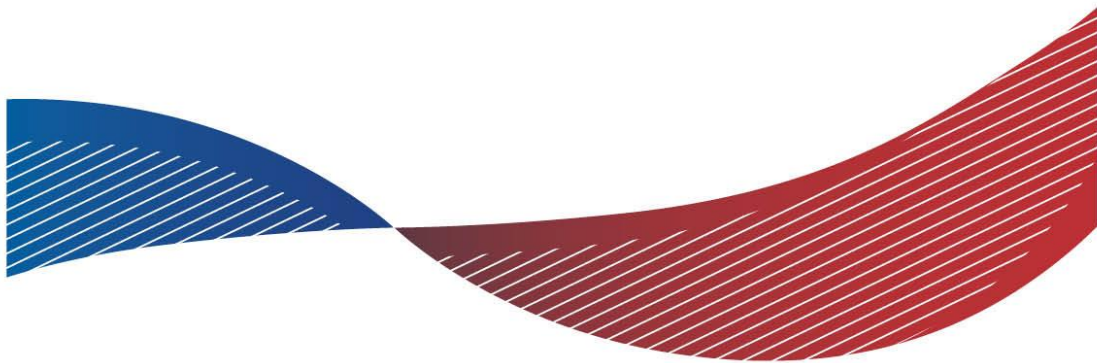




CONFIRMATION **PACK**



BRITISH DIVING CHAMPIONSHIPS 2016

10 - 12 JUNE

SHEFFIELD, PONDS FORGE



BRITISH DIVING CHAMPIONSHIPS 2016

SHEFFIELD, PONDS FORGE
10 – 12 JUNE

CONTACT INFORMATION

Events Officer: Ben Tarrant
Email Address: ben.tarrant@swimming.org
Phone Number: 01509 640249/07825 290407
Address: British Swimming Events Department
SportPark, Pavilion 3,
3 Oakwood Drive
Loughborough University,
LE11 3QF
Website: www.swimming.org

THE VENUE

Ponds Forge
Sheaf St, Sheffield
Sheffield
S1 2BP

KEY DATES AT A GLANCE

Entry Deadline: Friday 27th May, 12pm
Coach Application Deadline: Wednesday 1st June
Training Dates: 7th, 8th, 9th June
Technical Meeting: Friday 10th June, 11am Skyline Suite
Competition Dates: 10th – 12th June

TRAINING

Training will be available on the following days:

Date	Diving Pit	Dry Dive
Tuesday 7 th June	8am – 5pm	8am – 5pm
Wednesday 8 th June	8am – 5pm	8am – 5pm
Thursday 9 th June	8am – 5pm	8am – 5pm

COMPETITION

Date	Diving Pit	Dry Dive
Friday 10 th June	In between competitions	8am – 6pm
Saturday 11 th June	In between competitions	8am – 6pm
Sunday 12 th June	In between competitions	8am – 6pm





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SCHEDULE OF EVENTS

Session times are subject to change

Friday 10th June

Session 1: 16:00

Men's Platform Synchro
Women's Platform Synchro

Men's 3m Synchro
Women's 3m Synchro

Saturday 11th June

Session 2: 11:00

Men's 3m Prelim
Women's Platform Prelim

Session 3: 16:00

Men's 3m Final
Women's Platform Final

Sunday 12th June

Session 4: 11:00

Women's 3m Prelim
Men's Platform Prelim

Session 5: 16:00

Women's 3m Final
Men's Platform Final



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TECHNICAL MEETING

The technical meeting will take place at **11am on Friday 10th June** in the Skyline Suite

DIVE SHEETS

Divers/Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimize the chance of errors loading the data into the Recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets on-line. Please agree with your coach which method you should use. To submit your dive sheets on-line there are two options:

- Either visit: www.diverecorder.co.uk/onlinesheets and follow the instructions, or
- if you have an Android phone or tablet, you can get the ADiveSheets app from this page on the DiveRecorder website: www.diverecorder.co.uk/dive/android

As soon as you complete either on-line submission method you will see a success/failure message.

If you experience problems and need assistance please contact Malcolm Taylor malcolm@mdt.me.uk

Electronic submissions must be made by no later than Friday 3rd June. You will be asked to sign hard copies of these sheets at the venue, available from the Recorders. If neither you nor your Coach are able to use the above electronic methods, you can submit a hard copy of your lists of dives to the Recorders. **The deadline for manual dive sheets is at the Technical Meeting.**

REGISTRATION/MEMBERSHIP DEADLINE

Divers should be registered with the ASA 60 days prior to the commencement of the National Event ("The Meet") for which the diver is entering.

