



CONFIRMATION PACK

BRITISH SUMMER CHAMPIONSHIPS 2022

22-28 JULY

PONDS FORGE INTERNATIONAL SPORTS CENTRE,
SHEFFIELD



Funding Partner



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Endorsed Product



Host Venue





KEY CONTACTS

British Swimming Contact

Isobel Griffiths
British Swimming
SportPark, 3 Oakwood Drive
Loughborough
LE11 3QF
Isobel.Griffiths@swimming.org
07583 015581

Venue Contact

Ponds Forge International Sports Centre
Sheaf St,
Sheffield City Centre,
Sheffield
S1 2BP
0114 223 3400

ENTRY CONFIRMATION

Please note that no paper confirmations will be sent out to competitors. The most recently updated draft programme is available through the entry system [here](#) and a list of submitted entries is available [here](#). Competitors are requested to check their details carefully and inform the National Entries Administrator below if there are any errors.

National Entries Administrator – Barry Saunders

Tel – 01937 522481 (after 18:00)

Email – national.entries@swimming.org

Late entries are now being accepted up until the end of the Team Leader Meeting which is to be held at 18:00 on Thursday 21st July 2022 in the Skyline Suite at Ponds Forge ISC.

Names of swimmers for relay teams (who must be on the meet database before the competition) shall be submitted electronically to the recorders using a Team Declaration Form found [HERE](#). The completed form must be submitted to the recorders at least **60 minutes** before the advertised start of the session in which the relevant team event takes place. Teams not complying with this instruction will lose their right to compete.

Withdrawals shall also be submitted electronically [HERE](#). Day 1 withdrawals must be submitted before the end of the Team Leader meeting then by 12 noon the day before for all subsequent days.

TRAINING

Open training will be available on Thursday 21st July in the competition pool between 08:00 – 20:00 and Friday 22nd July in the competition pool between 19:15 – 22:00. The booking system for training slots will soon be available through the entry system [here](#). For further information on training times, please refer to page 3.

Fins or large hand paddles are permitted in the Diving pool only. The use of bungee cords is prohibited at all times in both pools. Athletes are encouraged to use lockers to safely store their belongings. British Swimming and Ponds Forge will not be responsible for any lost or stolen items left unattended.



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WARM-UP/TRAINING SCHEDULE

DATES		WARM UP	SESSION START	TRAINING TIMES
THURSDAY 21 ST JULY				08:00 – 20:00 COMPETITION POOL ONLY
FRIDAY 22 ND JULY				19:15 – 22:00 COMPETITION POOL ONLY
		07:35 – 08:10	08:15	COMPETITION POOL FOR WARM UP FROM 07:35
		11:30 – 12:05	12:10	
		15:45 – 16:20	16:25	DIVING POOL FOR SUPPLEMENTARY WARM UP AND SWIM DOWN DURING SESSIONS ONLY
	17:30 – 18:05	18:10		
SATURDAY 23 RD JULY		07:15 – 08:25	08:30	COMPETITION POOL FOR WARM UP FROM 07:15
		11:45 – 12:55	13:00	
	ALL FINALISTS	16:15 – 16:55	17:00	
SUNDAY 24 TH JULY		07:15 – 08:25	08:00	
		12:30 – 13:40	13:45	
	ALL FINALISTS	16:15 – 16:55	17:00	
MONDAY 25 TH JULY		07:15 – 08:25	08:30	
		10:45 – 11:55	12:00	
		13:35 – 14:10	14:15	
	ALL FINALISTS	16:15 – 16:55	17:00	
TUESDAY 26 TH JULY		07:15 – 08:25	08:30	DIVING POOL FOR SUPPLEMENTARY WARM UP AND SWIM DOWN DURING SESSIONS ONLY
		10:45 – 11:55	12:00	
		13:35 – 14:10	14:15	
	ALL FINALISTS	16:15 – 16:55	17:00	
WEDNESDAY 27 TH JULY		07:15 – 08:25	08:30	
		12:30 – 13:40	13:45	
	ALL FINALISTS	16:15 – 16:55	17:00	
THURSDAY 28 TH JULY		07:15 – 08:25	08:00	
		10:15 – 11:25	11:30	
		13:00 – 14:10	14:15	
	ALL FINALISTS	16:15 – 16:55	17:00	

