



CONFIRMATION PACK

CITI PARA SWIMMING WORLD SERIES
INC. BRITISH PARA-SWIMMING
INTERNATIONAL WINTER MEET 2024

1-4 FEBRUARY
ABERDEEN AQUATICS CENTRE



National Funding Partner



National Official Partners



National Official Supplier



National Endorsed Product



Venue





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KEY CONTACTS

British Swimming Contact

Issy Griffiths
Events & Partnerships Officer
British Swimming
SportPark
3 Oakwood Drive
Loughborough
LE11 3QF
isobel.griffiths@swimming.org
+44(0) 7583 015581

Venue Contact

Aberdeen
Aquatics
Centre
Regent Walk
Aberdeen
AB24 1SX
01224 348900
[Website](#)

ENTRY CONFIRMATION

No paper confirmations will be sent out to competitors.



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A list of submitted entries are available to view [HERE](#). Competitors are requested to check their details carefully and inform isobel.griffiths@swimming.org if there are any errors.

START LISTS AND WITHDRAWALS

Start lists will only be available online and therefore, will not be available for collection or purchase from the Sport Information Desk during the event. A link will be provided here once available.

All National Withdrawals will be managed via an online form and the link will be made available here once available.



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SCHEDULE, QUALIFYING TIMES, CONDITIONS

The Schedule, Conditions and Qualifying Times for the Para Swimming World Series inc. British Para Swimming International Winter Meet 2024 are saved on the British Swimming Website under the athletes and coaches tab [here](#).

Please contact
isobel.griffiths@swimming.org if you have
any questions.



ACCREDITATION

All competitors, coaches, chaperones, team staff and volunteers must have a valid accreditation to access the event.

Accreditation is non-transferable and must be worn at all times when inside the venue. If the pass is forgotten or lost, a replacement pass will be re-issued for £10 at the Sports Information Desk.

Your accreditation will be sent to you by email in PDF format upon completion of your entry.

Please print and bring with you to the event where you can collect a pouch and lanyard from the Sports Information Desk.



If you are unable to find the accreditation link within the confirmation email, you can issue yourself a replacement [HERE](#).

Poolside Passes

Anyone requiring poolside access must purchase a pass. In order to do this, you must have proof of your DBS check and safeguarding certificate.

SE members purchase a pass [here](#)

SS and SW members purchase a pass [here](#)

Physio/Support staff purchase a pass [here](#)

Accreditation will be emailed to you in PDF format to print and bring to the event where pouches and lanyards will be provided.



DOPING CONTROL

Swimmers are warned that random doping control may take place during these Championships. The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement. More information can be found [here](#).

SPORT INFORMATION/SPECTATOR SERVICES DESK

The Sport Information/Spectator Services Desk will be located in the Aquatics Centre Reception area, and opening times will be confirmed in due course. Please note that the opening times of Sport



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Information/Spectator Services Desk may be subject to change.

On-the-door Tickets are available for purchase and the collection of pre-purchased Spectator Tickets will also take place. Announcement information will also be made available from the Sport Information Desk. Start lists will only be available online and therefore, paper versions will not be available to purchase or collect. A QR code for the start lists will be provided on the Sport Information Desk.



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SPECTATOR INFORMATION

Spectator tickets are on sale for the event and can be purchased [HERE](#).

Online Prices

Tickets for sessions will be available for the below prices online. Tickets will be colored wristbands that will be available for collection from the Spectator Services Desk in the Reception of Aberdeen Aquatics Centre on arrival. Online ticket sales will close the 24 hours before the relevant session, at which point tickets will only be available to purchase on the door (see On-The-Door prices).



	HEATS	FINALS
Adult	£5.50	£7.00
Concession*	£4.00	£5.50
Accessible Seating**	£4.00	£5.50

*aged under 16, Students and, 65+

**comes with a free companion ticket

On-the-Door Prices

Tickets for sessions will be available for purchase from the Spectator Services Desk in the Reception of Aberdeen Aquatics Centre. Colored wristbands will be issued as your ticket following payment. Please note that all payments for the event will be cashless.



