

# British Para/Swimming Female Short Course Records

Class	Name	City/Town	Venue/Meet	Date	Time
<b>50m Freestyle</b>				<b>Updated: 09/12/15</b>	
S1	D.WATTS	Sheffield		05/11/2006	01:22.59
S2	V.BROADRIBB	Sheffield		02/12/2000	01:17.75
S3	F.WILLIAMSON	Sheffield		23/10/2005	01:06.64
S4	T.FLOOD	Darlington		30/06/1991	01:05.85
S5	M.MCELENY	Glenrothes		27/04/1996	00:44.98
S6	E.SIMMONDS	Rio de Janeiro		02/12/2009	00:36.68
S7	S.RODGERS	Sheffield		24/11/2013	00:34.00
S8	S.SLATER	Manchester	British Gas Open SC Championships 2014	22/11/2014	00:30.80
S9	L.WATKIN	Rio de Janeiro		03/12/2009	00:28.86
S10	A.TAI	Littledown, Bournemouth	Dorset County Championships 2015	21/02/2015	00:29.68
S11	J.BURTON	Darlington		19/06/1994	00:33.47
S12	H.RUSSELL	Manchester	British Gas Open SC Championships 2014	22/11/2014	00:27.40
S13	R.HENRY	Newport		04/07/2009	00:28.03
S14	J.APPLEGATE	Leicester	City of Leicester SC Open Meet	22/11/2015	00:27.03
<b>100m Freestyle</b>				<b>Updated: 09/12/15</b>	
S1	D.WATTS	Sheffield		03/11/2007	02:55.29
S2	S.GORDON	Darlington		29/06/1991	03:25.37
S3	F.WILLIAMSON	Sheffield		04/11/2006	02:22.19
S4	T.FLOOD	Darlington		27/06/1992	02:14.86
S5	M.McELENY	Darlington		02/11/1996	01:37.23
S6	E.SIMMONDS	Rio de Janeiro		03/12/2009	01:17.61
S7	S.RODGERS	Sheffield		24/11/2013	01:11.61
S8	H.FREDERIKSEN	Newport		05/07/2009	01:05.79
S9	S.MILLWARD	Rio de Janeiro		05/12/2009	01:01.95
S10	A.TAI	Manchester	British Gas Open SC Championships 2014	22/11/2014	01:03.78
S11	E.BARRETT	Sheffield		09/11/2003	01:14.23
S12	H.RUSSELL	Sheffield		03/03/2013	00:59.73
S13	R.HENRY	Rio de Janeiro		05/12/2009	01:00.02
S14	J.APPLEGATE	Leicester	City of Leicester SC Open Meet	21/11/2015	00:58.49
<b>200m Freestyle</b>				<b>Updated: 09/12/15</b>	
S1	D.WATTS	Sheffield		03/11/2007	05:56.25
S2	VACANT				
S3	F.WILLIAMSON	Sheffield		04/11/2006	04:54.20
S4	S.WARREN	Newmarket	9th ASAER Disability Swimming Championships	14/06/2015	05:26.00
S5	M.McELENY	Deventer		16/01/1998	03:33.57
S6	E.SIMMONDS	Rio de Janeiro		29/11/2009	02:44.21
S7	S.RODGERS	Middlesex		05/06/2011	02:36.39
S8	H.FREDERIKSEN	Newport		04/07/2009	02:17.81
S9	A.MARREN	Basildon		15/02/2014	02:16.41
S10	T.KEARNEY	Corby		03/12/2011	02:16.85
S11	E.BARRETT	Jihlava		26/03/1999	03:01.66
S12	M.EASTER	Jihlava		26/03/1999	02:18.67
S13	R.HENRY	Newport		04/07/2009	02:18.50
S14	J.APPLEGATE	Leicester	City of Leicester SC Open Meet	22/11/2015	02:05.58