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Heats warm ups will be split as follows:

DATES	ALLOCATED WARM UP GROUP	WARM UP TIMES
FRIDAY 22 ND JULY	MEN (1500M FREE)	07:35 – 08:10
	WOMEN (1500M FREE)	11:30 – 12:05
	MEN (4X200M FREE RELAY ONLY)	15:45 – 16:20
	WOMEN (4X200M FREE RELAY ONLY)	17:30 – 18:05
SATURDAY 23 RD JULY	MEN (17+ & MC)	07:15 – 07:50
	WOMEN (17+ & MC)	07:50 – 08:25
	MEN (13-16)	11:45 – 12:20
	WOMEN (13-16)	12:20 – 12:55
SUNDAY 24 TH JULY	MEN (17+ & MC)	07:15 – 07:50
	WOMEN (17+, 800M FREE & MC)	07:50 – 08:25
	MEN (13-16)	12:30 – 13:05
	WOMEN (13-16)	13:05 – 13:40
MONDAY 25 TH JULY	WOMEN (17+ & MC)	07:15 – 07:50
	MEN (17+ & MC)	07:50 – 08:25
	WOMEN (13-16)	10:45 – 11:20
	MEN (13-16)	11:20 – 11:55
	WOMEN (4X100M MEDLEY ONLY)	13:35 – 14:10
TUESDAY 26 TH JULY	WOMEN (17+ & MC)	07:15 – 07:50
	MEN (17+ & MC)	07:50 – 08:25
	WOMEN (13-16)	10:45 – 11:20
	MEN (13-16)	11:20 – 11:55
	MEN (4X100M MEDLEY ONLY)	13:35 – 14:10
WEDNESDAY 27 TH JULY	WOMEN (17+ & MC)	07:15 – 07:50
	MEN (17+, 800M FREE & MC)	07:50 – 08:25
	WOMEN (13-16)	12:30 – 13:05
	MEN (13-16)	13:05 – 13:40

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THURSDAY 28TH JULY	MEN (17+)	07:15 – 07:50
	WOMEN (17+)	07:50 – 08:25
	MEN (13-16)	10:15 – 10:50
	WOMEN (13-16)	10:50 – 11:25
	MEN (4X100M FREE ONLY)	13:00 – 13:35
	WOMEN (4X100M FREE ONLY)	13:35 – 14:10

The Schedule and Conditions for British Summer Championships 2022 are saved on the British Swimming website under the Coaches tab [here](#). Please contact isobel.griffiths@swimming.org if you have any questions.

Unfortunately, training opportunities will **NOT** be available for Swimmers not competing. All warm-ups are **ONLY** available for those competing in the session immediately following.

TEAM LEADER MEETING

The Team Leader Meeting will take place in the Skyline Suite at 18:00 on 21st July.

In the best interest of their swimmers, coaches are requested to attend this meeting to ensure that they understand the [conditions](#) set out for this meet and to be provided with important information relating to the operation of the event.

Please be aware that in extraordinary circumstances timings may be altered. As much notice will be given as possible if changes need to be made.

PRESENTATIONS

Due to the significant increase in swimmers at this year’s British Summer Championships, medal ceremonies are unable to take place on poolside. Instead swimmers are invited to share the special moment directly with their friends and family who will now have the ability to take photos up close of them, or even with them, on the podium.

Fancy being in with the chance of winning a prize? Get creative, strike a pose and post your podium picture on Instagram or Twitter using #SummerChamps22 and tagging @britishswimming to enter. This competition will run throughout the Championships and the best podium picture will be selected at the end of the week. For the competition entry to be valid, the entrant must be following @britishswimming on Instagram or Twitter.