Divers must have been registered with the ASA/British Diving since **Monday 22nd December 2014** or earlier.

International divers must be a member of their country's diving federation in order to enter.





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EVENT CONDITIONS

INDIVIDUAL

Category	Gender	Board	Conditions
3m	Male	6 dives	6 dives from 5 groups, no limit.
10m	Male	6 dives	6 dives from 6 groups no limit.
3m	Female	5 dives	5 dives from 5 groups no limit.
10m	Female	5 dives	5 dives from 5 groups no limit.

All Platform events shall be from 10m (in both Prelim & Final)

No Junior Medals will be presented at the British Championships

SYNCHRO

Open Male 3m & 10m	6 dives	2 dives with an allocated dd of 2.0 + 4 x optional dives. 5 groups to be covered	In each round the two divers must perform the same dive (same dive number and same position). All forward facing dives on springboard shall be done with a running approach.
Open Female 3m & 10m	5 dives	2 dives with an allocated dd of 2.0 + 3 x optional dives. 5 groups to be covered	In each round the two divers must perform the same dive (same dive number and same position). All forward facing dives on springboard shall be done with a running approach.





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EVENT FORMAT

- Synchronised events will be a straight final
- In the Platform events, all dives must be performed from 10m
- Individual events – there shall be 3m and 10m events. There shall be a preliminary event and cut to top 8 for the final. (Where foreign divers qualify for final, the next GB diver will be taken to ensure the top 8 GB diver’s progress)
- Only a maximum of 2 guest (foreign teams) divers may progress through to the final
- Minimum age for competitors in all events, 10 years by 31st December 2014
- No dive may be repeated in any event
- Evidence shall be provided, at the time of entry, to confirm that each foreign diver has achieved the recommended standard for the event they are entering.
- Late Entries for Synchronised pairs will be allowed up to the technical meeting with the written support from the NPD
- Divers may compete in synchronised events only

GB Recommended Performance Standards for British Championships

Category	Gender	Event	Conditions	No. of Dives	Recommended Standard
Open	Women	1m	5 from 5	5	200
		3m	5 from 5	5	225
		Platform	5 from 5	5	225
	Men	1m	6 from 5	6	270
		3m	6 from 5	6	300
		Platform	6 from 6	6	300

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ACCREDITATION

Accreditation for all competitors and coaches will be photographic. There will be security present at the event and in order to enter both the seating and field of play area you will need accreditation. All divers will be required to submit a **recent passport sized photo** with their online entry. Failure to supply a photograph with the entry forms will result in the entry forms being invalid and therefore not accepted.

COACH/CHAPERONE PASS INFORMATION

All coaches, chaperones and physiotherapists must have a valid photo accreditation to gain access to the pool deck. **Please note that from 2016 you will need to purchase your coach pass.** Applications for coach/chaperone passes are available online and will be charged at £8 per event or £20 for an annual pass (3 events). Please click [here](#) to start your application.

All passes will be available to collect at the event, any problems please contact Jo Purkiss on 01509 640263 or via email at jo.purkiss@swimming.org

Deadline for submission will be Tuesday 31st May.

Applicants are advised the online Disclosure & Barring Service (DBS formerly CRB) process could take up to 1 month to complete. All applicants must be registered with an ASA affiliated club.

All ASA clubs and license applicants will have to complete a DBS (CRB) application regardless of any previous check carried out through another organisation unless this has been registered with the DBS Update Service www.gov.uk/dbs-update-service.

If you hold a disclosure that has been registered with the DBS Update Service, and you have not yet given the ASA written consent to check the status, please submit your original disclosure certificate along with a completed consent form to Sam Massey, DBS Coordinator, Membership Services, ASA, Pavilion 3, SportPark, 3 Oakwood Drive, Loughborough University, Leicestershire, LE11 3QF. Please email dbs@swimming.org for a DBS Update Service Consent form.

Please note that Coaches/Chaperones will not be allowed on poolside without a valid accreditation pass. Under no circumstances will Coaches/Chaperones accreditation passes be issued on the day of competition.