# British Para/Swimming Female Short Course Records

Class	Name	City/Town	Venue/Meet	Date	Time
<b>400m Freestyle</b>				<b>Updated: 19/10/15</b>	
S6	E.SIMMONDS	Sheffield		23/11/2013	05:27.58
S7	S.RODGERS	London	London Aquatic Centre	05/10/2014	05:21.06
S8	H.FREDERIKSEN	Newport		04/07/2009	04:39.36
S9	S.MILLWARD	Rio de Janeiro		02/12/2009	04:39.18
S10	T. KEARNEY	Birmingham	Boldmere Swimming Club Licensed Distance Meet 2015	23/01/2015	04:36.69
S11	E.BARRETT	Deventer		18/01/2002	05:38.90
S12	H.RUSSELL	Sheffield		02/03/2013	04:28.94
S13	R.HENRY	Newport		04/07/2009	04:42.47
S14	J.APPLEGATE	UEA Sportspark	UEA City of Norwich Octoberfest	03/10/2015	04:27.85
<b>800m Freestyle</b>				<b>Updated: 23/11/15</b>	
S6	C.WARNE	Biggleswade		14/03/2009	14:36.80
S7	G.HARVEY	Luton	Autumn SC Meet 2014	16/11/2014	12:42.60
S8	E.HOLLIS	Sheffield		11/11/2011	10:55.33
S9	A.MARREN	London	London Aquatic Centre	07/12/2014	09:48.26
S10	T. KEARNEY	Birmingham		29/03/2013	09:32.11
S11	VACANT				
S12	VACANT				
S13	L.HOBBINS	Biggleswade		27/02/2010	10:27.36
S14	J. APPLEGATE	Luton	ASA East Region Winter Championships SC	06/11/2015	09:09.20
<b>1500m Freestyle</b>				<b>Updated: 06/02/15</b>	
S6	C.WARNE	Biggleswade		28/02/2009	28:09.55
S7	J.FRITH	Gloucester		30/06/2007	29:01.70
S8	R.GILBERTSON	Biggleswade		06/03/2005	26:37.47
S9	L.STEADMAN	Kingsbridge		16/11/2008	20:05.70
S10	T.KEARNEY	Birmingham	Boldmere Swimming Club Licensed Distance Meet 2015	23/01/2015	18:12.11
S11	VACANT				
S12	VACANT				
S13	L.HOBBINS	Biggleswade		27/02/2010	19:44.36
S14	C.WILLIAMS	Barnet		25/11/2007	22:34.27

# British Para/Swimming Female Short Course Records

Class	Name	City/Town	Venue/Meet	Date	Time
<b>50m Backstroke</b>				<b>Updated: 22/01/2016</b>	
S1	D.WATTS	Sheffield		01/11/2003	01:27.09
S2	S.GORDON	Darlington		29/06/1991	01:38.83
S3	F.WILLIAMSON	Llandudno		17/07/2010	01:06.01
S4	S.WARREN	Norwich	Resolution Meet	08/01/2016	00:59.61
S5	C.WARNE	Sheffield		01/03/2008	00:51.78
S6	N.LEWIS	Sheffield		01/11/2003	00:43.12
S7	S.RODGERS	Middlesex		05/06/2011	00:41.69
S8	H.FREDERIKSEN	Sheffield		20/11/2010	00:35.71
S9	S.MILLWARD	Rio de Janeiro		05/12/2009	00:32.51
S10	A.TAI	Littledown, Bournemouth	Dorset County Championships 2015	21/02/2015	00:32.41
S11	M.LOW	Darlington		30/06/1990	00:41.82
S12	H.RUSSELL	Sheffield		24/11/2012	00:33.43
S13	L.HOBBS	Biggleswade		20/03/2011	00:33.42
S14	C.DAVIES	Swansea	British Gas Swim Wales Winter Championships 2014 / WNP Swansea	19/12/2014	00:31.46
<b>100m Backstroke</b>				<b>Updated: 09/12/15</b>	
S1	D.WATTS	Sheffield		02/11/2003	02:59.50
S2	S.GORDON	Darlington		30/06/1991	03:22.93
S3	F.WILLIAMSON	Sheffield		09/03/2003	02:36.02
S4	T.FLOOD	Darlington		30/06/1991	02:17.93
S5	C.WARNE	Biggleswade		24/03/2007	01:55.96
S6	N.LEWIS	Llandudno		17/07/2010	01:28.70
S7	S.RODGERS	Sheffield		27/11/2011	01:24.15
S8	H.FREDERIKSEN	Sheffield		21/11/2009	01:11.39
S9	S.MILLWARD	Newport		05/07/2009	01:07.57
S10	A.TAI	Littledown, Bournemouth	Dorset County Championships 2015	21/02/2015	01:07.46
S11	M.LOW	Darlington		30/06/1990	01:26.88
S12	H.RUSSELL	Sheffield		02/03/2014	01:05.78
S13	L.HOBBS	Hitchin		28/11/2010	01:10.89
S14	J.APPLGATE	Leicester	City of Leicester SC Open Meet	22/11/2015	01:06.58
<b>200m Backstroke</b>				<b>Updated: 09/12/15</b>	
S6	C.WARNE	Biggleswade		11/04/2010	03:32.73
S7	G.HARVEY	Borehamwood	3rd Hoddesdon County Qualifier Open Meet	21/11/2015	03:13.69
S8	H.FREDERIKSEN	Salford		04/04/2009	02:33.83
S9	A.MARREN	Basildon		16/02/2014	02:29.20
S10	A.TAI	Littledown, Bournemouth	Dorset County Championships 2015	01/03/2015	02:23.35
S11	J.BURTON	London		28/03/1995	03:15.85
S12	T.JONES	London		26/03/1994	02:58.08
S13	L.HOBBS	Biggleswade		24/01/2010	02:41.56
S14	C.DAVIES	Swansea	Wales National SC Championships	18/12/2015	02:19.23

