as the 2005-born athlete also took two bronze medals on the global stage at the World Junior Diving Championships in Canada last December.

Competing in what will be his final Elite Juniors, Lee spoke to British Swimming about his career so far, and where he sees himself heading in the future.

Following his Diving Cup bronze in Edinburgh, he looked back on the competition, and hinted at some events he has lined up.

"It was nice to start off the season with a bronze. That was really nice. I've obviously got Elite Juniors, so I'm preparing for that - working really hard and then potentially I've got a senior competition very soon after, so it's definitely hectic. I've got to train two sets of dives because it's a senior list and a junior list, but I'm just working hard trying to get everything up and running and looking good for that."

With diving being one of the sports with fundamental and operational differences between junior and senior level, Lee explains these and highlights the freedom this gives him to choose more dives as part of his senior list.

"So junior diving's split into age categories, but then also your first four dives on platform are required dives with a capped degree of difficulty, so it's a nice warm up to get into the swing of things. Then after that you go into the optionals with your harder dives.

"I've recently put in a Front 4 1/2 Somersaults into my list which has been going very well to be honest, I haven't had that many tries, but that's a new dive for me that I haven't competed yet, so I'm hopefully going to try it out at Elites and also for the rest of the season, so I'm looking forward to how that's going to look throughout the season."

In addition to his success at world level, Lee also won medals at the European Junior Diving Championships, as well as an array of success at British level. He reflected on these, with a look towards subsequent competitions.

"2022 was really successful, it was nice to compete a lot - I've never competed as much as I had last year, so it was good to always have a competition to prepare for.

"I can also say that I learned something from every competition, So if it went well, I'd learn something that I can use for the next one, however if it didn't go so well, it's just a learning process. I've definitely been able to identify

areas of improvement throughout 2022 which have helped me, obviously as a senior and then throughout this season as well."

Lee's recent success will see him go into the competition as one of the front-runners for the medals. Despite the recent success at major meets, he looks forward to Elite Juniors and the challenge it presents.

"I've got a lot of pressure because I've got an expectation that I dive well, so I'm thinking of it in that way, but I also still have to think of it as a very important competition, because there's other junior meets that I want to qualify for that I need to get a score at Elites to compete in. So I'm quite focused and I'm just seeing it like every other competition; it's not really any different in my head so I think that means I can still dive as well as I possibly can."

"It's definitely been busy in training, since I'm training my junior list and then I have to train a few extra dives on my senior list, but then when I train synchro I have to use different dives as well; it definitely requires a lot of preparation and planning. There's lots of different variables to juggle, but it's definitely going well - there's a lot to do, but I think I'm getting it all done so it's also quite exciting."

Lee shared some final thoughts on his preparations for the event, as well the improvements he has made as he steps into his final year as a junior.

"For me, it's just baby steps. I just take one foot in the right direction and just keep on doing that. I'm more of a person who thinks in the moment than way out in the future, so I'm just making sure every session I'm doing something right that will benefit me and then time will tell what happens after that.

"My power has definitely improved - I feel like dives are a lot easier for me now. I've been able to put the Front 4 1/2 in, which is now my hardest dive, I've put reverse 3 1/2 back in recently

because I had a bit of trouble with that before, but it's been going good now. I'd say flexibility has improved as well. It's definitely still got a lot to improve on, but it's getting there. I could definitely see an improvement from last year when I look at the videos.

"I still need to polish the overall form of my dives - to take them from an eight or an eight and a half to a ten. So it's just a case of the finer details such as toe pointing, and leg line flexibility. Injury prevention is also a big one, I just need to make sure that I'm not getting injured because that is something that I am definitely prone to doing, so it's just a case of staying on top of my 'prehab' amongst other things.

"It's nice to be leaving the juniors. Obviously it's a bit scary as well, because I don't know how I'm going to fit into that senior category, but I'm looking forward to it."



Robbie Lee

PRE-SHOW PUZZLES

CAN YOU 'WIKI' IT OUT?

Looking at the below, can you identify the names of the two divers to which these Wikipedia medal records extracts belong?