	HEATS	FINALS
Adult	£6.50	£8.50
Concession*	£5.00	£6.50
Accessible Seating**	£5.00	£6.50

*aged under 16, Students and, 65+

**comes with a free companion ticket

Event Programme

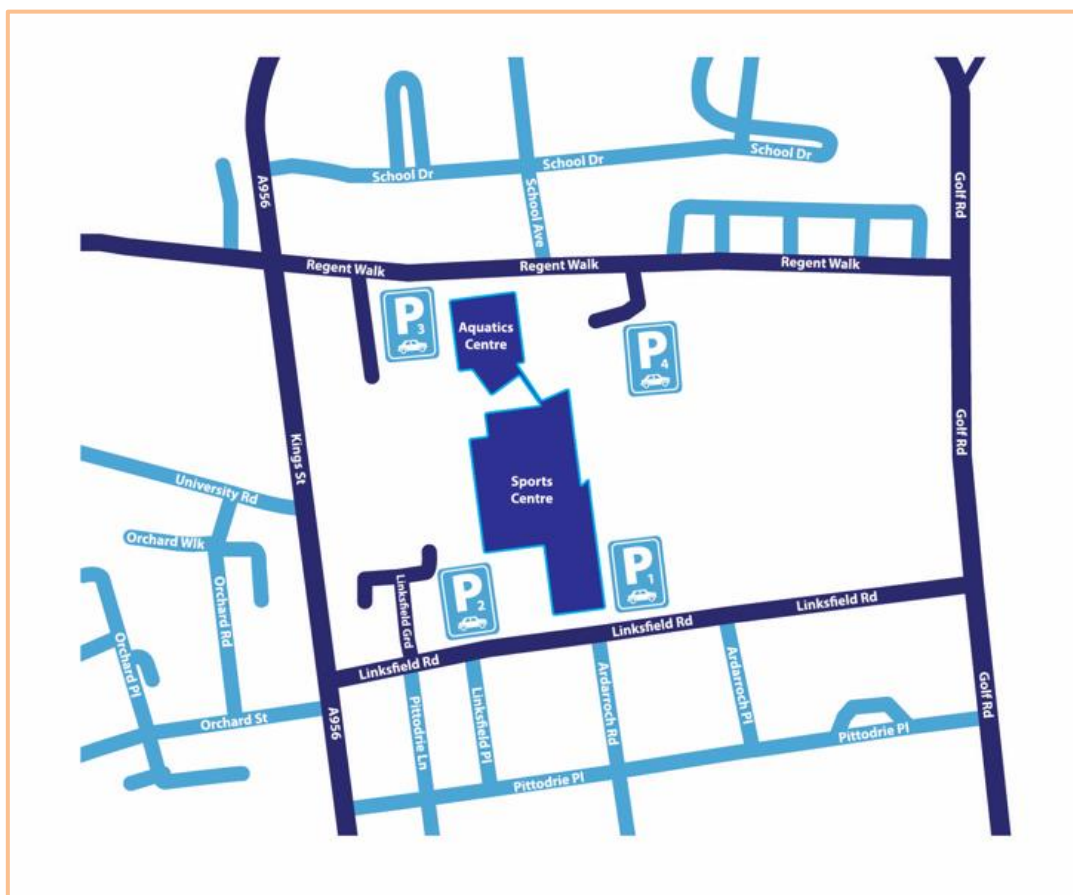
The programme this year will be made available for viewing online here once published. We have placed the programme online again this year to continue our aim in increasing the sustainability of our events.

QR codes of the Event Programme will be made available at the Sport Information Desk and in the Spectator balcony.



Parking

Aberdeen Aquatics Centre parking is free of charge. We recommend using Car Parks 3 and 4 for the event due to providing the easiest access to the Aquatics Centre Reception Entrance.



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Rail Strikes

Please be aware that there are rail strikes scheduled for Tuesday 30th January to Saturday 3rd February with some services potentially being impacted on Sunday 4th February. Therefore, we would recommend travelling to the event via a different mode of transport. However, if you need to travel by train please check whether your train is still scheduled with enough time prior to the event to allow you to make alternative arrangements. Please click [here](#) for further information.