British Para/Swimming Female Short Course Records					
Class	Name	City/Town	Venue/Meet	Date	Time
<b>50m Breaststroke</b>				<b>Updated: 23/11/15</b>	
SB1	V.MULLETT	Darlington		17/06/1995	02:39.78
SB2	T.FLOOD	Darlington		28/06/1992	01:18.72
SB3	M.MCELENY	Eskilstuna		24/04/1998	00:58.67
SB4	J.STIDEVER	Darlington		30/06/1998	01:10.39
SB5	N.LEWIS	Sheffield		22/10/2005	00:51.98
SB6	C.HENSHAW	Sheffield		20/11/2010	00:45.54
SB7	E.HOLLIS	Sheffield		21/11/2009	00:46.56
SB8	C. CASHMORE	Sheffield	BUCS SC Championships 2015	14/11/2015	00:36.91
SB9	H. LEE	Sheffield	BUCS SC Championships 2015	14/11/2015	00:36.84
SB11	E.BARRETT	Sheffield		01/11/2003	00:41.76
SB12	L.HODGES	Sheffield		03/11/2007	00:42.24
SB13	R.REDFERN	Wolverhampton	Worcestershire County Championships	15/03/2015	00:36.31
SB14	N.LOUGH	Sunderland	Sunderland Aquatic Centre	13/12/2014	00:35.56
<b>100m Breaststroke</b>				<b>Updated: 12/01/2016</b>	
SB1	VACANT				
SB2	VACANT				
SB3	M.MCELENY	Darlington		07/11/1998	02:11.52
SB4	J.STIDEVER	Nottingham		25/07/1997	02:36.88
SB5	N.LEWIS	Sheffield		09/11/2002	01:50.34
SB6	E.JOHNSON	Sheffield		21/11/2010	01:38.14
SB7	H.FREDERIKSEN	Sheffield		02/11/2008	01:39.63
SB8	C.CASHMORE	Rio de Janeiro		02/12/2009	01:19.96
SB9	L.WATKIN	Sheffield		21/11/2010	01:18.71
SB11	E.BARRETT	Manchester		26/08/2004	01:28.45
SB12	L.HODGES	Sheffield		04/11/2007	01:31.53
SB13	R. REDFERN	Bristol	City of Bristol L2 Christmas Cracker	19/12/2015	01:18.72
SB14	N.LOUGH	Sunderland	Sunderland Aquatic Centre	12/12/2014	01:19.20
<b>200 m Breaststroke</b>				<b>Updated: 24/02/2016</b>	
SB4	J.KEAST	Penzance		06/03/2010	07:39.98
SB5	VACANT				
SB6	E.JOHNSON	Hatfield		22/05/2005	03:38.16
SB7	J.MARGER	Newport	South East Wales Regional Pool	30/11/2014	04:06.19
SB8	C.BUCK	Sunderland	Sunderland Aquatic Centre	07/12/2014	02:49.40
SB9	E. DAVIES	Lerwick	GTS Direct Winter Meet	28/11/2015	02:51.74
SB11	E.BARRETT	Mansfield		17/04/1999	03:19.57
SB12	E.BARRETT	Wolverhampton		30/03/1996	03:12.36
SB13	R.REDFERN	Wolverhampton	Worcestershire County Championships	14/03/2015	02:57.49
SB14	G.BENNETT	Redbridge		26/01/2002	02:47.23

