



**CITI PARA SWIMMING WORLD SERIES
INC. BRITISH PARA-SWIMMING MEET 2022**
ABERDEEN SPORTS VILLAGE
17-20 FEBRUARY



CITI Para Swimming World Series inc. British Para Swimming Meet 2022

COVID Event Management Plan – Summary

4-Feb-22





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Important notice – please ensure you read and fully understand the information within this document.

**For any questions on the contents of this COVID Event Management plan please contact the British Swimming Event Officer;
lisa@breakthroughevent.s.co.uk**

EVENT OVERVIEW

Training Date Tuesday 15th – Wednesday 16th February 2022
Competition Dates: Thursday 17th – Sunday 20th February 2022
Venue: Aberdeen Sports Village,
Linksfield Road,
Aberdeen
AB245RU





COVID MANAGEMENT GROUP

Events Officer: Lisa Dent
Email Address: Lisa@breakthroughevents.co.uk
Phone Number: +44 07874 138 494

Covid Officer: Matt Ashman
Email Address: matt.ashman@swimming.org
Phone Number: +44 7506689782

Covid Medical Officer (CMO): tbc
Email Address:
Phone Number:

EVENT INFO

The CITI Para Swimming World Series inc. British Para-Swimming Meet is a closed event – there is no entry to spectators.

Further details about the event, including meet conditions and schedule can be found in the Entry Pack or on the website [HERE](#) under the coaches tab.

COVID-19:

Covid-19 management processes for this event are more stringent than current Scottish Government advice. The reasons for implementing these measures include:

- The event is a mass gathering of people from overseas and the UK– some regions are not experiencing the reduction of infection rate of others.
- There is a wide range of age and potential risk among the participants.
- Maximising availability of all participants is important to the achievement of season goals.

We will continue to monitor the national situation and will make and communicate changes if necessary.

COVID-19 Code of Behaviour & Opt in Form

All those involved in the CITI Para Swimming World Series inc. British Para-Swimming Meet will be required to agree to;

- Opt in Form - Appendix 1a
- A COVID-19 Code of Behaviour - Appendix 1b



Should you not wish to opt in at this point your entry fees will be refunded in full.

All athletes, coaches, event staff and volunteers will be required to adhere to the guidelines set out for this event.

By completing the opt-in sheet required to attend the CITI Para Swimming World Series inc. British Para-Swimming Meet, you are committing to following the measures in place, and understand that repeated failures to meet these standards may result in not being able to take part in the event.

ENTRY:

International attendees:

No medical insurance will be provided to any of the participants by the Event. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event, including but not limited to coverage of hotel quarantine should a participant present a positive test result.

Arrival & Departure Testing for International Athletes & Staff

Arrivals

Travel rules for arrivals into England & Scotland are changing from the 11th February.

For up to date information for arrivals into Scotland please follow the link below.

<https://www.gov.scot/publications/coronavirus-covid-19-international-travel-quarantine/>

For up to date travel information for arrivals into England please follow the link below

<https://www.gov.uk/guidance/travel-to-england-from-another-country-during-coronavirus-covid-19>

All NCPs arriving into the UK from overseas will be responsible for abiding by the travel rules including any requirements for testing. We advise that any Day 2 COVIDtests that are required to be booked in advance of travelling be sent to your accommodation. The NCPs are responsible for organising all elements of their arrival testing requirements.

Departures

Please inform us if you have a requirement to undertake a Pre-Departure COVID test. We are able to support the provision of these tests, but require the following information by the **Wednesday 9th of February:**

- Name and DOB of person needing the test
- Type of test required

- Date the test is required and clarification of whether this is a 24, 48 or 72hr test prior to departure

- Date and time of outbound flight,

Please email the above details to lisa@breakthroughevents.co.uk

Any fees will be invoiced to the relevant NCP. Costs would be confirmed prior to purchasing.

Accreditation:

All athletes, coaches, event staff and volunteers must have a valid accreditation to access the event. Accreditation is non-transferable and must be worn at all times when inside the venue and in the public areas of the event hotels.