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SCHEDULE

Thursday 1st February HEATS

Session 1: 09:30

W 100m Freestyle
M 100m Freestyle
W 200m Individual
Medley
M 200m Individual
Medley

Friday 2nd February HEATS

Session 3: 09:30

W 100m
Backstroke
M 100m
Backstroke
W 50m
Breaststroke
M 50m

Saturday 3rd February HEATS

Session 5: 09:30

W 50m Butterfly
M 50m Butterfly
W 400m Freestyle
M 400m Freestyle
W 200m Freestyle
M 200m Freestyle

Sunday 4th February HEATS

Session 7: 09:30

W 50m
Freestyle
M 50m
Freestyle
W 100m
Butterfly



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W 150m Individual
Medley
M 150m Individual
Medley

Breaststroke
W 100m
Breaststroke
M 100m
Breaststroke
W 50m Backstroke
M 50m Backstroke

M 100m
Butterfly

FINALS

FINALS

FINALS

FINALS

Session 2: 17:00

Session 4: 17:00

Session 6: 17:00

**Session 8:
17:00**

W 100m Freestyle
M 100m Freestyle
W 200m Individual
Medley
M 200m Individual

W 100m
Backstroke
M 100m
Backstroke

W 50m Butterfly
M 50m Butterfly
W 400m Freestyle
M 400m Freestyle

W 50m
Freestyle
M 50m
Freestyle

Medley
W 150m Individual
Medley
M 150m Individual
Medley
***Mixed 4x100m
Freestyle 34 pts
Relay**
***Mixed 4x100m
Freestyle 49pts
Relay**

W 50m
Breaststroke
M 50m
Breaststroke
W 100m
Breaststroke
M 100m
Breaststroke
W 50m Backstroke
M 50m Backstroke
***Mixed 4x100m
Freestyle S14
Relay**

W 200m Freestyle
M 200m Freestyle
***Mixed 4x100m
Medley 34pts
Relay**
***Mixed 4x50m
Freestyle 20pts
Relay**

W 100m
Butterfly
M 100m
Butterfly
***Mixed 4x50m
Medley 20pts
Relay**

***Citi Para Swimming World Series Events Only**



SESSION TIMES

Below are the approximate event timings including training, warm up and sessions. Please note. All times are subject to change by the way of events. Any changes will be communicated by the Citi Para Swimming World Series inc. British Para Swimming International Winter Meet Management team to attendees.

Finish times for each session will be confirmed as soon as possible.



DATE	WARM UP	SESSION START	TRAINING TIMES
29 th January			The Competition Pool from 09:00 - 17:55.
30 th January			
31 st January			
1 st February	SESSION 1 07:30 – 09:15	09:30	Competition Pool and Diving Pool from 07:30.
	SESSION 2 15:00 – 16:45	17:00	



2 nd February	SESSION 3 07:30 – 09:15	09:30	Competition Pool between sessions is TBC.
	SESSION 4 15:00 – 16:45	17:00	
3 rd February	SESSION 5 07:30 – 09:15	09:30	
	SESSION 6 15:00 – 16:45	17:00	



4th February	SESSION 7 07:30 – 09:15	09:30	
	SESSION 8 15:00 – 16:45	17:00	

TRAINING

PRE-EVENT TRAINING SESSIONS – 29TH TO 31ST JANUARY

Bookable training will be available in the competition pool from Monday 29th – Wednesday 31st January at the following times each day.



Training Session Timings

09:00 – 09:55

10:00 – 10:55

11:00 – 11:55

12:00 – 12:55

13:00 – 13:55

14:00 – 14:55

15:00 – 15:55

16:00 – 16:55

17:00 – 17:55

Training is bookable per 55 minutes between these times with six slots available to book.

Athletes entered into the British Para Swimming International Winter Meet can book their training slots [here](#). Please note that you will only be able to book an



athlete's training slots once and then their name will disappear from the list. Therefore, **please make sure you enter all slots you would like to book at the same time.**

Only personal training equipment can be utilised during training in the competition pool (pull-buoys and kickboards). The use of bungee cords, snorkels, fins or hand paddles are prohibited at all times.

Athletes are encouraged to use lockers to safely store their belongings. British Swimming and Aberdeen Aquatics Centre will not be responsible for any lost or stolen items left unattended.