Medals will be available to collect in the foyer half an hour after the race. The swimmer will need to provide their name, club and event at the medal desk in order to collect it. If anyone has any questions at all, please do not hesitate to contact isobel.griffiths@swimming.org.

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GENERAL INFORMATION

Sports Information Desk

Training day	Competition days						
21 st	22 nd	23 rd	24 th	25 th	26 th	27 th	28 th
08:00 – 18:00	07:30 – 13:15	07:15 – 14:00	07:15 – 14:00	07:15 – 14:30	07:15 – 14:30	07:15 – 14:00	07:15 – 14:30
	15:45 – 18:30	15:45 – 18:30	15:45 – 18:30	15:45 – 18:30	15:45 – 18:30	15:45 – 18:30	15:45 – 18:30

Accreditation – Coaches

Poolside accreditation can be purchased online [here](#). Please note an additional £20 surcharge will be issued for passes received after Monday 18th July 2022. Accreditations will be emailed to you to print out.

Please ensure you print your pass before arriving. A charge of £10.00 will apply if you require us to print it on site. Poolside passes can **only** be sold at the event for those who pass all requirements.

Accreditation – Competitors

All competitors will have been sent their accreditation upon confirmation of entry. Competitors must print their own accreditation and bring it to the event. If you are unable to find the accreditation link within the confirmation email, you can organise a new one by [clicking here](#).

Relay-only swimmers must purchase accreditation for £1 [here](#) in advance.

Accreditation must be worn at all times inside the venue and swimmers will not be allowed access to the event without it. Accreditation is non-transferable. If the accreditation is forgotten, lost or mislaid during competition, a replacement for coaches or competitors will be re-issued for a fee of £10 at the Front Desk.

Athlete Seating

Athletes will have allocated seating on the side of the Timing Suite, as well as access to the Team Prep Area behind and underneath these seats. There will be no athlete seating on deck.

MEDICAL

Pool staff will administer first aid where necessary. The closest hospital to Ponds Forge ISC is: Northern General Hospital, Herries Road, Sheffield, S5 7AU, Tel: +44 (0) 114 243 4343



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RETAIL

NESS Swimwear will be retailing at the British Summer Championships 2022. The store will be in the foyer/café area at Ponds Forge ISC from 22nd April. Opening Times are TBC.

British Swimming branded merchandise will be available to purchase at the Sport Information Desk during its opening time.

SPECTATOR INFORMATION

Tickets are on sale and are available to purchase on the Ticket Factory website [here](#).

The Box Office will be open in the foyer. Opening Times will be 07:30 – 18:00 each day.

Online Prices

Tickets for remaining sessions will be available on a first come first served basis for the below prices online. Please visit the Ticket Factory website to check availability before travelling.

	HEATS	FINALS	ALL HEATS PASS	ALL DAY FRIDAY PASS
Adult	£8.50	£9.50	£43.25	£9.50
Concession*	£7.00	£8.00	£34.25	£8

*aged under 16 and over 60

On The Door Prices

Tickets will also be available on the door by Card only for sessions that have not sold out for the below prices. Tickets will be able to be printed off on site or sent electronically via email.

	HEATS	FINALS	ALL HEATS PASS	ALL DAY FRIDAY PASS
Adult	£10.00	£11	£45.75	£11.00
Concession*	£8.50	£9.50	£36.75	£9.50

*aged under 16 and over 60

Event Programme

An event programme will be available for purchase online via Ticket Factory at a price of £6. Programmes will also be available to purchase at the Sports Information desk at a price of £7. Only entries submitted by Monday 4th July will be published within the event programme.



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Parking

Since Ponds Forge is still open to the public, parking at the venue is limited, therefore we recommend using public transport to get to the venue. Parking spaces cannot be reserved for competitors, coaches or spectators.

Ponds Forge has recently changed to an ANPR system with the operator ParkingEye. Tickets can be purchased from the machines located at the entrance to the lift lobbies.