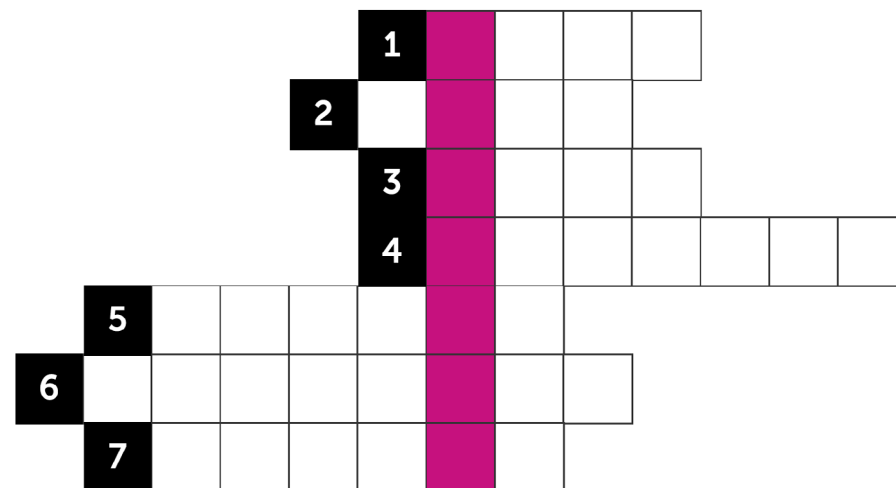
Medal record		
Women's diving		
Representing Great Britain		
World Championships		
B	2022 Budapest	Team event
European Championships		
G	2022 Rome	10 m platform
G	2022 Rome	10 m synchro
S	2020 Budapest	10 m mixed synchro
B	2020 Budapest	10 m platform
B	2022 Rome	Team event
World Junior Championships		
G	2022 Montreal	10 m platform
B	2022 Montreal	Team event
Representing England		
Commonwealth Games		
G	2022 Birmingham	10 m platform
G	2022 Birmingham	10 m mixed synchro
S	2022 Birmingham	10 m synchro

Medal record			
Event	1st	2nd	3rd
World Championships	0	1	0
European Championships	1	0	2
Commonwealth Games	1	0	0
World Championships			
S	2022 Budapest	3 m synchro	
European Aquatics Championships			
G	2022 Rome	3 m synchro	
European Diving Championships			
B	2019 Kyiv	3 m synchro	
B	2019 Kyiv	Team	
Representing England			
Commonwealth Games			
G	2022 Birmingham	3 m synchro	

Answers on page 26.

DIVING ACROSTIC PUZZLE

Can you decipher the hidden code word by answering the seven questions to solve the grid below?



ACROSS

- In high diving competitions athletes enter the water _____ first
- Dive position when the body is folded up in a tight ball, hands holding the shins and toes pointed
- The series of dives an athlete enters into a competition is known as their diving _____
- Host country of the 2023 European Junior Diving Championships
- Dive group when the diver takes off with their back to the water and rotates forward
- Host city of the British Elite Junior Diving Championships 2023
- A type of towel diver use to get their hands and legs almost completely dry, leaving them justmoist enough to get a good grip.

Answers on page 26.

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ENTRIES

*Session Times are subject to change

Entries at 27 March

THURSDAY 13 APRIL 2023

SESSION 1 - 09.55

Group B Boy's 3m

Start Name	Representing	Start Name	Representing
1 William Ackmann	Schwimmverband NRW	10 Oscar Kane	Dive London
2 Noah Bartle	Co Shef Dive	11 Claude-Olivie Lisé-Codere	Canada
3 Archie Biggin	Co Shef Dive	12 Theo Stevens	Plymouth D
4 Jed Brown	South Dive A	13 Kash Tarasoff	Canada
5 Daniel Chase	Co Leeds DC	14 Adam Tearle	South Dive A
6 Pierre de Percin	Schwimmverband NRW	15 Joseph Verity	Co Brad Div
7 Jordan Fisher-Eames	Dive London	16 Sebastian Willcox	Co Shef Dive
8 Andrei Golovatii	South Dive A	17 Robert Wood	Co Shef Dive
9 Ollie Heath	Plymouth D		