NPC's will be emailed the accreditations for their delegation. You are required to print passes and distribute to athletes prior to the event. Please collect your pouch and lanyard on arrival at the venue.

Accommodation:

Accommodation bookings are now available via the booking form. In respect of British athletes, this has been sent directly to the email address indicated on your entry. International athletes, an accommodation booking form has been sent to your National Paralympic Committee (NPC) and is also available in the Entry Pack and can be found [HERE](#) under the coaches tab.

Athletes, coaches, staff and officials can stay in the accommodation of their choice – there is no attempt to 'bubble' for this event. Maintaining a safe environment with minimal risk is important – and can be supported by considering and applying measures including the following points:

Distancing – maintain space where possible. If a room is going to be congested, consider wearing masks. Remember that a close contact is defined as 15 minutes or more within 2 metres of someone else.

Ventilation – opening windows and ensuring a flow of clean air is important to minimise build-up of aerosol particles of virus.

Surface hygiene – keep surfaces clean using antiviral wipes.

Hand hygiene – regular use of anti-viral hand foam and good hand washing minimises risk of transmission.

Travel to/from the pool – for car-users, wearing masks and maintaining air flow (open windows) minimises risk. All participants should avoid using public transport.

Dining – minimise mixing with large groups of people. If eating out, following facility rules for mask-wearing, maintain distancing where possible and practise good hand hygiene.

VENUE

Key Principles

- **Face Masks/Visors** are mandatory at all times inside the venue with exceptions made for coaching, training, competing, eating a meal or drinking. We advise you to wear your own mask in the hotel and when travelling to the pool. On entry to the venue, you will receive a medical grade face mask. If you wear a visor rather than a mask, then you will be required to provide your own visor. Athletes will also be given a new mask when leaving poolside after warm up and post race swim down.
- **Social distancing** There will be exclusive use entry & exit points at the venue for event participants only. Once inside there will be a one way flow in operation. When masks aren't being worn, social distancing should be maintained. There are no spectators permitted at the event. Please adhere to the signage in place and the instructions of event staff.
- **Proof of Negative LFT & Symptom check** is required prior to each training and competition session by all involved in the event, prior to leaving the hotel for the pool before each training or competition session. Further details on what is required can be found below.
- **Personal hygiene** is vitally important and includes:
 - Thorough hand washing with soap and water for 20-30sec
 - Wash hands as regularly as possible and especially on entering the venue and hotel.
 - Use approved hand foam or sanitizer frequently when contacting a surface and not having access to hand washing.
 - Avoid touching your face with your hands.Hand foam/Sanitiser should be regularly used. Participants should have their own supply and dispensers will be available around the facility.
- **Mobility Aids** e.g. wheelchairs/crutches must be cleaned with anti-viral wipes.



DAILY VENUE ADMITTANCE

All athletes, coaches, chaperones, staff & volunteers

Before admittance to the venue each day, each person must present the following:

- Evidence of lateral flow test taken that day by providing a photo of the LFT testing device with the device number visible and the date & your initials written in pen on the testing device.
- Negative symptom declaration (Appendix 2), this check will be performed verbally on entry to the venue. So please make yourself familiar with appendix 2.

For all British athletes, coaches, chaperones, staff & volunteers free lateral flow tests can be ordered from the following website <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>. Please ensure you have enough for the numbers of days you plan to be on venue including classification, training, and competition.

For all international athletes, coaches & staff, we advise that you bring with you enough Lateral Flow Tests (LFTs) for the duration of your stay. If you wish for these to be provided, we can arrange this and the cost of the LFT tests will be invoiced to you. Please inform the events officer Lisa Dent via lisa@breakthroughevents.co.uk by the 9th February if you wish us to provide these for you.

If an individual has any symptoms (detailed below) they may not enter the building until they have contacted the Covid Medical Officer and a plan has been agreed and followed.

Contact: tbc

Phone Number: tbc

Actions to be taken following adverse results (temperature/test/symptoms) are detailed in the testing section of this document (below).

Access to dryland/poolside – traffic flow (direction and timing) will be signposted and monitored to minimise contact and congestion between users.

