

British National Diving Cup 2022 Schedule

Friday 11th February

Session 1	Time	Competitions
1	10:00	PRELIM Womens 1m
		TRAINING 25mins
2	11:33	PRELIM Mens 1m
		LUNCH BREAK and TRAINING 1 hour 10 mins
Session 2		
3	14:15	COMBINED FINAL Mixed 3m Synchro & Mixed 10m Synchro
		TRAINING BREAK 30 mins
Session 3		
4	15:25	FINAL Womens 1m
		TRAINING 15 mins
5	16:25	FINAL Mens 1m
		TRAINING BREAK 30 mins
Session 4		
6	17:40	COMBINED FINAL Womens 10m Synchro & Mens 3m Synchro
		Medal Presentations to follow immediately after first event

Saturday 12th February

Session 5	Time	Competitions
7	10:00	PRELIM Mens 3m
		TRAINING BREAK 25 mins
8	11:21	PRELIM Womens Platform
		LUNCH BREAK and TRAINING 1 hour 15 mins
Session 6		
9	14:30	FINAL Mens 3m
	15:11	TRAINING BREAK 15 mins
10	15:20	FINAL Womens Platform
	15:40	TRAINING BREAK 30 mins
Session 7		
11	16:49	COMBINED FINAL Womens 3m Synchro & Mens 10m Synchro
		Medal Presentations to follow immediately after last event



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Sunday 13th February

Session 8	Time	Competition
12	10:00	PRELIM Womens 3m
		TRAINING BREAK 25mins
13	11:36	PRELIM Mens Platform
		LUNCH BREAK and TRAINING 1 hour 15mins
Session 9		
14	13:55	FINAL Womens 3m
		TRAINING BREAK 15mins
15	14:55	FINAL Mens Platform
		Medal Presentations to follow immediately after last event



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RE-CONDER

Host City and Venue