There will be 8 x 50 metre lanes available and will be shared with Citi Para Swimming World Series entered athletes.



We would encourage all athletes, coaches & staff to bring with them a re-useable water bottle. Water Refill stations will be provided around the Venue.

MID-COMPETITION TRAINING SESSIONS - 1ST - 4TH FEBRUARY

Mid-Competition training in the main competition pool will be confirmed between heats and finals until timelines have been produced. This will be available as open training and there will be no booking system for these training sessions.



TEAM LEADER MEETING

The Team Leader Meeting will take place in the Aquatics Studio at 18:00 on Wednesday 31st January.

In the best interest of their swimmers, coaches are requested to attend this meeting to ensure that they understand the meet conditions set out for this meet and to be provided with important information relating to the operation of the event.

Attendees are reminded to bring any tapping and starting devices and modified swim suits for approval.

Non-attendance could result in swimmers being disadvantaged or not being able to compete due to them or their coach not



being aware of any changes required for the running of the competition.

Please be aware that in extraordinary circumstances timings may be altered. As much notice will be given as possible if changes need to be made. All further announcements and notices during the event will be available at the Sport Information Desk.

SEATING

Athletes and Team Staff seating towards the 50m/150m start end as shown in the diagram below. A more detailed seating plan will be provided in due course.

Coach and wheelchair athlete race viewing will be available on the spectator side of the

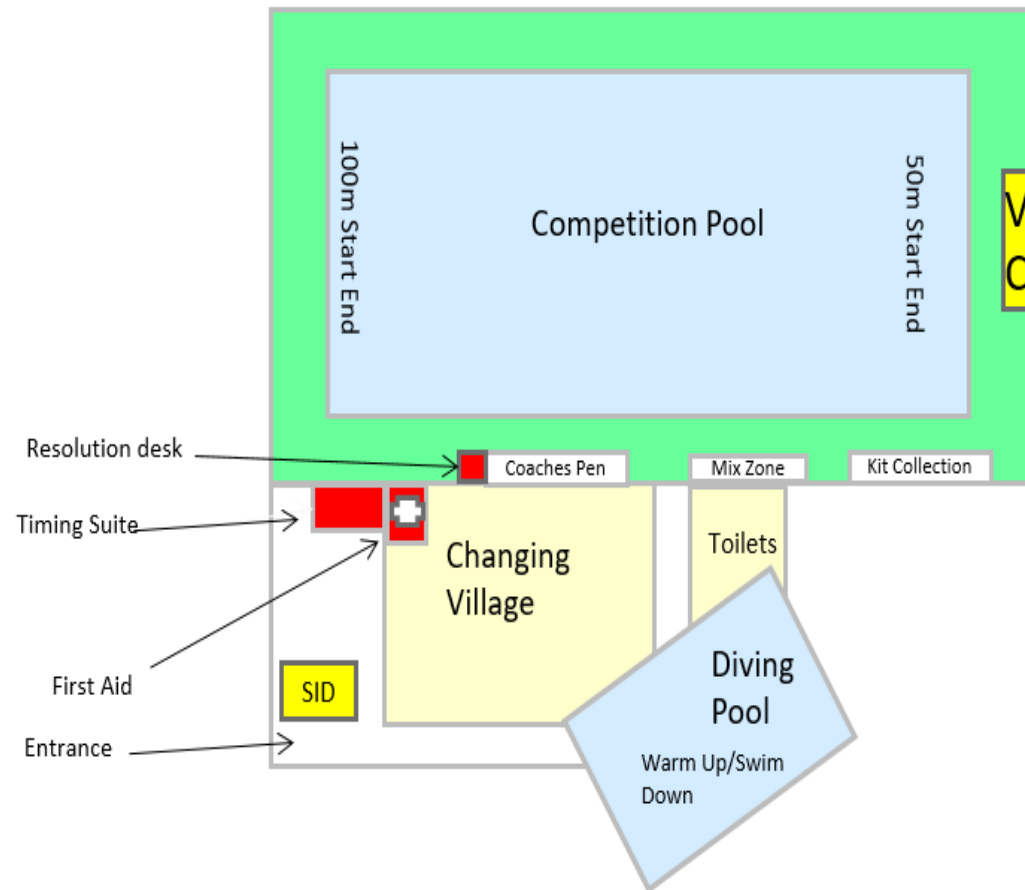


pool. This area is not to be used for Team seating.