Group A Boy's 1m

Start Name	Representing	Start Name	Representing
1 Tim Axer	Schwimmverband NRW	14 Lukas Lundmark	Finland
2 Leon Baker	South Dive A	15 Hernan Mosqueda-Jolly	Albatross DC
3 Lucas Clayton	Dive London	16 Lewis Neilson	Co Shef Dive
4 Adam Cohen	Canada	17 Jake Passmore	Co Leeds DC
5 Milo French	South Dive A	18 Lachlan Stark	Edinburgh Di
6 Todd Geggus	Southend D	19 Hugo Thomas	Dive London
7 Rudy Gentry-Peacock	Dive London	20 Arthur Turner-Rowe	Co Shef Dive
8 Mahi Gruchow	WSC Rostock	21 Ross Tynan	Edinburgh Di
9 Reuben Havenga	South Dive A	22 Archie Waines	Plymouth D
10 Max Hill	Dive London	23 Theo Wellington	Co Shef Dive
11 Bryn James	South Dive A	24 Alfie Whytock	Southend D
12 Connor Lano	Southend D	25 Oliver Wignall	South Dive A
13 Robbie Lee	South Dive A	26 Oscar Willcox Sugg	Co Shef Dive

Group B Girl's 3m

Start Name	Representing	Start Name	Representing
1 Karla Ackmann	Schwimmverband NRW	12 Lila Gorkiert	Canada
2 Natalie Barr	South Dive A	13 Odessa Jääskeläinen	Finland
3 Alice Billton	Southend D	14 Juliette John	Dive London
4 Hannah Brockie	Dive London	15 Aada Liikkanen	Finland
5 Lois Bruce	Co Shef Dive	16 Phoebe Morgan	Dive London
6 Corin Burrows Mackley	Dive London	17 Jessica Nearn	Edinburgh Di
7 Lexie Clarke	Dive London	18 Francesca Probert	Southend D
8 Scarlet D'Mellow	Edinburgh Di	19 Amelia Semple	Canada
9 Etta Dodsworth	Co Shef Dive	20 Livia Thomas	Co Leeds DC
10 Skye Fisher-Eames	Dive London	21 Kerttu Toivonen	Finland
11 Kate Gardner	Co Leeds DC	22 Amelie Underwood	Plymouth D

Group A Girl's Platform

Start Name	Representing		
1 Lily Chandler	South Dive A	9 Libby Mitson	Co Leeds DC
2 Libby Duke	Edinburgh Di	10 Hannah Newbrook	Dive London
3 Jazzelle Eikermann	Schwimmverband NRW	11 Wilma Perkiö	Finland
4 Julia Fink	Schwimmverband NRW	12 Hannah Puranen	Finland
5 Katie Garner	Co Shef Dive	13 Lauren Saunders	Albatross DC
6 Ellen Gillespie	Edinburgh Di	14 Ruby Thorne	Dive London
7 Elizabeth Hart	South Dive A	15 Rebecca Vega	Co Shef Dive
8 Chloe Johnson	Co Leeds DC		

Group C Boy's 3m

Start Name	Representing		
1 Ralph Airey	Co Leeds DC	4 Nikos Tzanetakis	Canada
2 Simeon Greig	Co Shef Dive	5 Felix Wheeler	Co Leeds DC
3 Chase Shaw	Canada		

Group C Girl's 3m

Start Name	Representing		
1 Caitlyn Coster	Dive London	5 Siena Rae Mills	Dive London
2 Daniela Durevska	Canada	6 Alice Murphy	Southend D
3 Laurence Labadie	Canada	7 Imogen Poole	South Dive A
4 Daisy Lindsay	Co Shef Dive		

FRIDAY 14 APRIL 2023

SESSION 3 – 09.45

Group C Boy's 1m

Start Name	Representing		
1 Ralph Airey	Co Leeds DC	4 Nikos Tzanetakis	Canada
2 Simeon Greig	Co Shef Dive	5 Felix Wheeler	Co Leeds DC
3 Chase Shaw	Canada		

Group C Girl's 1m

Start Name	Representing		
1 Caitlyn Coster	Dive London	5 Siena Rae Mills	Dive London
2 Daniela Durevska	Canada	6 Alice Murphy	Southend D
3 Laurence Labadie	Canada	7 Imogen Poole	South Dive A
4 Daisy Lindsay	Co Shef Dive		

