

# CONFIRMATION PACK

CITI PARA SWIMMING WORLD SERIES INC. BRITISH PARA-SWIMMING MEET 2022

**17-20 FEBRUARY**ABERDEEN SPORTS VILLAGE



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#### **KEY CONTACTS**

#### **British Swimming Contact**

Lisa Dent **Events Officer** lisa@breakthroughevents.co.uk 07874 138 494

#### **Venue Contact**

Aberdeen Sports Village Linksfield Road Aberdeen AB24 5RU

01224 438 900

## **ENTRY CONFIRMATION**

No paper confirmations will be sent out to competitors.

A list of submitted entries are available to view under the coaches tab HERE. Competitors are requested to check their details carefully and inform the Entries Administrator if there are any errors.

# START LISTS AND WITHDRAWALS

A link to register for start list notifications at the event, will be sent to all Athletes and Team staff prior to the start of competition.

All Withdrawals will be managed via an online form. Coaches and Team staff will need to sign up to the Event WhatsApp broad cast group. This can be done by using the QR code or web address which will be accessed on arrival at the hotel or the sports information desk. Once accessed the Group MUST be added to your phone as a contact. Failure to add the contact will result in you not receiving broadcast messages. Publication of heats start sheets, provisional final qualifiers and finalist will be posted on the event results website and notified via broadcast message.

Withdrawals from both Heats and Finals will be via the link on the results website.

Details will be notified at a later date

Please complete all requested detail in the online withdrawal form

#### **SCHEDULE, QUALIFYING TIMES, CONDITIONS**

The Schedule, Conditions and Qualifying Times for the Para Swimming World Series inc. British Para Swimming Meet 2022 are saved on the British Swimming Website under the coaches tab here. Please contact <u>lisa@breakthroughevents.co.uk</u> if you have any questions.

















#### **ACCREDITATION**

#### **British Coaches**

Poolside accreditation can be purchased online HERE. No late fees apply, however if you do not fulfil the requirements for applications at British Swimming and Swim England events, it may take a considerable time to apply for a DBS, or achieve the required qualifications. Accreditations will be emailed to you to print out, in the same way that athletes receive theirs. Please ensure you print your pass before arriving. A charge of £10 will apply if you require us to print it on site. Poolside passes can only be sold at the event for those who pass all requirements. Please email Lisa Dent if you have any queries.

#### Competitors

All competitors will have been sent their accreditation upon confirmation of entry. Competitors must print their own accreditation and bring it to the event. An accreditation link will be sent to NCPs.

Accreditation must be worn at all times inside the venue and swimmers will not be allowed access to the venue without it. Accreditation is non-transferable. If the accreditation is forgotten or mislaid during competition, a replacement for coaches or competitors will be re-issued for a fee of £10. This is available from the Sport Information Desk.

Coaches and support staff will be allowed poolside during warm-up, please see the venue flow for the coaches pen.

#### **CLASSIFICATION**

PI Classification will take place from the 12<sup>th</sup> - 16<sup>th</sup> February.

Classification is taking place at Aberdeen for those with classification spots allocated by World Para Swimming. Please report to classification registration desk located in the foyer upon arrival. The classification schedules for the event have been sent to NPCs directly. Please contact your NPC if you are unsure of your time.

for those with classification spots allocated by World Para Swimming. For PI classification, please report to classification registration desk located in the foyer at Aberdeen Sports Village upon arrival.

If you are an international team and have booked onto the team accommodation package you will be provided with transport to get to and from classification at Aberdeen Sports Village (PI classification). Times will be included on the sport information board at your hotel. Please email Kerri.Weston@cseplc.com to book transport.

If you haven't booked onto the package or if you are a GB athlete it is your responsibility to get to the venue for classification.

















#### **DOPING CONTROL**

Swimmers are warned that random doping control may take place during these Championships. The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement. More information can be found <a href="here">here</a>.