**British Para/Swimming Female Short Course Records**

Class	Name	City/Town	Venue/Meet	Date	Time
<b>50m Butterfly</b>				<b>Updated: 31/05/2016</b>	
S1	VACANT				
S2	VACANT				
S3	S.WOODWARD	Leicester	East Midlands Inclusive Disability Meet	13/05/2016	01:23.70
S4	S.WARREN	Newmarket	9th ASAER Disability Swimming Championships	14/06/2015	01:04.60
S5	C.WARNE	Sheffield		04/11/2007	00:51.09
S6	E. ROBINSON	Corby	Northamptonshire County Sprint 2015	20/09/2015	00:40.01
S7	S.RODGERS	Manchester	British Gas Open SC Championships 2014	23/11/2014	00:37.17
S8	S.SLATER	Preston		22/06/2013	00:33.44
S9	S.MILLWARD	Sheffield		02/11/2008	00:31.87
S10	A.TAI	Littledown, Bournemouth	Dorset County Championships 2015	01/03/2015	00:31.92
S11	E.BARRETT	Sheffield		10/11/2002	00:36.25
S12	H.RUSSELL	Sheffield		24/11/2012	00:32.43
S13	R.HENRY	Rio de Janeiro		01/12/2009	00:30.67
S14	J.APPEGATE	Leicester	City of Leicester SC Open Meet	20/11/2015	00:29.99
<b>100m Butterfly</b>				<b>Updated: 29/06/2016</b>	
S5	C.WARNE	Biggleswade		15/03/2008	01:49.32
S6	E. MARTIN DE LA TORRE	Newmarket	Suffolk ASA Development Championships 2016	19/06/2016	01:29.19
S7	G.HARVEY	Borehamwood	2nd Hoddesdon SC County Qualifier Open Meet	18/01/2015	01:38.67
S8	S.SLATER	Sheffield		23/11/2013	01:12.56
S9	S.MILLWARD	Rio de Janeiro		29/11/2009	01:09.24
S10	A.TAI	Littledown, Bournemouth	Dorset County Championships 2015	21/02/2015	01:09.49
S11	E.BARRETT	Sheffield		03/11/2001	01:20.36
S12	H.RUSSELL	Sheffield		23/11/2013	01:09.05
S13	R.HENRY	Rio de Janeiro		01/12/2009	01:06.12
S14	J.APPEGATE	Leicester	City of Leicester SC Open Meet	22/11/2015	01:07.11
<b>200m Butterfly</b>				<b>Updated: 22/04/16</b>	
S5	S.WARREN	Norwich	2014 Big Bang Meet	01/11/2014	05:23.20
S7	G.HARVEY	Borehamwood	3rd Hoddesdon County Qualifier Open Meet	21/11/2015	03:33.88
S8	A.MAGUIRE	Macclesfield	Cheshire County Swimming Championships 2015	25/01/2015	03:19.10
S9	A.MARREN	Basildon		29/03/2013	02:32.23
S10	E.PAPADOPOULOS	Sheffield		08/12/2013	02:35.25
S11	VACANT				
S12	VACANT				
S13	K.CROWHURST	Maidenhead	Berks and South Bucks County ASA Championships	06/02/2016	03:40.74
S14	L.FIDDES	Hatfield	Hatfield Spring Meet	03/04/2016	02:36.99