Group A Girl's 1m

Start Name	Representing		
1 Megan Beasley	Co Brad Div	13 Hannah Puranen	Finland
2 Tilly Brown	South Dive A	14 Eerika Repo	Finland
3 Lily Chandler	South Dive A	15 Sophie Robbins	Co Leeds DC
4 Libby Duke	Edinburgh Di	16 Brooke Ryan	Dive London
5 Julia Fink	Schwimmverband NRW	17 Lauren Saunders	Albatross DC
6 Katie Garner	Co Shef Dive	18 Evie Smith	Dive London
7 Ellen Gillespie	Edinburgh Di	19 Kitty Smith	Dive London
8 Daisy Halls	Cambridge DT	20 Nancy Trew	Dive London
9 Odessa Käck	Finland	21 Rebecca Vega	Co Shef Dive
10 Katie Martin	Plymouth D	22 Olivia Wall	Luton Diving
11 Maia Pearson	Plymouth D	23 Lana Webb	Dive London
12 Wilma Perkiö	Finland	24 Amy Wright	Co Leeds DC

Group A Boy's 3m

Start Name	Representing		
11 Leon Baker	South Dive A	14 Shane McConnell	Edinburgh Di
2 Lucas Clayton	Dive London	15 Hernan Mosqueda-Jolly	Albatross DC
3 Adam Cohen	Canada	16 Lewis Neilson	Co Shef Dive
4 Ollie Covell	South Dive A	17 Jake Passmore	Co Leeds DC
5 Todd Geggus	Southend D	18 Hamish Patel	Dive London
6 Rudy Gentry-Peacock	Dive London	19 Lachlan Stark	Edinburgh Di
7 Mahi Gruchow	WSC Rostock	20 Hugo Thomas	Dive London
8 Reuben Havenga	South Dive A	21 Arthur Turner-Rowe	Co Shef Dive
9 Max Hill	Dive London	22 Ross Tynan	Edinburgh Di
10 Bryn James	South Dive A	23 Archie Waines	Plymouth D
11 Connor Lano	Southend D	24 Theo Wellington	Co Shef Dive
12 Lukas Lundmark	Finland	25 Alfie Whytock	Southend D
13 Euan McCabe	Plymouth D	26 Oscar Willcox Sugg	Co Shef Dive

Girl's 14-18 Platform Synchro

Start Name	Representing		
1 Alice Billton	Southend D	3 Juliette John	Dive London
Francesca Probert	Southend D	Hannah Newbrook	Dive London
2 Libby Duke	Edinburgh Di		
Ellen Gillespie	Edinburgh Di		

Boy's 14-18 Platform Synchro

Start Name	Representing		
1 William Ackmann	Schwimmverband NRW	3 Espen Prenzyna	WSC Rostock
Tim Axer	Schwimmverband NRW	Ole Rösler	WSC Rostock
2 Hamish Patel	Dive London		
Romano Wang	Dive London		

SATURDAY 15 APRIL 2023

SESSION 5 – 10.00

Group C Boy's Platform

Start Name	Representing		
1 Ralph Airey	Co Leeds DC	4 Nikos Tzanetakis	Canada
2 Simeon Greig	Co Shef Dive	5 Felix Wheeler	Co Leeds DC
3 Chase Shaw	Canada		

Group C Girl's Platform

Start Name	Representing		
1 Caitlyn Coster	Dive London	4 Imogen Poole	South Dive A
2 Daisy Lindsay	Co Shef Dive	5 Laurence Labadie	Canada
3 Daniela Durevska	Canada		

Group B Boy's 1m

Start Name	Representing		
1 William Ackmann	Schwimmverband NRW	9 Oscar Kane	Dive London
2 Noah Bartle	Co Shef Dive	10 Claude-Olivie Lisé-Codere	Canada
3 Jed Brown	South Dive A	11 Theo Stevens	Plymouth D
4 Daniel Chase	Co Leeds DC	12 Kash Tarasoff	Canada
5 Pierre de Percin	Schwimmverband NRW	13 Adam Tearle	South Dive A
6 Jorden Fisher-Eames	Dive London	14 Joseph Verity	Co Brad Div
7 Andrei Golovatii	South Dive A	15 Sebastian Willcox	Co Shef Dive
8 Ollie Heath	Plymouth D	16 Robert Wood	Co Shef Dive

Group B Girl's Platform

Start Name	Representing	Start Name	Representing
1 Karla Ackmann	Schwimmverband NRW	12 Lila Gorkiert	Canada
2 Natalie Barr	South Dive A	13 Odessa Jääskeläinen	Finland
3 Alice Billton	Southend D	14 Juliette John	Dive London
4 Hannah Brockie	Dive London	15 Aada Liikkanen	Finland
5 Lois Bruce	Co Shef Dive	16 Phoebe Morgan	Dive London
6 Corin Burrows Mackley	Dive London	17 Jessica Nearn	Edinburgh Di
7 Lexie Clarke	Dive London	18 Francesca Probert	Southend D
8 Scarlet D'Mellow	Edinburgh Di	19 Amelia Semple	Canada
9 Etta Dodsworth	Co Shef Dive	20 Livia Thomas	Co Leeds DC
10 Skye Fisher-Eames	Dive London	21 Kerttu Toivonen	Finland
11 Kate Gardner	Co Leeds DC		