#### **SPORT INFORMATION DESK**

The Sport information Desk will be located in the Entrance foyer, and open at the following times.

16 <sup>th</sup> Feb	17 <sup>th</sup> Feb	18 <sup>th</sup> Feb	19 <sup>th</sup> Feb	20 <sup>th</sup> Feb
8:00-12:00 and	08:00 - 12:30	08:00 – 12:30	07:15 – 11:15	07:15 – 11:15
15:00-19:00	15:00 – 18:00	15:00 – 18:30	15:00 – 18:00	15:00 – 18:00



















# **SCHEDULE**

Thursday 17 <sup>th</sup> February	Friday 18 <sup>th</sup> February	Saturday 19 <sup>th</sup> February	Sunday 20 <sup>th</sup> February
HEATS	HEATS	HEATS	HEATS
Session 1: 09:30	Session 3: 09:30	Session 5: 09:30	Session 7: 09:30
W 100m Freestyle	W 100m Backstroke	W 50m Butterfly	W 50m Freestyle
M 100m Freestyle	M 100m Backstroke	M 50m Butterfly	M 50m Freestyle
W 200m Individual Medley	W 50m Breaststroke	W 400m Freestyle	W 100m Butterfly
M 200m Individual Medley	M 50m Breaststroke	M 400m Freestyle	M 100m Butterfly
W 150m Individual Medley	W 100m Breaststroke	W 200m Freestyle	W Invited British Opportunity
M 150m Individual Medley	M 100m Breaststroke	M 200m Freestyle	M Invited British Opportunity
	W 50m Backstroke	W Invited British Opportunity	
	M 50m Backstroke	M Invited British Opportunity	
FINALS	FINALS	FINALS	FINALS
Session 2: 17:00	Session 4: 17:00	Session 6: 17:00	Session 8: 17:00
W 100m Freestyle	W 100m Backstroke	W 50m Butterfly	W 50m Freestyle
M 100m Freestyle	M 100m Backstroke	M 50m Butterfly	M 50m Freestyle
W 200m Individual Medley	W 50m Breaststroke	W 400m Freestyle	W 100m Butterfly
M 200m Individual Medley	M 50m Breaststroke	M 400m Freestyle	M 100m Butterfly
W 150m Individual Medley	W 100m Breaststroke	W 200m Freestyle	
M 150m Individual Medley	M 100m Breaststroke	M 200m Freestyle	
	W 50m Backstroke		
	M 50m Backstroke		





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# **SESSION TIMES**

Below are the approximate event timings including training, warm up and sessions. Please note. All times are subject to change by the way of events. Any changes will be communicated by the Para Swimming World Series inc. British Para Swimming Meet Management team to attendees.

DATE	WARM UP	SESSION START	TRAINING TIMES
14 <sup>th</sup> February			12:00 – 18:00 Competition Pool ONLY
15 <sup>th</sup> February			08:00 – 20:00
16 <sup>th</sup> February			Competition pool ONLY
	SESSION 1	09:30	
17 <sup>th</sup> February	08:00 – 09:15	03.00	
	SESSION 2	17:00	
	15:30 – 16:45		
	SESSION 3	09:30	
18 <sup>th</sup> February	08:00 - 09:15	09:30	
	SESSION 4	17:00	competition pool from 08:00.
	15:30 – 16:45		110111 08.00.
	SESSION 5	•	Competition pool
19 <sup>th</sup> February	08:00 - 09:15		between sessions.
	SESSION 6		
	15:30 – 16:45		
	SESSION 7 09:30		
20 <sup>th</sup> February	08:00 – 09:15	09:30	
	SESSION 8	17:00	
	15:30 – 16:45	100	













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## TRAINING PRE-EVENT TRAINING SESSIONS – 14<sup>TH</sup> TO 16<sup>TH</sup> FEBRUARY

Open training will be available in the competition pool from Monday 14th - Wednesday 16th February at the following times,

Monday 14th February 12:00 - 18:00 Tuesday 15th February 08:00 - 20:00 **Wednesday 16<sup>th</sup> February 08:00 – 20:00** 

Training is bookable per hour, per lane between these times.