Athlete seating – social distancing measures in the seating area will be in place; please adhere to all signage.

All COVID measures for competition days will be made available with the confirmation pack and at the technical meeting preceding the event.



COVID TESTING AND MANAGEMENT OF POSITIVE RESULTS

Any participant who has had a positive Covid test in the 14 days preceding travel to the event should contact a member of the Covid Management Group, Lisa Dent at the following email lisa@breakthroughevents.co.uk.

The Covid Medical Officer will then liaise directly with the individual and plans can be made on a case-by-case basis.

LFTs will be undertaken daily from the date of travel to the event to the last day of attendance to minimise the spread of COVID-19 in asymptomatic individuals.

All persons present at the event must self-isolate if they develop any symptoms consistent with COVID-19, contact the COVID Medical Officer and arrange a PCR test. LFTs must not be carried out on SYMPTOMATIC individuals.

Symptoms of COVID-19:

- Cough
- Fever (over 37.8 degree)
- Loss of taste or smell (anosmia)
- Sore throat
- Headache
- Muscle aches (myalgia)
- Feeling generally unwell

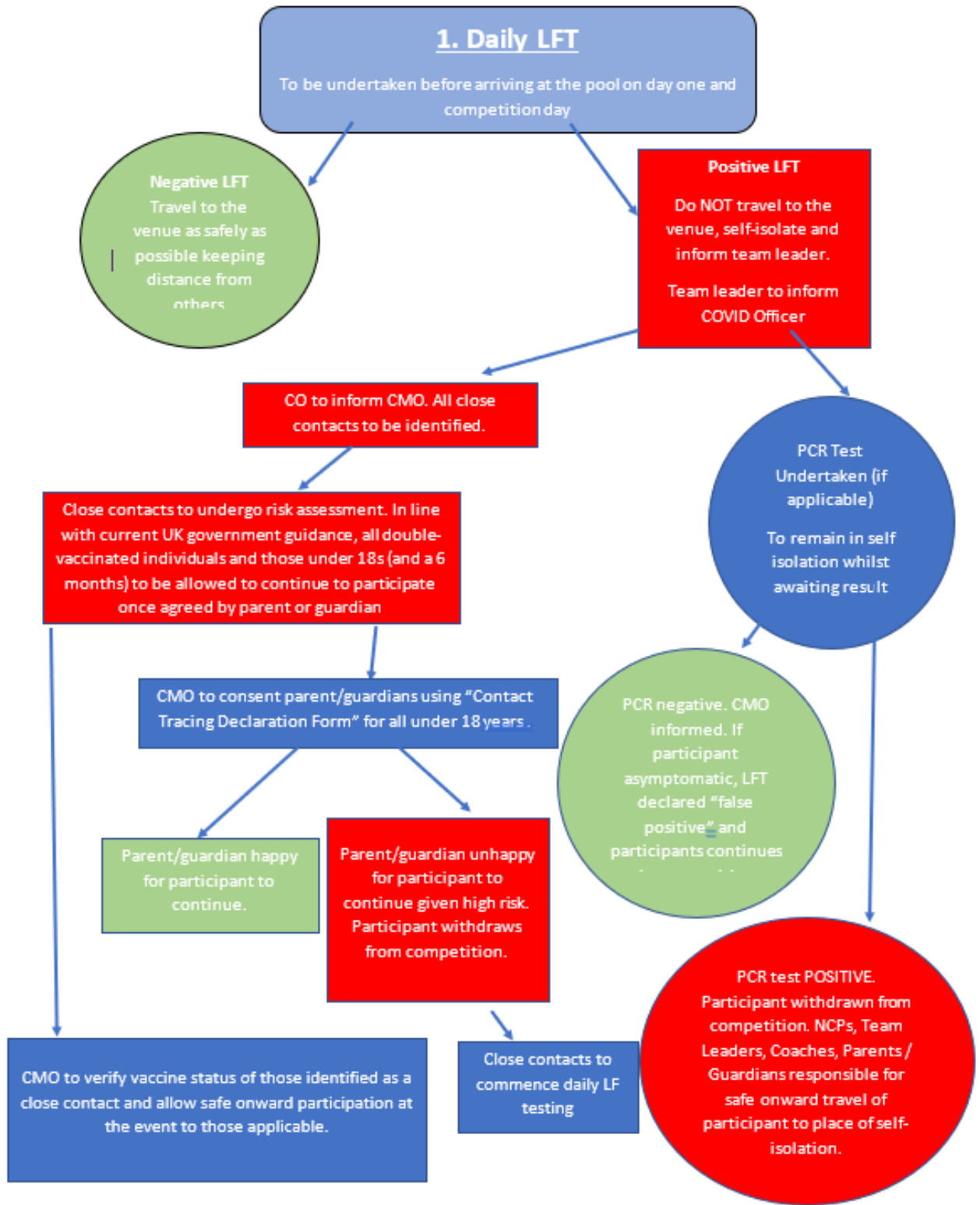
Any persons with new onset of the above symptoms must self-isolate immediately and inform the COVID Medical Officer.