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ENTRIES

Men 10m Synchro

Start	Name	Born	Representing
1	Elliot Beeden	1998	City of Sheffield Diving Club
	Conrad Lewandowski	2001	City of Sheffield Diving Club
2	Thomas Daley	1994	Dive London Aquatic Centre
	Daniel Goodfellow	1996	Plymouth Diving

Women 10m Synchro

Start	Name	Born	Representing
1	Tonia Couch	1989	Plymouth Diving
	Lois Toulson	1999	City of Leeds Diving Club

Men 3m Synchro

Start	Name	Born	Representing
1	James Denny (guest)	1993	City of Leeds Diving Club
	Yona Knight-Wisdom (guest)	1995	Jamaica
2	Anthony Harding	2000	City of Leeds Diving Club
	Matty Lee	1998	City of Leeds Diving Club
3	Jack Haslam	1995	City of Sheffield Diving Club
	Frederick Woodward	1995	City of Sheffield Diving Club
4	Jack Laugher	1995	City of Leeds Diving Club
	Chris Mears	1993	City of Leeds Diving Club
5	Ben Sambrook	1994	City of Leeds Diving Club
	William Hallam	1999	City of Leeds Diving Club
6	Ross Haslam	1997	City of Sheffield Diving Club
	James Heatly	1997	Edinburgh Diving Club

Women 3m Synchro

Start	Name	Born	Representing
1	Rebecca Gallantree	1984	City of Leeds Diving Club
	Alicia Blagg	1996	City of Leeds Diving Club
2	Lydia Rosenthal	1998	City of Leeds Diving Club
	Katherine Torrance	1998	City of Leeds Diving Club
3	Millie Fowler	1998	City of Sheffield Diving Club
	Millie Haffety	1999	City of Sheffield Diving Club
4	Yasmin Harper	2000	City of Sheffield Diving Club
	Holly Prasanto	2001	City of Sheffield Diving Club

Men 3m

Start	Name	Born	Representing
1	Alfie Brown	2002	Plymouth Diving
2	Jack Haslam	1995	City of Sheffield Diving Club
3	Jack Laugher	1995	City of Leeds Diving Club



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4	Raffa Benitez	2002	City of Sheffield Diving Club
5	James Heatly	1997	Edinburgh Diving Club
6	James Denny	1993	City of Leeds Diving Club
7	William Hallam	1999	City of Leeds Diving Club
8	Yona Knight-Wisdom (guest)	1995	Jamaica
9	Frederick Woodward	1995	City of Sheffield Diving Club
10	Ben Sambrook	1994	City of Leeds Diving Club
11	Anthony Harding	2000	City of Leeds Diving Club
12	Aidan Heslop	2002	City of Leeds Diving Club
13	Jordan Houlden	1998	City of Sheffield Diving Club
14	Alex Kostov (guest)	1998	Plymouth Diving
15	Chris Mears	1993	City of Leeds Diving Club
16	Ross Haslam	1997	City of Sheffield Diving Club

Women 10m

Start	Name	Born	Representing
1	Sarah Barrow	1988	Plymouth Diving
2	Georgia Ward	1995	Dive London Aquatic Centre
3	Victoria Vincent	2001	Plymouth Diving
4	Shanice Lobb	1998	Plymouth Diving
5	Tonia Couch	1989	Plymouth Diving
6	Ruby Bower	1999	City of Leeds Diving Club
7	Robyn Birch	1994	Plymouth Diving
8	Georgia Davenport	1996	City of Sheffield Diving Club

Women 3m

Start	Name	Born	Representing
1	Kayleigh Sinclair	1998	Plymouth Diving
2	Rebecca Gallantree	1984	City of Leeds Diving Club
3	Madeline Coquoz (guest)	1999	Plymouth Diving
4	Clare Cryan	1993	City of Sheffield Diving Club
5	Lydia Rosenthal	1998	City of Leeds Diving Club
6	Sarah Leach	1999	City of Sheffield Diving Club
7	Fern Hitchen	1997	City of Sheffield Diving Club
8	Millie Fowler	1998	City of Sheffield Diving Club
9	Grace Reid	1996	Edinburgh Diving Club
10	Katherine Torrance	1998	City of Leeds Diving Club
11	Victoria Vincent	2001	Plymouth Diving
12	Holly Prasanto	2001	City of Sheffield Diving Club
13	Alicia Blagg	1996	City of Leeds Diving Club
14	Yasmin Harper	2000	City of Sheffield Diving Club
15	Millie Haffety	1999	City of Sheffield Diving Club

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Men 10m

Start	Name	Born	Representing
1	Jesper Tolvers (guest)	1993	Stockholms Polisens IF
2	Owen Harrison	2001	City of Sheffield Diving Club
3	Noah Williams	2000	Dive London Aquatic Centre
4	Matty Lee	1998	City of Leeds Diving Club
5	Thomas Daley	1994	Dive London Aquatic Centre
6	Lucas Thomson	2001	Edinburgh Diving Club
7	Matthew Dixon	2000	Plymouth Diving
8	Daniel Goodfellow	1996	Plymouth Diving
9	Ben Sambrook	1994	City of Leeds Diving Club
10	Elliot Beeden	1998	City of Sheffield Diving Club
11	Aidan Heslop	2002	City of Leeds Diving Club