**British Athletes -**

#### Mon to Wednesday (all non-world class programmes)

08:00 - 11:00 2 lanes GBR (Tues/Wed Only)

14:00 - 18:00 2 lanes GBR

#### **Tuesday and Wednesday**

08:00 - 10:00 2 lanes world-class programmes 16:00 - 18:00 2 lanes world-class programmes

Only personal training equipment can be utilised during training in the competition pool (pull buoys, kickboards). The use of bungee cords, fins or large hand paddles is prohibited at all times.

Athletes are encouraged to use lockers to safely store their belongings. British Swimming and Aberdeen Sports Village will not be responsible for any lost or stolen items left unattended.

In line with COVID-19 competition guidance, NPCs will be able to book training sessions.

There will be 9 x 50 metre lanes available, and training is bookable per hour, per lane.

Please email lisa@breakthroughevents.co.uk to book your training time.

We would encourage all athletes, coaches & staff to bring with them a re-useable water bottle. There is a water fountain available in the pool area to re-fill when required.

#### MID-COMPETITION TRAINING SESSIONS – 17<sup>TH</sup> – 20<sup>TH</sup> FEBRUARY

Mid-Competition training is available in the main competition pool in between heats and finals. Please see the schedule for further timings.

Appendix A for Warm up and Warm down Pool Operations.

#### **TEAM LEADER MEETING**









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9 | Para Swimming World Series inc. British Para Swimming Meet 2022.

Athlete Confirmation Pack

The Team Leader Meeting will take place virtually via Zoom at 18:00 on 16th February. Virtual Meeting details will be sent to all team staff ahead of the meeting.

In the best interest of their swimmers, coaches are requested to attend this meeting to ensure that they understand the meet conditions set out for this meet and to be provided with important information relating to the operation of the event.

Please be aware that in extraordinary circumstances timings may be altered. As much notice will be given as possible if changes need to be made. All further announcements and notices during the event will be available at the Sport Information Desk.

#### **SEATING**

Athletes and Team Staff will have socially distanced seating areas available overlooking the competition pool, as well as access to team prep areas in the open area within the Diving Pool. There will be no seating on deck. Please see the venue plan and athlete flow diagram included in this document.

Please note, seating may be visible on the live stream, therefore, it is important everyone is extra vigilant in following the rules within this area.





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#### **VENUE LAYOUT AND FLOWS**







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#### **PRESENTATIONS**

Due to COVID-19 Restrictions, no medals will be awarded for the British Para-Swimming International Meet Inc. WPS World Series 2022. The following will be awarded via Social Media following completion of the event:

- Recognition will be made to the 3 highest BPSP points scoring swimmers across the World Series Finals competed in each Event.
- They will not be presented but can be collected from SID.
- Recognition will be made to the highest BPSP points GBR Swimmer across all Finals competed in each Event.
- Recognition will be made to the highest BPSP points scoring GBR Junior Swimmer across all Finals competed in each Event.
- A Junior Swimmer will be 16 years old or younger (Age at 31st December of competition year)

#### **MEDICAL**

There will be 1 x Doctor and a paramedic team present at this event for athletes for the competition days. Pool staff will administer first aid where necessary.

The closest hospital to Aberdeen Sports Village is:

Aberdeen Royal Infirmary, Foresterhill Health Campus, Foresterhill Rd, Aberdeen, AB25 2ZN.

Tel: +44 (0) 345 456 6000

If anyone requires medical attention at the hotel then they should contact the event reception, and this can be arranged.

#### **ANTI-DOPING REQUIREMENTS**

Please note that in accordance with the International Standards for Testing, it is the athletes' responsibility to provide all information and dosage for any medications and supplements taken on the doping control form, at the point of doping control.