For any symptoms declared the individual will be asked to self-isolate, and the Covid Medical Officer will be informed.

The individual will also be asked to obtain a PCR test and they will be unable to continue in the event until a negative test has resulted. This may result in their exclusion from the event.

Event management will need to be notified of their exclusion on medical grounds.

Daily LFT Procedure





If a daily LFT positive test is demonstrated by an individual, as shown in the figure above, all close contacts will undergo a risk assessment with the COVID Medical Officer (CMO) and COVID Officer (CO) conducted via their coaches, team leaders or parents as appropriate. This will be done to determine their proximity to the positive individual and overall risk for developing or carrying COVID-19.

In line with UK government guidance, all double vaccinated and those ages under 18 years and 6 months will be exempt from self-isolation. For these individuals as part of the event, we ask that they take an LFT. If the LFT is negative they may continue to participate in the event. This LFT will need to be performed daily. If positive they will continue down the positive LFT side of the flow chart.

In line with event protocols, these individuals will also be asked to provide a negative LFT result prior to returning to the event. The decision regarding continuing participation in the event will ultimately lie with the team leaders, coaches, parent or guardians responsible.

If under 18 the CMO will confirm using the Contact Tracing Declaration Form that the parent or guardian is happy for their child to continue in the competition following being identified as a close contact.

Definition of “Close Contact” as defined by UK government guidelines:

- anyone who lives in the same household as another person who has COVID-19 symptoms or has tested COVID positive for -19
- anyone who has had any of the following types of contact with someone who has tested positive for COVID-19 within the previous 48 hours:
 - face-to-face contact including being coughed on or having a face-to-face conversation within one metre and not wearing a mask
 - been within one metre for one minute or longer without face-to-face contact and not wearing a mask
 - been within 2 metres of someone for more than 15 minutes (either as a one-off contact, or added up together over one day) without a mask
 - eaten in close proximity to a symptomatic individual or someone who has tested positive for COVID-19
 - all individuals on-board an aircraft for which an individual has later tested positive for COVID-19 within 48 hours of the flight. Close contacts in these circumstances will be contacted by the UK government “track and trace” organisation. Please inform us if this occurs.

Traffic Light System

In the event of a positive case(s) of COVID-19 at the CITI Para World Swimming Series inc British Para-Swimming Meet, the event will switch to a traffic light system based on the number of cases. Outlined below is a summary on how protocols with mature based on the case number.

GREEN:

Requirements:

- To be in a state of green, the event must have no COVID-19 cases identified

Protocols:

- No change to COVID event management plan and social distancing guidance
- Masks to be worn at all times indoors
- Social distancing encouraged between groups
- Daily symptom declaration to be completed
- Presentation of daily lateral flow test result on arrival to the venue



AMBER:

Requirements:

- Positive individuals identified from testing: <10

Protocols:

- All team leaders to be notified of positive case numbers
- In the event of athletes under the age of 18, parents and guardians to be given option of withdrawing participants from the competition
- PHS to be informed of positive cases
- CMO to decide on introduction of further mid-event testing
- Social distancing to be enforced between groups unless necessary
- Warnings issued to participants and coaches for incorrect mask use
- Dependent on the spread of the cases, CMO may consider need to exclude close contacts from the self-isolation exemption and mandate a PCR test prior to return to competition.
- COVID management group to discuss if limitations of attendees frequenting other establishments should be curtailed (e.g., restaurants)

RED:

Requirements:

- Positive individuals identified from pre-event or mid-event testing: ≥ 10

Protocols:

- COVID Crisis Team to liaise with Public Health Scotland regarding suitability of event continuing
- No outside food deliveries to be allowed to participants or coaches
- No travel outside of hotel or venue for all participants, staff, and coaches
- Parents to be given second option of withdrawing participants from the competition
- Warnings and exclusions given to participants and coaches who do not follow social distancing and self-isolation implementation
- CMO to strongly consider curtailing self-isolation exemption for close contacts and revert to imposed self-isolation or necessitate a negative PCR prior to close contacts returning to the event.

Appendix 1a – Opt in Form for CITI Para Swimming World Series inc. British Para Swimming Meet 2022

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Public Health England, senior citizens and individuals with underlying medical conditions are especially vulnerable.

British Swimming cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in this event. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in this event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. By participating in this event you voluntarily assume all risks associated with exposure to Covid-19 and cannot hold British Swimming liable in the future.

I hereby confirm that I would like to participate in the CITI Para Swimming World Series inc British Para Swimming Meet 2022, which will involve interaction within the social distancing boundaries established. In doing so, I confirm and undertake that:

Medical

- If I am classified as ‘clinically extremely vulnerable’ (as defined from time to time by Public Health England) or if I live in the same household as anyone who is deemed to be ‘clinically extremely vulnerable’ I have had the opportunity to discuss my individual risks with either:
 - the British Para Swimming medical team (GBR athletes)
 - My NPC medical team (international athletes only)and will follow the latest government guidance
- I do not have, and no one in my household has, (and have not had within the last 14 days) any of the symptoms of COVID-19 (“Symptoms”). Which are a high temperature of 37.8 degrees Celsius or above or fever, a new continuous cough, new, unexplained shortness of breath or loss of taste or smell

Understanding

- I understand the potential risks of the disease to at-risk populations and also the potential for unintended transmission at the competition venue, and I understand that although steps taken by British Swimming are intended to minimise risk, these steps cannot entirely mitigate these risks. I have had the opportunity to ask any questions about these risks.

- I am clear about my responsibilities and the expectations of me upon attending the competition venue including, daily LFT testing & a negative symptom declaration, the wearing of masks inside the venue, maintaining social distancing at all times and complying with all UK government advice within and outside of the competition venue.
- I understand the measures that have been put in place as provided in the Event Management Plan.
- I understand that I will be subject to daily LFT testing & negative symptom checking.
- I understand that opting into this meet I will become part of the event and will abide by the COVID measures in place for the event.

My commitments

- I will immediately inform a member of the COVID Management Group (or anyone with whom I have been in contact) should I develop (or be suspected to have) any symptoms or be required to “shield” or “self-isolate”; in such circumstances, I will not access (or seek to access) the venue.
- I will observe and comply with all relevant guidelines, guidance, rules and advice published or made from time to time by the UK Government in connection with COVID-19 and any that relate to travel to and from the CITI Para Swimming world Series inc. British Para Swimming Meet.
- If required, I will comply with any testing that may be required due to presentation of symptoms, clinical suspicion or otherwise. I understand that any failure or refusal to undertake daily screening or testing if required will result in access to the venue being refused.
- I understand the need to self-isolate, if I show symptoms or am in contact with anyone who shows symptoms or tests positive for COVID-19.
- I also understand that any additional costs incurred if I cannot return home immediately and I need to isolate will be at my own cost (Event staff and Volunteer costs covered by BPS).