SESSION 6 – 14.25

14-18 Girl's 3m Synchro

Start Name	Representing	Start Name	Representing
1 Alice Billton	Southend D	Phoebe Morgan	Dive London
Hannah Brockie	Dive London	5 Katie Martin	Plymouth D
2 Tilly Brown	South Dive A	Maia Pearson	Plymouth D
Evie Smith	Dive London	6 Kitty Smith	Dive London
3 Corin Burrows Mackley	Dive London	Nancy Trew	Dive London
Amelie Underwood	Plymouth D	7 Odessa Käck	Finland
4 Lexie Clarke	Dive London	Aada Liikkanen	Finland

14-18 Boy's 3m Synchro

Start Name	Representing	Start Name	Representing
1 Leon Baker	South Dive A	4 Todd Geggus	Southend D
Hugo Thomas	Dive London	Oscar Willcox Sugg	Co Shef Dive
2 Noah Bartle	Co Shef Dive	5 Ollie Heath	Plymouth D
Robert Wood	Co Shef Dive	Archie Waines	Plymouth D
3 Lucas Clayton	Dive London		
Connor Lano	Southend D		

SUNDAY 16 APRIL 2023

SESSION 7 – 09.30

Group B Boy's Platform

Start Name	Representing	Start Name	Representing
1 William Ackmann	Schwimmverband NRW	8 Ollie Heath	Plymouth D
2 Noah Bartle	Co Shef Dive	9 Oscar Kane	Dive London
3 Archie Biggin	Co Shef Dive	10 Claude-Olivie Lisé-Codere	Canada
4 Jed Brown	South Dive A	11 Theo Stevens	Plymouth D
5 Daniel Chase	Co Leeds DC	12 Kash Tarasoff	Canada
6 Pierre de Percin	Schwimmverband NRW	13 Sebastian Willcox	Co Shef Dive
7 Jorden Fisher-Eames	Dive London	14 Robert Wood	Co Shef Dive

Group B Girl's 1m

Start Name	Representing	Start Name	Representing
1 Karla Ackmann	Schwimmverband NRW	8 Skye Fisher-Eames	Dive London
2 Natalie Barr	South Dive A	9 Kate Gardner	Co Leeds DC
3 Hannah Brockie	Dive London	10 Lila Gorkiert	Canada
4 Lois Bruce	Co Shef Dive	11 Odessa Jääskeläinen	Finland
5 Lexie Clarke	Dive London	12 Juliette John	Dive London
6 Scarlet D'Mellow	Edinburgh Di	13 Aada Liikkanen	Finland
7 Etta Dodsworth	Co Shef Dive	14 Phoebe Morgan	Dive London

15 Jessica Nearn	Edinburgh Di	18 Livia Thomas	Co Leeds DC
16 Amelia Semple	Canada	19 Amelie Underwood	Plymouth D
17 Olivia Sykes	Dive London		

Group A Girl's 3m

Start Name	Representing	Start Name	Representing
1 Megan Beasley	Co Brad Div	14 Wilma Perkiö	Finland
2 Tilly Brown	South Dive A	15 Eerika Repo	Finland
3 Lily Chandler	South Dive A	16 Sophie Robbins	Co Leeds DC
4 Libby Duke	Edinburgh Di	17 Brooke Ryan	Dive London
5 Jazzelle Eikermann	Schwimmverband NRW	18 Lauren Saunders	Albatross DC
6 Julia Fink	Schwimmverband NRW	19 Evie Smith	Dive London
7 Katie Garner	Co Shef Dive	20 Kitty Smith	Dive London
8 Ellen Gillespie	Edinburgh Di	21 Nancy Trew	Dive London
9 Daisy Halls	Cambridge DT	22 Rebecca Vega	Co Shef Dive
10 Elizabeth Hart	South Dive A	23 Olivia Wall	Luton Diving
11 Odessa Käck	Finland	24 Lana Webb	Dive London
12 Katie Martin	Plymouth D	25 Amy Wright	Co Leeds DC
13 Maia Pearson	Plymouth D		