Strict liability means athletes are responsible for any banned substance found in their system, no matter how it got there. Please can we remind you to check all medications on www.globaldro.com and any supplements on www.wetestyoutrust.com

GBR Funded athlete = if your medication is prohibited in competition you must have a Therapeutic Use Exemption (TUE) in place at all times.

GBR Non-funded athletes = if your medication is prohibited you must contact Maria.White@swimming.org after doping control. You will have 5 days to submit a retroactive TUE application following your drug test.

















If you require support or have a query about any medications, supplements or the anti-doping rules around this then please contact Maria White at British Swimming: 07771 864689

#### **ACCOMMODATION**

Athletes and NPCs have been sent the relevant Accommodation booking forms. Please email <a href="mailto:lisa@breakthrougevevents.co.uk">lisa@breakthrougevevents.co.uk</a> if you have not received this form.

#### COVID-19

**PLEASE NOTE:** All requirements relating to COVID-19 regulations prevailing at the time will be adhered to. All those involved in the CITI Para Swimming World Series event inc British Para Swimming Meet will be required to agree to a COVID-19 Code of Behaviour and opt in form. Should you not wish to opt in at this point your entry fees will be refunded in full.

A COVID Event Management Plan can be found <u>HERE</u> under the coaches tab.

**Please ensure you read and fully understand the information within the document.** Any questions please contact <a href="mailto:lisa@breakthroughevents.co.uk">lisa@breakthroughevents.co.uk</a>

The COVID-19 plan will be continuously reviewed and therefore maybe subject to change up until the event. British Swimming will communicate any changes.

#### **ARRIVALS AND TESTING**

Before admittance to the venue each day, each person must present the following:

- Evidence of lateral flow test taken that day by providing a photo of the LFT testing device with the device number visible and the date & your initials written in pen on the testing device.
- Negative symptom declaration, this check will be performed verbally on entry to the venue. Please make yourself familiar with the medical screening questionnaire that can be found in Appendix 2 of the COVID Event Management Plan.

Face Masks/Visors are mandatory at all times inside the venue with exceptions made for coaching, training, competing, eating a meal or drinking. We advise you to wear your own mask in the hotel and when travelling to the pool.





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#### FILMING AND PHOTOGRAPHY POLICY

British Swimming are well aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within a British Swimming setting are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identify of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

British Swimming encourage all participants at British Swimming events to make themselves familiar with the photography and filming arrangements for the event and be vigilant during that event. British Swimming is committed to ensuring that all children who participate in British Swimming activities are able to take part in an enjoyable, safe environment and be safeguarded from harm. If you have any child safeguarding concerns at the event, please contact an Event Officer immediately to disclose your concerns.

#### **EVENT PHOTOGRAPHY AND FILMING**

This event **will be photographed and live streamed**. Static images will be displayed on the British Swimming website www.britishswimming.org. They will be used to promote the sport at this event and events in the future. Moving images may be displayed at the venue and via live stream at www.britishswimming.org. In addition, British Swimming may use these recordings and images for the purposes of education and training, swimmer analysis, promotion, performance, development and selection and event analysis.

In such instances where the event is being live streamed, it will not be possible to provide the option to refuse consent to filming and if there are any concerns, please speak to the Event Officer present. However if individuals wish to refuse consent to static photography, please complete the Photography Refusal of Consent Form below and return to British Swimming Events Department.

If you, as a Parent/Guardian/Carer, have concerns about your child being photographed/filmed, please refer to the relevant Home Nation guidance document: Wavepower the SE Child Safeguarding Policy and Procedures; YPlant the Swim Wales Child Protection Policy; Scottish Swimming Child Protection Policy. If you have any concerns in this area, please contact the Data Protection Officer.