Personal data processing

- I agree to complete and sign a health declaration form and to have my temperature taken (to check that it is within the normal range for a healthy person) and recorded prior to being permitted entry to the CITI Para Swimming World Series inc. British Para Swimming Meet.
- If required on each occasion on which I wish to access them (‘daily screening’).
- I understand that if I return a positive result on any test that I will need to follow isolation guidance from Public Health Scotland and that this may impact any close contacts around me from inside and outside of the competition venue and may result in me being unable to return home immediately.



- I understand that any failure or refusal to undertake daily screening will result in access to the venue being refused. I understand that the medical staff will need to record any health concerns and symptoms that I report to them and/or display at any time alongside any testing results. Any concerns may be shared with appropriate individuals.
- I understand that my personal data will be processed (including special category personal data) in accordance with each organisation’s Privacy Policy. This may also include the use of data (possibly anonymised or pseudonymised) in order to monitor, analyse and take any necessary steps or action in connection with the protection of health and/or safety, including but not limited to COVID-19 contact tracing and providing information to the UK Government, Public Health Scotland and other regulatory bodies.

Please note that you are not required to participate in the CITI Para Swimming World Series inc. British Para Swimming Meet 2022 and if you do opt-in, you can change your mind. If you change your mind, you must contact <mailto:lisa@breakthroughevents.co.uk>

Signed and dated.....

If under 18 Parent/Guardian.....



Appendix 1b – Code of Behaviour - COVID19 Mitigation Protocol

In order to minimise the likelihood of transmission or infection from COVID -19 the following safer working practises will apply at the Event.

These principles are not intended to frustrate work processes but to provide a safer and controlled environment that minimises the risk of infection and these principles must be applied to all swimmers, staff, contractors and volunteers during the planning and operational phases of the event.

- Be aware of your own personal health. If you show any COVID-19 symptoms you must stay at home or if at the event then report to the medical officer on site.
- Travel alone or only with those from your household group or work bubble.
- Minimise the personal items you bring to site.
- Arrive at the competition venue at the confirmed time in order to warm up, compete or undertake your role.
- Comply with all access control and accreditation requirements.
- Comply with all health screening actions.
- Comply with COVID testing and symptom checks throughout the event.
- Follow one-way systems on site - with exception in a genuine emergency.
- Wear a face covering at all times unless an exception is approved by the COVID Medical Officer or an athlete is competing or warming up.
- Wash hands regularly and sanitise wherever possible.
- If calling a meeting consider virtual conferencing where possible.
- Maintain social distancing whenever possible even when wearing a face covering.
- Do not exceed any specified room occupancy.
- Do not share food or drink.
- No sharing of equipment.
- Challenge others who do not comply with protocols, in a friendly way.
- Leave the event venue as soon as possible after your participation in the event has been completed.
- Comply with additional or short-term safety measures which may be applied on site.



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Please be aware that, in order to support the national test and trace system the following details may be disclosed;

Your Name

Your mobile number

Your email address

Your role

As a result you may be required to self-quarantine in accordance with the test and trace process (please be aware that any additional bed nights in the hotel will be at the cost of the individual who is required to self-quarantine, excluding Event staff and volunteers



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Host City and Venue



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Appendix 2 - Daily Medical Screening Questionnaire

Name:.....

Date:

<p>Are you currently diagnosed with or do you believe you have COVID-19</p>	<p>Yes/No</p>	<p><i>If 'Yes' please provide details</i></p>
<p>Have you had a confirmed COVID-19 infection or any symptoms (listed below) in keeping with COVID-19, in the last 14 days?</p> <ul style="list-style-type: none"> • Fever • New, persistent, dry cough • Sore throat or horse voice • Shortness of breath, chest pain or tightness • Nasal congestion • Any confusion or disorientation • Loss of taste or smell • Diarrhoea, vomiting or nausea • Headache • Abnormal fatigue or drowsiness • Muscle aches not related to sport/training • Loss of appetite 	<p>Yes/No</p>	<p><i>If 'Yes' please provide details</i></p>
<p>Have you had a known exposure to anyone with confirmed or suspected COVID-19 in the last 14 days? (close contact defined as >15 minutes within 2 metres, face to face contact or household member)</p>	<p>Yes/No</p>	<p><i>If 'Yes' please provide details</i></p>

Please return to

By