Please note, seating may be visible on the live stream, therefore, it is important everyone is extra vigilant in following the rules within this area. It is important athletes do not change in this area and please avoid standing in front of the live streaming cameras.



VENUE LAYOUT AND FLOWS



Movement of Athletes and Supports staff is Clockwise.

Additional Wheelchair spectating space will be available in the Coaches Pen.

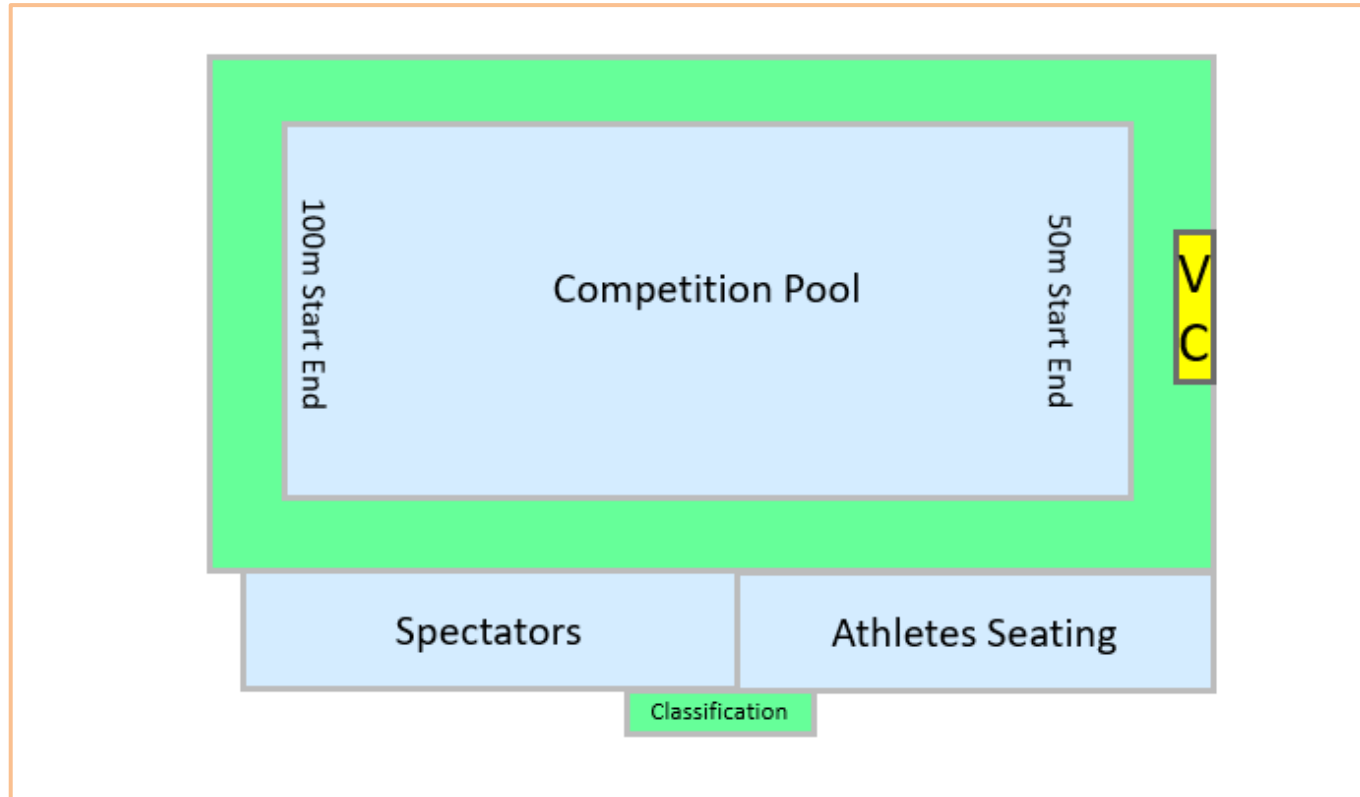
On Stairs and corridors keep left.