**British Para/Swimming Female Short Course Records**

Class	Name	City/Town	Venue/Meet	Date	Time
<b>100m Ind. Medley</b>				<b>Updated: 19/10/15</b>	
SM1	VACANT				
SM2	VACANT				
SM3	T.FLOOD	Darlington		29/06/1991	02:34.69
SM4	M.MCELENY	Darlington		02/11/1996	01:56.46
SM5	C.WARNE	Biggleswade		15/03/2008	01:49.32
SM6	N.JONES	Rio de Janeiro		02/12/2009	01:30.85
SM7	G.HARVEY	Manchester	CPIRSA World Games Nottingham 2015	13/08/2015	03:16.73
SM8	S.SLATER	Sheffield		23/11/2013	01:15.19
SM9	C.CASHMORE	Rio de Janeiro		03/12/2009	01:11.83
SM10	E.PAPADOPOULOS	Sheffield		23/11/2013	01:12.79
SM11	E.BARRETT	Sheffield		01/11/2003	01:25.90
SM12	H.RUSSELL	Sheffield		01/03/2014	01:08.90
SM13	R.HENRY	Sheffield		27/11/2011	01:12.12
SM14	J.APPLEGATE	Sheffield		01/03/2014	01:10.02
<b>150m Ind. Medley</b>				<b>Updated: 24/06/04</b>	
SM1	VACANT				
SM2	VACANT				
SM3	VACANT				
SM4	M.MCELENY	Deventer		15/01/1994	03:11.56
<b>200m Ind. Medley</b>				<b>Updated: 09/09/15</b>	
SM3	VACANT				
SM4	H.DOLPHIN	Norwich	2014 Big Bang Meet	02/11/2014	05:17.51
SM5	C.WARNE	Sheffield		01/03/2008	03:52.40
SM6	E.SIMMONDS	Swansea	British Gas Swim Wales Winter Championships 2014 / WNP Swansea	20/12/2014	03:05.13
SM7	G.HARVEY	Manchester	CPIRSA World Games Nottingham 2015	13/08/2015	03:16.73
SM8	H.FREDERIKSEN	Swansea		04/07/2009	02:42.99
SM9	A.MARREN	Basildon		30/03/2014	02:32.16
SM10	S.BAILEY	Sheffield		09/11/2002	02:34.64
SM11	E.BARRETT	Manchester		27/08/2004	03:00.86
SM12	H. RUSSELL	Sheffield		23/11/2013	02:30.54
SM13	R.HENRY	Sheffield		01/11/2003	02:35.93
SM14	J. APPLEGATE	Sheffield		01/03/2014	02:29.48
<b>400m Ind. Medley</b>				<b>Updated: 31/12/14</b>	
SM8	E.HOLLIS	Sheffield		12/11/2011	06:10.57
SM9	A.MARREN	Basildon		16/03/2014	05:12.63
SM10	T. KEARNEY	Rugby	Queens Diamond Jubilee Centre	07/12/2014	05:21.24
SM11	M.LOW	Nottingham		<91	07:04.90
SM12	VACANT				
SM13	S.TILBURY	Biggleswade		24/03/2007	06:13.46
SM14	J.APPLEGATE	Norwich	2014 Norfolk ASA County Championships	26/09/2014	05:21.77

British Para/Swimming Female Short Course Records					
Class	Name	City/Town	Venue/Meet	Date	Time
<b>4x50m Freestyle Relay</b> Updated: 23/11/15					
20pts	VACANT				
34pts	H. BROGDEN S.PHILLIPS L. HANSON O.PICKERING	Gloucester	GCSC Sprint Level 3 Meet	20/09/2015	03:02.38
49pts (S11/S13)	VACANT				
S14	VACANT				
<b>4x100m Freestyle Relay</b> Updated: 15/02/10					
20pts	VACANT				
34pts	S.MILLWARD E.SIMMONDS L.STEADMAN L.WATKIN	Rio de Janeiro		01/12/2009	04:26.20
49pts (S11/S13)	VACANT				
S14	VACANT				
British Para/Swimming Female Short Course Records					
Class	Name	City/Town	Venue/Meet	Date	Time
<b>4x50m Medley Relay</b> Updated: 23/11/15					
20pts	S.WARREN	Manchester	British Gas Open SC Championships 2014	22/11/2014	04:27.11
	H.DOLPHIN E.MARTIN DE LA TORRE C.RYAN				
34pts	H. BROGDEN S.PHILLIPS L. HANSON O.PICKERING	Gloucester	GCSC Sprint Level 3 Meet	20/09/2015	03:46.66
49pts (S11/S13)	VACANT				
S14	VACANT				
<b>4x100m Medley Relay</b> Updated: 08/01/14					
34pts	S.MILLWARD C.CASHMORE L. SIMPKIN E.SIMMONDS	Rio de Janeiro		05/12/2009	04:56.23
49pts (S11/S13)	VACANT				
S14	K.NESBITT C.HARTIN J.APPLEGATE D.HARTIN	Manchester	British Gas Open SC Championships 2014	22/11/2014	05:07.89