Group A Boy's Platform

Start Name	Representing	Start Name	Representing
1 Tim Axer	Schwimmverband NRW	11 Hamish Patel	Dive London
2 Ollie Covell	South Dive A	12 Espen Prenzyna	WSC Rostock
3 Max Hill	Dive London	13 Ole Rösler	WSC Rostock
4 Bryn James	South Dive A	14 Arthur Turner-Rowe	Co Shef Dive
5 Robbie Lee	South Dive A	15 Ross Tynan	Edinburgh Di
6 Lukas Lundmark	Finland	16 Geoffrey Vavitsas	Canada
7 Euan McCabe	Plymouth D	17 Romano Wang	Dive London
8 Shane McConnell	Edinburgh Di	18 Theo Wellington	Co Shef Dive
9 Ciro Mejía	Canada	19 Oliver Wignall	South Dive A
10 Lewis Neilson	Co Shef Dive	20 Oscar Willcox Sugg	Co Shef Dive

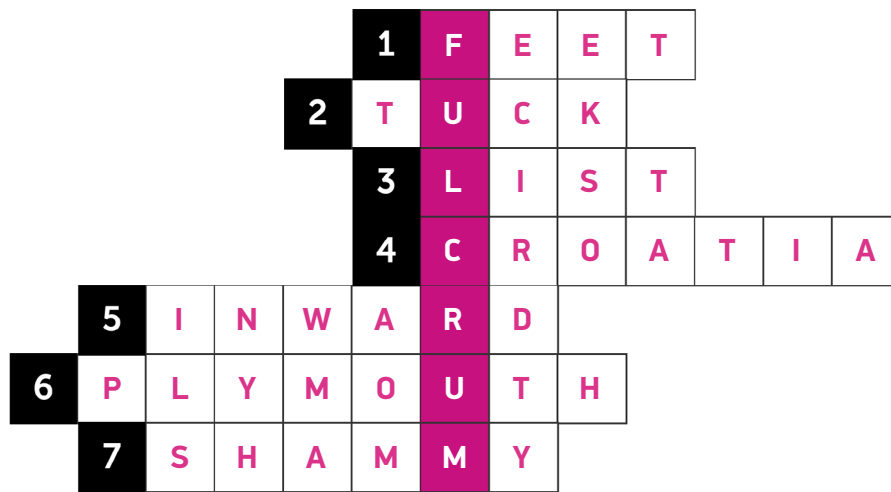


PUZZLE ANSWERS

CAN YOU 'WIKI' IT OUT?

Answers: Andrea Spendolini-Sirieix and Anthony Harding

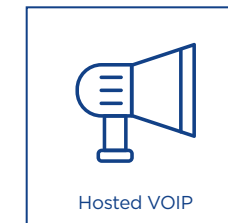
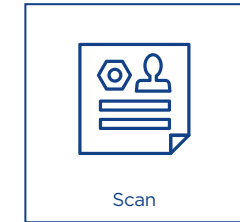
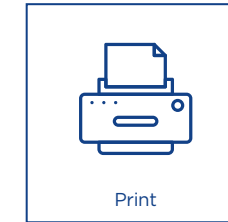
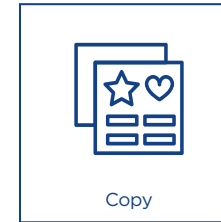
DIVING ACROSTIC PUZZLE



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UPCOMING **EVENTS 2023**

APRIL 14-16

World Aquatics Diving World Cup – Meet 1

Xi'an, China

MAY 5-7

World Aquatics Diving World Cup – Meet 2

Montreal, Canada

MAY 25-28

British Diving Championships

Ponds Forge International Sports Centre

JUNE 22-28

LEN European Championships

Rzeszów, Poland

JULY 14-30

World Aquatics Championships

Fukuoka, Japan

JULY 22-28

British Summer Championships

Ponds Forge International Sports Centre

JULY 31 – AUGUST 6

Manchester 2023 Para Swimming World Championships

Manchester Aquatics Centre

AUGUST 4-6

World Aquatics Diving World Cup – Super Final

Berlin, Germany

AUGUST 19-25

LEN Junior European Championships

Rijeka, Croatia

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waves stay safe in the water and **swim.**



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