Call Room location and Competition Flow will be confirmed at a later date.

Athlete Preparation Space will be available around the Diving Pool. Please note that this is limited.



Venue – Seating Balcony





PRESENTATIONS

Medal presentations will be taking place on poolside during the Finals sessions at the 50m/150m Start end. All medallists must report to the Victory Ceremony Area. Please note that medal presentations will go ahead in the absence of an athlete.

MEDICAL

There will be 1 x Doctor present during the event during training and competition. A paramedic, emergency medical technician and ambulance will also be present during competition. However, pool staff will administer first aid where necessary.



**The closest hospital to Aberdeen
Aquatics Centre is:**
Aberdeen Royal Infirmary, Foresterhill
Health Campus, Foresterhill Rd, Aberdeen,
AB25 2ZN

ANTI-DOPING REQUIREMENTS

Doping Control

If an athlete is subject to doping control they should ensure they provide detail of **all of medications (prescribed or over the counter and including dosage) and supplements** on the Doping Control Form. Any previously disclosed medications or supplements to your club and/or British



Swimming or your home nation do not form part of doping control.

You can check your medications via <https://www.globaldro.com/home/index>

Therapeutic Use Exemption (TUE)

If an athlete **IS WITHIN** the National TUE Pool they are required to obtain a TUE before using a prohibited medication or method. You can check if you are within the National TUE Pool via <https://www.ukad.org.uk/national-tue-pool> and selecting 'aquatics'.

If an athlete is **NOT** within the National TUE Pool but using a prohibited medication or method **and** is subject to doping control they are required to apply for a retroactive TUE and you should contact Jane Smith



(jane.smith@swimming.org or 07917 834785) as soon as possible after doping control. A retroactive TUE must be submitted to UKAD within five (5) working days of the receipt of an Adverse Analytical Finding (AAF).

You can find out more information about Medications on the UKAD website <https://www.ukad.org.uk/medicine>

If you require support or have a query about any medications, supplements or the anti-doping rules please contact Jane Smith at British Swimming via jane.smith@swimming.org or 07917 834785

Strict Liability means athletes are wholly responsible for any banned substance found in their system, no matter how it got there.



FILMING AND PHOTOGRAPHY POLICY

British Swimming are well aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within a British Swimming setting are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identify of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

British Swimming encourage all participants at British Swimming events to make



themselves familiar with the photography and filming arrangements for the event and be vigilant during that event.

British Swimming is committed to ensuring that all children who participate in British Swimming activities are able to take part in an enjoyable, safe environment and be safeguarded from harm. If you have any child safeguarding concerns at the event, please contact an Event Officer immediately to disclose your concerns.

EVENT PHOTOGRAPHY AND FILMING

This event **will be photographed and live streamed**. Static images will be displayed on the British Swimming website www.britishswimming.org. They will be used to promote the sport at this event and events



in the future. Moving images may be displayed at the venue and via live stream at www.britishswimming.org. In addition, British Swimming may use these recordings and images for the purposes of education and training, swimmer analysis, promotion, performance, development and selection and event analysis.

In such instances where the event is being live streamed, it will not be possible to provide the option to refuse consent to filming and if there are any concerns, please speak to the Event Officer present. However, if individuals wish to refuse consent to static photography, please complete the Photography Refusal of Consent Form below and return to British Swimming Events Department.



If you, as a Parent/Guardian/Carer, have concerns about your child being photographed/filmed, please refer to the relevant Home Nation guidance document: Wavepower the SE Child Safeguarding Policy and Procedures; YPlant the Swim Wales Child Protection Policy; Scottish Swimming Child Protection Policy. If you have any concerns in this area, please contact the Data Protection Officer.



PHOTOGRAPHY REFUSAL FORM

Name of Swimmer:

Membership Number:

Event: Citi Para Swimming World Series inc.
British Para-Swimming International Winter
Meet 2024



I refuse permission for the taking and/or publication of images of my child or myself by the event's Official Photographer(s)

Signed:

(Competitor/Parent/Carer)

Print Name:

Date:

Please return this form back to:
isobel.griffiths@swimming.org



MEDIA

A mixed zone will be present on the pool deck at the event where attending authorised media and the British Swimming media team may complete interviews.