PHOTOGRAPHY REFUSAL FORM	
Name of Swimmer:	
Membership Number:	
<b>Event:</b> British Para Swimming International Meet inc	WPS World Series 2020
I refuse permission for the taking and/or publication Official Photographer(s)	n of images of my child or myself by the event's
Signed	(Competitor/Parent/Carer)
Print Name:	
Date:	
Please return this form back to: <u>BritishEvents@Swim</u>	

















#### **MEDIA**

Due to the COVID protocols this meet is being run under, we will be inviting a limited number of media to attend, there will be a Mixed Zone.

That being said the British Swimming media team will be doing interviews with select athletes, both British and international, so there may still be a request for you to give an interview – you will be notified of this post-race, should you be selected.

#### **SOCIAL MEDIA**

If you are using social media during the meet, athletes are reminded:

- Please bear this in mind when posting the venue COVID protocols in place including the wearing of masks and to socially distance at all times.
- The COVID protocols set out by the government and the event, should be adhered to at all times. Any athlete found in deliberate breach of these will face serious sanctions, which will likely constitute in removal from the competition; this includes anything that may come to light on social media.

#### **SPECTATOR INFORMATION**

Unfortunately, due to the ongoing nature of COVID-19 this will be a closed-door event meaning there will not be any spectator seating.

Socially distanced seating will be provided for athletes, coaches and essential chaperones.

A Live stream can be accessed on the following link <a href="https://www.youtube.com/BritishSwimming">https://www.youtube.com/BritishSwimming</a>

#### **Parking**

Parts of Aberdeen Sport Village will still be open to the public, there are 4 large car parks on site.

Parking will be free of charge in Car Park 3 and Car Park 4 we recommended that all athletes, coaches & staff use these for access to the Aquatics Centre.





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# <u>APPENDIX A – POOL OPERATING PRINCIPLES</u>

#### WARM UP

# PRE-COMPETITION WARM UP PROCEDURES FOR THE COMPETITION POOL (10 LANE POOL)

"There will be no diving during warm-up except in allocated sprint lanes"

Lane 0	S1 – S4 swimmers only - circle swimming, clockwise
Lane 1	S11 and VI swimmers – circle swimming, counter clockwise
Lane 2	Backstroke starts and push starts - one way only from the starting end $\mbox{^{*}}$
Lane 3	General warm-up circle swimming, counter clockwise **
Lane 4	General warm-up circle swimming, clockwise
Lane 5	General warm-up circle swimming, counter clockwise
Lane 6	General warm-up circle swimming, clockwise
Lane 7	General warm-up circle swimming, counter clockwise **
Lane 8	Back starts and push starts - one way only from the starting end *
Lane 9	S1 S4 swimmers only - circle swimming, clockwise

<sup>\* 45</sup> minutes prior to end of warm up, lanes 2 and 8 will be designated as dive lanes - one way only from the starting end of the pool.

NOTE: Coaches and/or team leaders are always responsible for their swimmers during warm-up and swim down activities.

*Instructions of the warm up marshals must be adhered to.* 

Equipment: Pool buoys, kick boards and other soft foam devices are OK to be used in warm up – hand paddles, fins, snorkels and other hard material devices are not permitted.

Max 15 athletes per lane.

















<sup>\*\* 45</sup> minutes prior to the end of the warm up, lanes 3 and 7 will be designated Dive/Pace lanes – one way only from the turn end of the pool.

Diving Pool 6 x 25m x 2.5m wide lanes (when in use)

- Athletes + support staff where identified only permitted on the pool deck.
- Personal training equipment permitted excluding hand paddles and fins.
- Please adhere to social distances measure in place throughout the pool areas.

Max 8 Athletes Per Lane

#### **SWIM DOWN**

Diving Pool 25m 6 lane pool

- Athletes + support staff where identified only permitted on the pool deck.
  - No diving.
  - Personal training aids allowed (fins and hand paddles at the discretion of the Pool Supervisors).
- Please adhere to social distances measure in place throughout the pool areas.

Max 8 Athletes Per Lane





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