We also recommend parking just across the road at Castle Gate Q-Park, Broad Street. At Q Park you need to collect a ticket and take it to Ponds Forge reception, there you can either scan it in the Q Park machine or collect a hard copy voucher. This entitles you to 50% off parking at the Q Park.

COVID-19

Although the government has removed all remaining COVID-19 domestic restrictions in England COVID-19 remains a risk and there are steps that can be followed to keep yourself and others safe. Please consider the following when attending the pool.

- Consider wearing a face covering especially in crowded or enclosed spaces
- If you have any of the following symptoms the government advises you to stay at home.
 - o A new continuous cough
 - o A high temperature
 - o A loss, or change in, your normal sense of taste or smell
- Wash your hands with soap and water or use hand sanitizer regularly throughout the day.

FILMING AND PHOTOGRAPHY POLICY

British Swimming are well aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within a British Swimming setting are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identify a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

Parents and carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way.



British Swimming encourage all spectators and participants at British Swimming events to make themselves familiar with the photography and filming arrangements for the event and be vigilant during that event.

British Swimming is committed to ensuring that all children who participate in British Swimming activities are able to take part in an enjoyable, safe environment and be safeguarded from harm. If you have any child safeguarding concerns at the event, please contact an Event Officer immediately to disclose your concerns.

Event Photography and Filming

This event **will be photographed and live streamed**. Static images will be displayed on the British Swimming website www.britishswimming.org. They will be used to promote the sport at this event and events in the future. Moving images may be displayed at the venue and via live stream at www.britishswimming.org. In addition, British Swimming may use these recordings and images for the purposes of education and training, swimmer analysis, promotion, performance, development and selection and event analysis.

In such instances where the event is being live streamed, it will not be possible to provide the option to refuse consent to filming and if there are any concerns, please speak to the Event Officer present. However, if individuals wish to refuse consent to static photography, please complete the Photography Refusal of Consent Form below and return to British Swimming Events Department.

If you, as a Parent/Guardian/Carer, have concerns about your child being photographed/filmed, please refer to the relevant Home Nation guidance document: Wavepower the ASA Child Safeguarding Policy and Procedures; YPlant the Swim Wales Child Protection Policy; Scottish Swimming Child Protection Policy. If you have any concerns in this area, please contact the Data Protection Officer.

PHOTOGRAPHY REFUSAL FORM

Name of Swimmer: _____

Membership Number: _____

Event: British Summer Championships 2022

I refuse permission for the taking and/or publication of images of my child or myself by the event's Official Photographer(s)

Signed _____ (Competitor/Parent/Carer)

Print Name: _____

Date: _____

Please return this form back to: **British Swimming Events Department, SportPark Pavilion 3, 3 Oakwood Drive, Loughborough, LE11 3QF**





ANTI-DOPING

Doping Control

If an athlete is subject to doping control they should ensure they provide detail of **all of medications (prescribed or over the counter and including dosage) and supplements** on the Doping Control Form. Any previously disclosed medications or supplements to your club and/or British Swimming or your home nation do not form part of doping control.

You can check your medications via <https://www.globaldro.com/home/index>

Therapeutic Use Exemption (TUE)

If an athlete **IS WITHIN** the National TUE Pool they are required to obtain a TUE before using a prohibited medication or method. You can check if you are within the National TUE Pool via <https://www.ukad.org.uk/national-tue-pool> and selecting 'aquatics'.

If an athlete is **NOT** within the National TUE Pool but using a prohibited medication or method **and** is subject to doping control they are required to apply for a retroactive TUE and you should contact Jane Smith (jane.smith@swimming.org or 07917 834785) as soon as possible after doping control. A retroactive TUE must be submitted to UKAD within five (5) working days of the receipt of an Adverse Analytical Finding (AAF).

You can find out more information about Medications on the UKAD website <https://www.ukad.org.uk/medicine>

If you require support or have a query about any medications, supplements or the anti-doping rules please contact Jane Smith at British Swimming via jane.smith@swimming.org or 07917 834785

Strict Liability means athletes are wholly responsible for any banned substance found in their system, no matter how it got there.



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